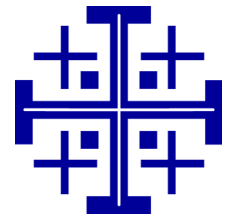




# Immanuel Church-on-the-Hill

## Episcopal/Anglican Alexandria, Virginia



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THE TWELFTH SUNDAY AFTER PENTECOST

August 20, 2023

### Holy Eucharist, Rite I, 8:00 a.m.

Page numbers refer to [The Book of Common Prayer](#).

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## THE WORD OF GOD

### Opening Acclamation

p. 323

Celebrant: Blessed be God: Father, Son, and Holy Spirit.

People: *And blessed be his kingdom, now and for ever. Amen.*

### The Collect for Purity

p. 323

Almighty God, unto whom all hearts are open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy Name; through Christ our Lord. *Amen.*

### *Kyrie eleison*

p. 324

### The Collect of the Day

The Lord be with you.

People: *And with thy spirit.*

Celebrant: Let us pray.

Almighty God, who hast given thy only Son to be unto us both a sacrifice for sin and also an example of godly life: Give us grace that we may always most thankfully receive that his inestimable benefit, and also daily endeavor ourselves to follow the blessed steps of his most holy life; through the same thy Son Jesus Christ our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, now and for ever. *Amen.*

### The First Lesson: Isaiah 56:1,6-8

Thus says the Lord: Maintain justice, and do what is right, for soon my salvation will come, and my deliverance be revealed. And the foreigners who join themselves to the Lord, to minister to him, to love the name of the Lord, and to be his servants, all who keep the sabbath, and do not profane it, and hold fast my covenant -- these I will bring to my holy mountain, and make them joyful in my house of prayer; their burnt offerings and their sacrifices will be accepted on my altar; for my house shall be called a house of prayer for all peoples. Thus says the Lord God, who gathers the outcasts of Israel, I will gather others to them besides those already gathered.

The Word of the Lord

Response: *Thanks be to God.*

## Psalm 67 *Deus misereatur*

- 1 May God be merciful to us and bless us, \*  
show us the light of his countenance and come to us.
- 2 Let your ways be known upon earth, \*  
your saving health among all nations.
- 3 Let the peoples praise you, O God; \*  
let all the peoples praise you.
- 4 Let the nations be glad and sing for joy, \*  
for you judge the peoples with equity  
and guide all the nations upon earth.
- 5 Let the peoples praise you, O God; \*  
let all the peoples praise you.
- 6 The earth has brought forth her increase; \*  
may God, our own God, give us his blessing.
- 7 May God give us his blessing, \*  
and may all the ends of the earth stand in awe of him.

## The Epistle: Romans 11:1-2a, 29-32

I ask, then, has God rejected his people? By no means! I myself am an Israelite, a descendant of Abraham, a member of the tribe of Benjamin. God has not rejected his people whom he foreknew.

For the gifts and the calling of God are irrevocable. Just as you were once disobedient to God but have now received mercy because of their disobedience, so they have now been disobedient in order that, by the mercy shown to you, they too may now receive mercy. For God has imprisoned all in disobedience so that he may be merciful to all.

The Word of the Lord

Response: *Thanks be to God.*

## The Holy Gospel: Matthew 15: 10-28

The Holy Gospel of our Lord Jesus Christ, according to Matthew

Response: *Glory be to thee, O Lord.*

Jesus called the crowd to him and said to them, "Listen and understand: it is not what goes into the mouth that defiles a person, but it is what comes out of the mouth that defiles." Then the disciples approached and said to him, "Do you know that the Pharisees took offense when they heard what you said?" He answered, "Every plant that my heavenly Father has not planted will be uprooted. Let them alone; they are blind guides of the blind. And if one blind person guides another, both will fall into a pit." But Peter said to him, "Explain this parable to us." Then he said, "Are you also still without understanding? Do you not see that whatever goes into the mouth enters the stomach, and goes out into the sewer? But what comes out of the mouth proceeds from the heart, and this is what defiles. For out of the heart come evil intentions, murder, adultery, fornication, theft, false witness, slander. These are what defile a person, but to eat with unwashed hands does not defile."

