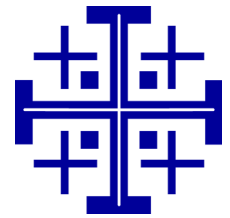




# Immanuel Church-on-the-Hill

## Episcopal/Anglican Alexandria, Virginia



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THE SEVENTH SUNDAY AFTER PENTECOST

July 16, 2023

### Holy Eucharist, Rite I, 8:00 a.m.

Page numbers refer to [The Book of Common Prayer](#).

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#### THE WORD OF GOD

##### Opening Acclamation

p. 323

Celebrant: Blessed be God: Father, Son, and Holy Spirit.

People: *And blessed be his kingdom, now and for ever. Amen.*

##### The Collect for Purity

p. 323

##### *Kyrie eleison*

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##### The Collect of the Day

The Lord be with you.

People: *And with thy spirit.*

Celebrant: Let us pray.

O Lord, we beseech thee mercifully to receive the prayers of thy people who call upon thee, and grant that they may both perceive and know what things they ought to do, and also may have grace and power faithfully to fulfill the same; through Jesus Christ our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, now and for ever. *Amen.*

##### The First Lesson: Genesis 25:19-34

These are the descendants of Isaac, Abraham's son: Abraham was the father of Isaac, and Isaac was forty years old when he married Rebekah, daughter of Bethuel the Aramean of Paddan-aram, sister of Laban the Aramean. Isaac prayed to the Lord for his wife, because she was barren; and the Lord granted his prayer, and his wife Rebekah conceived. The children struggled together within her; and she said, "If it is to be this way, why do I live?" So she went to inquire of the Lord. And the Lord said to her, "Two nations are in your womb, and two peoples born of you shall be divided; the one shall be stronger than the other, the elder shall serve the younger."

When her time to give birth was at hand, there were twins in her womb. The first came out red, all his body like a hairy mantle; so they named him Esau. Afterward his brother came out, with his hand gripping Esau's heel; so he was named Jacob. Isaac was sixty years old when she bore them.

When the boys grew up, Esau was a skillful hunter, a man of the field, while Jacob was a quiet man, living in tents. Isaac loved Esau, because he was fond of game; but Rebekah loved Jacob.

Once when Jacob was cooking a stew, Esau came in from the field, and he was famished. Esau said to Jacob, "Let me eat some of that red stuff, for I am famished!" (Therefore he was called Edom.) Jacob said, "First sell me your birthright." Esau said, "I am about to die; of what use is a birthright to me?" Jacob said, "Swear to me first." So he swore to him, and sold his birthright to Jacob. Then Jacob gave Esau bread and lentil stew, and he ate and drank, and rose and went his way. Thus Esau despised his birthright.

The Word of the Lord

Response: *Thanks be to God.*

**Psalm 119:105-112 *Lucerna pedibus meis***

- 105 Your word is a lantern to my feet \*  
and a light upon my path.
- 106 I have sworn and am determined \*  
to keep your righteous judgments.
- 107 I am deeply troubled; \*  
preserve my life, O Lord, according to your word.
- 108 Accept, O Lord, the willing tribute of my lips, \*  
and teach me your judgments.
- 109 My life is always in my hand, \*  
yet I do not forget your law.
- 110 The wicked have set a trap for me, \*  
but I have not strayed from your commandments.
- 111 Your decrees are my inheritance for ever; \*  
truly, they are the joy of my heart.
- 112 I have applied my heart to fulfill your statutes \*  
for ever and to the end.

**The Epistle: Romans 8:1-11**

There is no condemnation for those who are in Christ Jesus. For the law of the Spirit of life in Christ Jesus has set you free from the law of sin and of death. For God has done what the law, weakened by the flesh, could not do: by sending his own Son in the likeness of sinful flesh, and to deal with sin, he condemned sin in the flesh, so that the just requirement of the law might be fulfilled in us, who walk not according to the flesh but according to the Spirit. For those who live according to the flesh set their minds on the things of the flesh, but those who live according to the Spirit set their minds on the things of the Spirit. To set the mind on the flesh is death, but to set the mind on the Spirit is life and peace. For this reason the mind that is set on the flesh is hostile to God; it does not submit to God's law-- indeed it cannot, and those who are in the flesh cannot please God.