Jesus left that place and went away to the district of Tyre and Sidon. Just then a Canaanite woman from that region came out and started shouting, "Have mercy on me, Lord, Son of David; my

daughter is tormented by a demon.” But he did not answer her at all. And his disciples came and urged him, saying, “Send her away, for she keeps shouting after us.” He answered, “I was sent only to the lost sheep of the house of Israel.” But she came and knelt before him, saying, “Lord, help me.” He answered, “It is not fair to take the children’s food and throw it to the dogs.” She said, “Yes, Lord, yet even the dogs eat the crumbs that fall from their masters’ table.” Then Jesus answered her, “Woman, great is your faith! Let it be done for you as you wish.” And her daughter was healed instantly.

The Gospel of the Lord

Response: *Praise be to thee, O Christ.*

**The Sermon:** The Rev. J. Randolph Alexander, Jr.

**The Nicene Creed**

p. 326

**The Prayers of the People**

**Confession of Sin and Absolution**

p. 331

**The Peace**

Celebrant: The peace of the Lord be always with you.

People: *And with thy spirit.*

**Welcome and Announcements**

## THE HOLY COMMUNION

**The Offertory**

Clergy: All things come of thee, O Lord; *and of thine own have we given thee.*

p. 343

**The Great Thanksgiving:** Eucharistic Prayer II

p. 340

Celebrant: The Lord be with you.

People: *And with thy spirit.*

Celebrant: Lift up your hearts.

People: *We lift them up unto the Lord.*

Celebrant: Let us give thanks to the Lord our God.

People: *It is meet and right so to do.*

***Sanctus and Benedictus***

p. 334

**The Lord’s Prayer**

p. 336

## THE BREAKING OF THE BREAD

Celebrant: Alleluia, Christ our Passover is sacrificed for us.

p. 337

People: *Therefore let us keep the feast. Alleluia.*

O Lamb of God, that takest away the sins of the world, *have mercy upon us.*

O Lamb of God, that takest away the sins of the world, *have mercy upon us.*

O Lamb of God, that takest away the sins of the world, *grant us thy peace.*

Celebrant: The Gifts of God, for the People of God.

*If you are physically unable to come to the Altar, please let an usher know that you would like to have Communion brought to you.*

### Post Communion Prayer

*Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom with thee and the Holy Ghost, be all honor and glory, world without end. Amen.*

### The Blessing

### The Dismissal

Clergy: Go in peace to love and serve the Lord.

People: *Thanks be to God.*

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*The flowers on the Altar are given by Mr. and Mrs. Gil and Linda Donahue to the glory of God and in celebration of their golden wedding anniversary.*

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**SERVING AT THIS EUCHARIST:**     *Reader/Intercessor:* Susan Gildersleeve  
   *Altar Guild:* Diana Walker  
   *Usher:* Linda Donahue  
   *Flower Guild:* Sarah Glassco  
   *Celebrant:* The Rev. Susan D. Parsons

# IMMANUEL CHURCH-ON-THE-HILL

## Parish Notes

### August 20, 2023

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#### **IN THE NAME OF CHRIST we welcome you to Immanuel Church-on-the-Hill!**

Immanuel is an Episcopal Church in the Diocese of Virginia, and is part of the world-wide Anglican Communion. Immanuel was founded by the Virginia Theological Seminary. We are one parish that worships in two locations: the Zabriskie Chapel (3606 Seminary Road), and Immanuel Chapel (3737 Seminary Road) on the seminary grounds. Immanuel Chapel offers a fully-staffed nursery for our infant and toddler parishioners.

Visitors are encouraged to fill out a pew card — located in display stands at entrances of the chapels — and give it to an usher, or place in the collection plate. Thank you.

For the latest information on our online worship service and to view a video of our most recent service, please visit our website ([www.icoh.net](http://www.icoh.net)).

**PRAY FOR PARISHIONERS:** David Atwood, Edith, Natalie Doyle Hennin, Ann and Rollin Huntington, Frances Johnson, Hal Johnson, Joseph, Kenny, Ann MacNamara, Cynthia Morton, Linda and Cy Murphy, Everett Post, Tony Rogers, Catherine Sinclair, John Smucker, Norma Taliaferro, Betty Wanamaker, and Francine Wargo.

**PRAY FOR OUR FRIENDS AND FAMILY:** Andrew, Jack Allen, Kathryn Anschutz, Felicia Balzano, Dave and Betsy Fox Berry, Jean Couban, Martha Culleton, Steve Davis, Joseph Fabian, Linda Gill, Betty Harris, Louise Jackson, Peter and Joanne, John, Katja, Tom Kellner, Charlotte Kellogg, Joseph and Elaine Kelly, Winnie Kidd, Marcia MacDonald, Stephen Miller, McQuade Milligan, Candy Morgan, Mary Muniz, Shelby Ochs Owen, Paul, Lilly Pinner, Sarah Pollach, Jennie Rae, Michael Rathsack, Rebecca, Jim Rehnke, Sue Rehnke, Roger, George Rustigian, Jim Sanford, Fred Vipperman, Mark Vipperman, Rosemary Wensing, Ryan Willis, and Richard Zitelli.

**Pray for those who are celebrating birthdays this week:** Jonie Eaton, Susan Johnson, Marilyn Wilson, Lily Bertles, Stephanie Kellogg, Melissa Low, Chloe Maratta, Elizabeth Mason, Emma Packard, Carol Gabriel, Lindsay McGahuey-Yates, Lana Rustigian Lewis, Dodd Sims, Kevin Switaj, Steve Chill, Laura Cohn, Riley Larson, Catherine Sinclair, Terry Arnold, and Linda Donahue.

**Serving around the world:** Noah Barker, Ian Phillips, Todd Bates, Jason Osborne, Michael Hussey, and Jonathan, Nicole, Alina and Nolan Anderson, and Scott.

**Those who have died:** Michael Kelly Page, father of Chris Page, father-in-law of Diana Page, and grandfather of Henry and Caro Page; Connie Vipperman Smith, cousin of Father Randy; and Marie Furlong, friend of Kathy Lloyd. *Rest eternal grant to them, O Lord, and let light perpetual shine upon them.*

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**SUNDAY BIBLE STUDY TODAY** “*Listening to the Lessons*”: The Rev. Dr. Frank Wade, one of our priest associates and author of two books on the Bible, will lead a discussion of the appointed lessons each Sunday in August. Those interested will meet from **9:45 – 10:30 a.m. in the Oratory**, the small side chapel at Immanuel Chapel.

**HOME**COMING SUNDAY is a great time to re-connect with brothers and sisters in Christ at Immanuel, to share stories from the Summer, and to envision plans for the Fall. Homecoming this year is Sunday, September 10<sup>th</sup>. Our choir will return at the 10:30 a.m. Eucharist, along with a brass trio. Please reach out and invite any friends, neighbors, or colleagues who might be looking for a Church home to join you. Our traditional Homecoming picnic will follow the Eucharist.

# Announcements

## WEEKDAY WORSHIP OPPORTUNITIES

Morning Prayer, Tuesday, August 22<sup>nd</sup>, Zabriskie Chapel

**Bible Study “The Gospel of Matthew: Book of the Messiah”, Thursday, August 24<sup>th</sup> @10:30 a.m. online via Zoom. Look for login details in your weekly eBlast email.**

Evening Compline, Friday, August 25<sup>th</sup>, 8:30 p.m., Online via Zoom

# H+OMECOMING

## TWELVE VOLUNTEERS NEEDED ON SUNDAY SEPTEMBER 10 FOR PARISH POTLUCK PICNIC!

4 people from 10am-12pm for set up

4 people from 12-2 to support the buffet (taking shifts so we all can eat / visit, too :))

4 people from 2-4 for clean up

Please contact Caroline ([cbergmark@yahoo.com](mailto:cbergmark@yahoo.com)). Let me know which shift you want.

### POTLUCK LUNCH PICNIC in the Zabriskie Parish Hall and Memorial Gardens

Parishioners are asked to bring a dish to share that serves 8-10 people. You can choose your “signature” picnic dish -or use the guide below (**first letter of last name**):



A-L: Main: Sliced ham, fried/roasted chicken, sandwiches, casseroles, quiche, chicken/tuna salads, pasta dishes, vegetarian specialties, etc.