But you are not in the flesh; you are in the Spirit, since the Spirit of God dwells in you. Anyone who does not have the Spirit of Christ does not belong to him. But if Christ is in you, though the body is dead because of sin, the Spirit is life because of righteousness. If the Spirit of him who raised Jesus from the dead dwells in you, he who raised Christ from the dead will give life to your mortal bodies also through his Spirit that dwells in you.

The Word of the Lord

Response: *Thanks be to God.*

## The Holy Gospel: Matthew 13:1-9,18-23

The Holy Gospel of our Lord Jesus Christ, according to Matthew  
Response: *Glory be to thee, O Lord.*

Jesus went out of the house and sat beside the sea. Such great crowds gathered around him that he got into a boat and sat there, while the whole crowd stood on the beach. And he told them many things in parables, saying: "Listen! A sower went out to sow. And as he sowed, some seeds fell on the path, and the birds came and ate them up. Other seeds fell on rocky ground, where they did not have much soil, and they sprang up quickly, since they had no depth of soil. But when the sun rose, they were scorched; and since they had no root, they withered away. Other seeds fell among thorns, and the thorns grew up and choked them. Other seeds fell on good soil and brought forth grain, some a hundredfold, some sixty, some thirty. Let anyone with ears listen!"

"Hear then the parable of the sower. When anyone hears the word of the kingdom and does not understand it, the evil one comes and snatches away what is sown in the heart; this is what was sown on the path. As for what was sown on rocky ground, this is the one who hears the word and immediately receives it with joy; yet such a person has no root, but endures only for a while, and when trouble or persecution arises on account of the word, that person immediately falls away. As for what was sown among thorns, this is the one who hears the word, but the cares of the world and the lure of wealth choke the word, and it yields nothing. But as for what was sown on good soil, this is the one who hears the word and understands it, who indeed bears fruit and yields, in one case a hundredfold, in another sixty, and in another thirty."

The Gospel of the Lord  
Response: *Praise be to thee, O Christ.*

**The Sermon:** The Rev. Jan A. Maas

**The Nicene Creed**

p. 326

**The Prayers of the People**

**Confession of Sin and Absolution**

p. 331

**The Peace**

Celebrant: The peace of the Lord be always with you.

People: *And with thy spirit.*

**Welcome and Announcements**

## THE HOLY COMMUNION

**The Offertory**

Clergy: All things come of thee, O Lord; and of thine own have we given thee.

p. 343

**The Great Thanksgiving:** Eucharistic Prayer II

p. 340

Celebrant: The Lord be with you.

People: *And with thy spirit.*

Celebrant: Lift up your hearts.

People: *We lift them up unto the Lord.*

Celebrant: Let us give thanks to the Lord our God.

People: *It is meet and right so to do.*

## THE BREAKING OF THE BREAD

Celebrant: Alleluia, Christ our Passover is sacrificed for us.

p. 337

People: *Therefore let us keep the feast. Alleluia.*

Celebrant: The Gifts of God, for the People of God.

*If you are physically unable to come to the Altar, please let an usher know that you would like to have Communion brought to you.*

### Post Communion Prayer

*Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom with thee and the Holy Ghost, be all honor and glory, world without end.  
Amen.*

### The Blessing

### The Dismissal

Clergy: Go in peace to love and serve the Lord.

People: *Thanks be to God.*

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### SERVING AT THIS EUCHARIST:

*Reader/Intercessor:* Chandley McDonald

*Altar Guild:* Susan Gildersleeve

*Usher:* Candace Quinlan

*Flower Guild:* Martha Shimkin

*Celebrant:* The Rev. J. Randolph Alexander

# IMMANUEL CHURCH-ON-THE-HILL

## Parish Notes

### July 16, 2023

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#### **IN THE NAME OF CHRIST we welcome you to Immanuel Church-on-the-Hill!**

Immanuel is an Episcopal Church in the Diocese of Virginia, and is part of the world-wide Anglican Communion. Immanuel was founded by the Virginia Theological Seminary. We are one parish that worships in two locations: the Zabriskie Chapel (3606 Seminary Road), and Immanuel Chapel (3737 Seminary Road) on the seminary grounds. Immanuel Chapel offers a fully-staffed nursery for our infant and toddler parishioners.

Visitors are encouraged to fill out a pew card — located in display stands at entrances of the chapels — and give it to an usher, or place in the collection plate. Thank you.

For the latest information on our online worship service and to view a video of our most recent service, please visit our website ([www.icoh.net](http://www.icoh.net)).

**PRAY FOR PARISHIONERS:** Edith, Natalie Doyle Hennin, Ann and Rollin Huntington, Frances Johnson, Hal Johnson, Joseph, Kenny, Ann MacNamara, Cynthia Morton, Linda and Cy Murphy, Tony Rogers, Catherine Sinclair, Agnes Soos, John Smucker, Norma Taliaferro, and Francine Wargo.

**PRAY FOR OUR FRIENDS AND FAMILY:** Andrew, Jack Allen, Kathryn Anschutz, Felicia Balzano, Dave and Betsy Fox Berry, David Craig, Martha Culleton, Steve Davis, Betty Harris, Louise Jackson, Peter and Joanne, John, Katja, Charlotte Kellogg, Joseph and Elaine Kelly, Winnie Kidd, Marcia MacDonald, Stephen Miller, McQuade Milligan, Candy Morgan, Mary Muniz, Shelby Ochs Owen, Paul, Lilly Pinner, Sarah Pollach, Jennie Rae, Michael Rathsack, Rebecca, Jim Rehnke, Sue Rehnke, George Rustigian, Connie Smith, Fred Vipperman, Mark Vipperman, and Ryan Willis.

**Pray for those who are celebrating birthdays this week:** Gretchen Thompson, Philip Bastow, Beauden Bowers, Chrissie Crosby, Rich Ellis, Alex Hambrick, William McCann, Linda Murphy, Will Patton, Ben Dutton, Rachel Knapp, Kitty Montie, Everett Enright, William Gould, Lanai Bea, Bear Burkhalter, Nancy Reuschel, Win Huffman, and Drew Low.

**Serving around the world:** Noah Barker, Ian Phillips, Todd Bates, Jason Osborne, Michael Hussey, and Jonathan, Nicole, Alina, and Nolan Anderson.

**Those who have died:** Elizabeth Shelly de Jong, and Perry Epes. *Rest eternal grant to them, O Lord, and let light perpetual shine upon them.*

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### **EXERCISE BIKE WANTED FOR FRIEND OF IMMANUEL**



Do you have a stationary bike — in good working condition — just sitting unused in your basement? Would you like to get rid of it and help a gentleman in need?

A parishioner is looking for an exercise bike for an elderly gentleman who has trouble walking, but would like to exercise. A member of Alleyne AME Zion, he has a lot of hip and back issues and trouble walking due — related to having to sleep on a concrete floor in solitary confinement in prison. He's a special friend to Immanuel and spoke at our forum last year with other formerly-incarcerated people. A bike is one form of exercise he can comfortably do.

If you can help, please contact Katherine Smith at [smithkz@umich.edu](mailto:smithkz@umich.edu).

## Announcements

# *A Heart-felt "Thank you" to Today's Preacher Father Jan!*

### Weekday Worship Opportunities

Morning Prayer , Tuesday, July 18th, Zabriskie Chapel

Evening Compline, Friday, July 21<sup>st</sup>, 8:30 p.m., Online via Zoom

### SCHEDULE FOR JULY 16-AUGUST 2023

Sign-up to Serve in our Sunday Services **ONLINE** via Signup Genius



Would you like to serve as a lay minister? If so, please sign-up to serve as a Reader, Intercessor, Usher, Acolyte, Altar Guild, Crucifer and/or Chalice Bearer online via [Signup Genius](https://www.signupgenius.com/go/10C0E48A4A728A0FAC61-layministry) for Immanuel at the link at right: <https://www.signupgenius.com/go/10C0E48A4A728A0FAC61-layministry>.