M-P: Appetizer: cheese & crackers, deviled eggs, vegetable trays, fruit, salsa,



Q-S: Side dish: salads, coleslaw, beans



T-Z: Dessert

(Mark your dishes to ensure their return to you!)

## EASY WAY TO SIGN UP: AUGUST-OCTOBER 2023

Sign up to Serve in our Sunday Services ONLINE  
via Our New SignUp Genius Button

Sign-up to Serve on Sundays



Lay Ministry

SignUp Genius

Would you like to serve as a lay minister? If so, please sign up to serve as a Reader, Intercessor, Usher, Acolyte, Altar Guild, Crucifer and/or Chalice Bearer online via [SignUp Genius](https://www.icoh.net) for Immanuel by visiting the landing page of our website at [www.ICOH.net](http://www.ICOH.net) and clicking on the button above at right.

If you are a first-timer and need training, please contact Agnes at the office on **Wednesdays from 10:30 a.m. - 1:30 p.m.** (ext. #206), or via email at [asoos@icoh.net](mailto:asoos@icoh.net). Finally, if you need training for a particular ministry, please send a request to [sparsons@icoh.net](mailto:sparsons@icoh.net) or indicate so next to your name on the sheet. Thank you!

**Creation Care NEWS Alert:** Visit the Creation Care website to view the *new* Clean Energy Tax Credits for Consumers (2023-2032), a benefit of the Inflation Reduction Act. These energy products and upgrades help us “reduce our climate impact and live more humbly and gently on Earth.”

<https://www.immanuel-on-the-hill.org/creation-care-ministry.html>

## UPCOMING SENIOR ADULT MINISTRY AND FELLOWSHIP EVENTS

**August 22<sup>nd</sup>, 12:15 p.m. - Brown Bag Lunch, Zabriskie Parish Hall:** In 2017 the Washington National Cathedral removed two stained glass windows that honored Robert E. Lee and Stonewall Jackson and began a process of discerning what should replace those windows. In 2021, Kerry James Marshall was commissioned to design, create, and install two new racial-justice themed windows and Dr. Elizabeth Alexander agreed to write a poem to be inscribed alongside the windows. The new windows and poem will be unveiled and dedicated on September 23 and Senior Adult Ministry and Fellowship will be taking a van into Washington to see the new windows in the coming months. Meanwhile, join us in the Parish Hall on Tuesday, August 22, at 12:15 to get a bit of history behind the decision to remove and replace windows in the Cathedral and to hear Cathedral Dean Randy Hollerith and Mr. Marshall talk about this project that has been years in the making.

Luncheon will begin at 12:15pm in the parish hall and our program will start around 12:30 p.m. Don't forget to bring your own sandwich or salad and Senior Ministry will provide beverages and dessert. There is no cost for this event and no reservation is required.

**August 30<sup>th</sup>: THE FUTURE IS NOW (and some of it is adorable!) JOIN SENIOR ADULT MINISTRY AND FELLOWSHIP** on Wednesday, **August 30** to “meet” some technology that is already sharing our world and that we are likely to encounter more frequently in the future. We will start off by going to Mosaic District in Fairfax for a close encounter with an autonomous delivery robot and learn how it works, courtesy of Cartken (the robots' owner) and Eden (the developer of Mosaic). After a Neapolitan pizza lunch at Papatella's, we will go on to the Pohick Branch of the Fairfax Library to see a 3D printer in action, learn how it works, and come away with a 3D souvenir.

Our van will leave Zabriskie parking lot at 11:30am, stopping at Goodwin House-Alexandria. We will plan to return to Zabriskie via Goodwin House, arriving no later than 3:30pm. There will be a \$20 copay to ride in the van and each person will pay for their own lunch in the Mosaic District.

Please RSVP to Karen Besser at [Karen.Besser@gmail.com](mailto:Karen.Besser@gmail.com) to reserve your seat on the van.