If you are a first-timer and need training, please contact Agnes at the office on **Wednesdays from 10:30 a.m. - 2 p.m.** (ext. #206), or via email at [asoos@icoh.net](mailto:asoos@icoh.net). Finally, if you need training for a particular ministry, please send a request to [sparsons@icoh.net](mailto:sparsons@icoh.net) or indicate so next to your name on the sheet. Thank you!

**Creation Care NEWS Alert:** Visit the Creation Care website to view the *new* Clean Energy Tax Credits for Consumers (2023-2032), a benefit of the Inflation Reduction Act. These energy products and upgrades help us “reduce our climate impact and live more humbly and gently on Earth.

<https://www.immanuel-on-the-hill.org/creation-care-ministry.html>

## Christmas Families in August: **CAMPAIGN FOR LEARNING UPDATE JULY 16**

# *Thank you*

Last Sunday was another good day for the campaign. All 70 children are signed up to receive backpacks filled with school supplies. The backpacks for the children who attend Tucker Elementary were delivered to Human Services.

The campaign will conclude with the **ingathering and blessing of the school supplies and the second special collection on Sunday, August 6.**

Thanks to all who signed up and all who contributed money to help children make their journey through life successful, productive, and fulfilling.



## **NEW DATES** FOR VIRTUAL TOURS

### **LEARN MORE ABOUT EX-OFFENDERS TRANSITIONING BACK INTO THE COMMUNITY AND THE WORK OF OAR TO SUPPORT THEM**

Offender Aid and Restoration (OAR) is a longstanding Outreach partner of Immanuel, receiving support through our Outreach, Christmas Families, and Social Justice budgets. OAR helps prisoners and their families as they transition out of incarceration. It also administers community service programs to divert people out of the prison system. OAR staff and the people they serve have inspiring stories of lives being changed and hope being restored. You might consider registering online to take a one hour “[Virtual Tour](#)” of OAR and learn what they do. Find this bulletin on our website under the “Worship” tab, click on the blue text above and register for one of the following online virtual tours:

- July 20<sup>th</sup> @ 1:00 p.m.
- August 9<sup>th</sup> @ 12 Noon
- *More dates to come!*

OAR serves Alexandria, Arlington and Falls Church. For more information contact, David Atwood [atwooddavida@gmail.com](mailto:atwooddavida@gmail.com) or Jim Snow [jamesbsnow@verizon.net](mailto:jamesbsnow@verizon.net).

### **GROUNDS AND GARDEN WORKDAY -- JULY 22<sup>ND</sup> 8 AM. START TIME, 12 NOONISH END TIME**

#### ***Weeds Don't take the Summer Off!***

The next workday for the Gardens and Grounds is scheduled for Saturday, July 22<sup>nd</sup> and we will aim to beat the heat by starting at 8am. All ages and ability levels welcome -- we've got some specific needs for help with tasks that require limited to no bending. And, we've got great tasks for young hands and helpers (Kathryn confirms this with her 8-year-old regularly!)

Tasks include the standards: Weeding, Mulching, Watering, Raking, Branch pick-ups, Trimming, and more.

Please note: we recommend long pants, long sleeved shirts, gloves, a shade hat, and BYOWB (Bring Your Own Water Bottle).

Email Kathryn Jackson Haskin at [Kathryn.Jackson41@gmail.com](mailto:Kathryn.Jackson41@gmail.com) or simply show up!