## MONTHLY SATURDAY BREAKFAST BIBLE STUDY **SEPTEMBER 16<sup>th</sup>** @ 8:00 AM

**Held Online via Zoom:** Join Immanuel's monthly Saturday morning Breakfast Bible Study on Saturday, September 16<sup>th</sup>, the THIRD Saturday of the month. We will meet via Zoom (find this bulletin on our website under the “Worship” tab, then click on the link below) beginning at 8 AM. Our theme this year is *Freedom*; this month we will read **Galatians 5:16–26** “...*be guided by the Spirit, and you will no longer yield to self-indulgence...All who belong to Christ have crucified self...*” using the African Model of Reflection. For more information, please visit [our webpage “Breakfast Bible Study”](#), or contact Chrissie Crosby at [cmcfaddencrosby@gmail.com](mailto:cmcfaddencrosby@gmail.com).

[Join Zoom Saturday Breakfast Bible Study Meeting](#) / Meeting ID: 959 5450 6553 /Passcode: 027913



## *Come Visit or Join* **IMMANUEL'S SOCIAL JUSTICE COMMITTEE**

All are welcome to join, or simply visit, the parish social justice committee meeting the fourth Tuesday of most months, usually via Zoom and sometimes in person. So far we have organized a range of events and sessions on racial history and reconciliation, incarceration, and other topics; partnered with various other churches and synagogues on these activities as well as on voter registration; and provided support to people in prison or coming out of jail or prison as well as educating ourselves and talking to Virginia legislators about the national Episcopal church's positions on solitary confinement. We would love for you to visit us or join us.

Our next meeting is *this Tuesday, August 22<sup>nd</sup>* from 7:30-9:00 PM — look for log on information in your weekly eBlast email. Please direct any questions or comments to [Kathryn Jackson Haskin](mailto:kathryn.jackson41@gmail.com) at [kathryn.jackson41@gmail.com](mailto:kathryn.jackson41@gmail.com) or [David Atwood](mailto:David_Atwood@hotmail.com) at [David\\_Atwood@hotmail.com](mailto:David_Atwood@hotmail.com). Thank you.





## Creation Care Tip: Watering Right in Extreme Heat

This summer, our planet has experienced unprecedented heat waves all across the globe. As creation stewards, how can we keep our gardens surviving during these droughts? Are there sustainable watering practices? Turns out, there are. In a recent Washington Post article, Lauren David said best practices include watering around the base of plants (not all over the foliage); watering deeply and without excessive water pressure; watering early in the morning for optimal water absorption; watering with efficient tools such as hand-held nozzles or soaker hoses (ideally, not sprinklers); and adding more mulch around plants to protect the soil from overheating and drying out. There are also important steps to avoid when watering during extreme heat, according to sustainability news source Treehugger. With these helpful watering hints, may your garden grow resilient and thrive!

Click the links below to read more.

<https://www.treehugger.com/dos-and-donts-for-gardening-heatwave-7569760>

[https://www.washingtonpost.com/home/2023/08/03/water-efficient-summer-heat-garden/?utm\\_campaign=wp\\_the7&utm\\_medium=email&utm\\_source=newsletter&wpisrc=nl\\_the7](https://www.washingtonpost.com/home/2023/08/03/water-efficient-summer-heat-garden/?utm_campaign=wp_the7&utm_medium=email&utm_source=newsletter&wpisrc=nl_the7)

## COME LISTEN TO EACH OTHER AS CHRISTIANS BURDENED BY THE ISSUES OF **VIOLENCE, GUN SAFETY, AND MENTAL ILLNESS**

The Rev. Randy Alexander and a handful of parishioners – with widely varied experiences, perspectives, and policy concerns – have been listening to each other regarding these related issues this spring and summer. Mass shootings, less newsworthy but more prevalent violent crime, including gun-related violence, as well as more local issues of violence, and the related issues of mental illness and loneliness, have been on our minds and hearts.

We don't have an "agenda" for a parish conversation, just a sense - as Christian believers - that God calls us out of doing nothing to explore what we as followers of Jesus are called to do in the face of crisis, pain and evil. We don't know what to do, what the role of a church is in the face of this kind of protracted crisis, but we do know that we are to listen when we hear the Lord tugging at our hearts. And we also know that within our parish, perspectives on these issues vary widely, so that as a first step it makes sense to listen to each other and discern what we can learn, as a Christian community called to love and peace, from each other as we try to face, rather than ignore, these complex and difficult issues.

Please join one of two upcoming listening sessions on these issues on either **Wednesday, August 30** (7:30-9:00pm) or **Tuesday, October 3** (7:00-8:30pm) in the Fairchild Room.

It's fine to just show up, but also helpful to let [David Atwood \(David\\_Atwood@hotmail.com\)](mailto:David_Atwood@hotmail.com), [Sanjiv Augustine \(sanjiv.augustine@gmail.com\)](mailto:sanjiv.augustine@gmail.com), or [Father Randy ralexander@icoh.net](mailto:ralexander@icoh.net) know that you plan to attend.

**CLERGY AND STAFF**

The Rev. J. Randolph Alexander, Jr. (ralexander@icoh.net) ..... Rector  
 The Rev. Susan D. Parsons (sparsons@icoh.net) ..... Associate Rector  
 Dr. Jane Tavernier (jtavernier@icoh.net) ..... Director of Music  
 Tom Hewson (thewson@icoh.net) ..... Treasurer  
 Sughra Bakhtiari (sbakhtiari@icoh.net) ..... Bookkeeper  
 Aleta Y. Powell (apowell@icoh.net)..... Parish Administrator  
 Tamika Martin (photosbyt@icloud.com) ..... Audio Visual Technician  
 Gilma Balcarcel ..... Nursery Coordinator  
 Stuart Dahlinger ..... Sexton

**THE VESTRY**

Kristi Kubista-Hovis..... Senior Warden  
 Gerry Anderson ..... Junior Warden: Building and Grounds, Creation Care  
 Peter Kent ..... Junior Warden: Administration  
 Amy Thomas ..... Adult Formation and Discipleship  
 Brad Ashton..... Stewardship and Planned Giving  
 Mollie Lambert ..... Outreach  
 Kathy Lloyd..... Senior Ministry  
 Kristi Kubista-Hovis and Kathy Lloyd..... Children Youth and Family Ministries  
 Julie Bruns ..... Pastoral Care  
 David Atwood ..... Social Justice  
 Taylor Houck..... Communications  
 Caroline Bergmark ..... Evangelism and Newcomers  
 Matt Haskin ..... Worship  
 Caroline Bergmark and Taylor Houck ..... Fellowship  
 Gabriella Young-Smith ..... Youth Representative (nonvoting member)  
 Caroline Bergmark ..... Registrar

**SCHEDULE OF SUNDAY WORSHIP SERVICES**

8:00 a.m. Holy Eucharist Rite I, Zabriskie Chapel  
 3606 Seminary Road, Alexandria, VA

10:30 a.m. Godly Play, Side Oratory Chapel  
 inside of Immanuel Chapel

10:30 a.m. Holy Eucharist Rite II, Immanuel Chapel  
 3737 Seminary Road, Alexandria, VA

**Online**

[www.immanuel-on-the-hill.org](http://www.immanuel-on-the-hill.org)  
[Immanuel's YouTube channel](#)

**PRIESTS ASSOCIATE**

The Rev. Dr. J. Barney Hawkins, IV  
 The Rev. Dr. Ruthanna Hooke  
 The Rev. Jan A. Maas  
 The Rev. John R. Smucker  
 The Rev. Dr. Francis H. Wade

**RECTOR EMERITA**

The Rev. Dr. Margaret Ann (Sam) Faeth



**MISSION STATEMENT:** Immanuel Church-on-the-Hill is a Christian community in the Episcopal tradition, striving to be in relationship with God and each other as Christ has taught us, actively attempting to sense and to serve God’s plan with great love. We are guided by Mark 16:15: “Go ye into all the world and preach the gospel,” to learn, discern, and proclaim the Good News by being active ministers in the various communities where we live and serve.

**Parish Office**

3606 Seminary Road, Alexandria, VA 22304  
 Telephone: 703-370-6555, Fax: 703-370-0837

[www.icoh.net](http://www.icoh.net)



SCAN ME