**MONTHLY SATURDAY BREAKFAST BIBLE STUDY [AUGUST 19<sup>th</sup>](#) @ 8:00 AM Held Online via Zoom:** Join Immanuel's monthly Saturday morning Breakfast Bible Study on Saturday, August 19<sup>th</sup>, the THIRD Saturday of the month. We will meet via Zoom (find this bulletin on our website under the “Worship” tab, then click on the link below) beginning at 8 AM. Our theme this year is ***Freedom***; this month we will read **Isaiah 42:6–9** “***I have made you a covenant of the people...to free captives who live in darkness...***” using the African Model of Reflection. For more information, please visit [our webpage “Breakfast Bible Study”](#), or contact Chrissie Crosby at [cmcfaddencrosby@gmail.com](mailto:cmcfaddencrosby@gmail.com).

[Join Zoom Saturday Breakfast Bible Study Meeting](#) / Meeting ID: 959 5450 6553 /Passcode: 027913

**CLERGY AND STAFF**

The Rev. J. Randolph Alexander, Jr. (ralexander@icoh.net) ..... Rector  
 The Rev. Susan D. Parsons (sparsons@icoh.net) ..... Associate Rector  
 Dr. Jane Tavernier (jtavernier@icoh.net) ..... Director of Music  
 Tom Hewson (thewson@icoh.net) ..... Treasurer  
 Sughra Bakhtiari (sbakhtiari@icoh.net) ..... Bookkeeper  
 Aleta Y. Powell (apowell@icoh.net)..... Parish Administrator  
 Tamika Martin (photosbyt@icloud.com) ..... Audio Visual Technician  
 Gilma Balcarcel ..... Nursery Coordinator  
 Stuart Dahlinger ..... Sexton

**THE VESTRY**

Kristi Kubista-Hovis..... Senior Warden  
 Gerry Anderson ..... Junior Warden: Building and Grounds, Creation Care  
 Peter Kent ..... Junior Warden: Administration  
 Amy Thomas ..... Adult Formation and Discipleship  
 Brad Ashton..... Stewardship and Planned Giving  
 Mollie Lambert ..... Outreach  
 Kathy Lloyd..... Senior Ministry  
 Kristi Kubista-Hovis and Kathy Lloyd..... Children Youth and Family Ministries  
 Julie Bruns ..... Pastoral Care  
 David Atwood ..... Social Justice  
 Taylor Houck..... Communications  
 Caroline Bergmark ..... Evangelism and Newcomers  
 Matt Haskin ..... Worship  
 Caroline Bergmark and Taylor Houck ..... Fellowship  
 Gabriella Young-Smith ..... Youth Representative (nonvoting member)  
 Caroline Bergmark ..... Registrar

**SCHEDULE OF SUNDAY WORSHIP SERVICES**

8:00 a.m. Holy Eucharist Rite I, Zabriskie Chapel  
 3606 Seminary Road, Alexandria, VA

10:30 a.m. Godly Play, Side Oratory Chapel  
 inside of Immanuel Chapel

10:30 a.m. Holy Eucharist Rite II, Immanuel Chapel  
 3737 Seminary Road, Alexandria, VA

**Online**

[www.immanuel-on-the-hill.org](http://www.immanuel-on-the-hill.org)  
[Immanuel's YouTube channel](#)

**PRIESTS ASSOCIATE**

The Rev. Dr. J. Barney Hawkins, IV  
 The Rev. Dr. Ruthanna Hooke  
 The Rev. Jan A. Maas  
 The Rev. John R. Smucker  
 The Rev. Dr. Francis H. Wade

**RECTOR EMERITA**

The Rev. Dr. Margaret Ann (Sam) Faeth



**MISSION STATEMENT:** Immanuel Church-on-the-Hill is a Christian community in the Episcopal tradition, striving to be in relationship with God and each other as Christ has taught us, actively attempting to sense and to serve God’s plan with great love. We are guided by Mark 16:15: “Go ye into all the world and preach the gospel,” to learn, discern, and proclaim the Good News by being active ministers in the various communities where we live and serve.

**Parish Office**

3606 Seminary Road, Alexandria, VA 22304  
 Telephone: 703-370-6555, Fax: 703-370-0837

[www.icoh.net](http://www.icoh.net)



SCAN ME