

**IMMANUEL CHURCH-ON-THE-HILL**  
**Parish Notes**  
**February 5, 2023**

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**IN THE NAME OF CHRIST we welcome you to Immanuel Church-on-the-Hill!**

Immanuel is an Episcopal Church in the Diocese of Virginia, and is part of the world-wide Anglican Communion. Immanuel was founded by the Virginia Theological Seminary. We are one parish that worships in two locations: the Zabriskie Chapel (3606 Seminary Road), and Immanuel Chapel (3737 Seminary Road) on the seminary grounds. Immanuel Chapel offers a fully-staffed nursery for our infant and toddler parishioners.

Visitors are encouraged to fill out a pew card — located in display stands at entrances of the chapels — and give it to an usher, or place in the collection plate. Thank you.

For the latest information on our online worship service and to view a video of our most recent service, please visit our website ([www.icoh.net](http://www.icoh.net)).

**PRAY FOR PARISHIONERS:** Cynthia Morton, Catherine Sinclair, Francine Wargo, Jessi MacLeod, Kenny, Natalie Doyle Hennin, Tony, Daphne, Nancy Bishop, Ann Huntington, Betty Wanamaker, Edith, Joseph, Linda and Cy Murphy, John and Louisa Smucker, Ann MacNamara, the Sara Fein family, Norma Taliaferro, and Margaret Stockton.

**PRAY FOR OUR FRIENDS AND FAMILY:** Charlotte Kellogg, Dana De Cecco, George Rustigian, Jack Allen, Kathryn Anschutz, Louise Jackson, Marjean Smith, Paul, Rowena and Don Lynch, Steve Davis, Stephen Miller, Sue Rehnke, Ryan, John, McQuade Milligan, Peter and Joanne, Mary Muniz, the Rev. Rosa Harper, John and Alice Corbett, Joseph Fabian, Candy Morgan, Nancy Kraus, Jim Rehnke, Felicia Balzano, Roy Zartarian, Connie Smith; Salih, Zeyneb, and Elif Sayilgan; Dave and Betsy Fox Berry; and Betty Harris.

**Pray for those who are celebrating birthdays this week:** Tom Cuddy, Susan Kernan, Diana Page, Aggie Fortune, Janettarose Greene, Scott Hovis, and Susan Kilpatrick.

**Serving around the world:** Noah Barker, Ian Phillips, Todd Bates, Jason Osborne, Michael Hussey, and Jonathan, Nicole, Alina, and Nolan Anderson. Pray for healing for US casualties and their caregivers.

**EYC YOUTH BRUNCH TODAY, THE FAIRCHILD ROOM.** All EYC youth and those wanting to join the EYC are invited to join us for brunch and fellowship after the 10:30 A.M. Eucharist in the Fairchild Room. We plan to start 15 minutes after the end of the service for refreshments, snacks and fellowship. This is a recurring, “First Sunday of the Month” brunch for EYC tweens and teens. For anyone interested in joining the EYC, or who would like to bring a treat or two to our brunch, please contact **Brian Rush** at [james.b.rush2@uscg.mil](mailto:james.b.rush2@uscg.mil) or [jbrianrush@gmail.com](mailto:jbrianrush@gmail.com).”

***Save These Dates: Upcoming EYC Events!***

February 5<sup>th</sup> EYC Brunch in Fairchild Room  
March 4<sup>th</sup> EYC Lock In in the Parish Hall  
March 5<sup>th</sup> EYC Brunch in the Fairchild Room  
March EYC Bowling Event (time and date TBD)

# Announcements

## Weekday Worship Opportunities

**MORNING PRAYER @ 10 A.M., Zabriskie Chapel** : All are invited to join Immanuel staff and clergy for Morning Prayer every Tuesday at 10:00 a.m. in Zabriskie Chapel. This quiet, contemplative service typically lasts thirty minutes and offers each worshipper a chance to lift a person, cause, or concern in prayer while learning about any saints of the Church is commemorating.

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**Wednesday Evening Eucharist, February 8<sup>th</sup>  
@6:30 p.m., Zabriskie Chapel**

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**Our Weekly Bible Study, Thursday, February 9<sup>th</sup> @ 10:30 a.m.**  
*CONNECTING THE GREAT PROPHECIES OF DANIEL AND REVELATION*

**Evening Compline, Friday, February 10<sup>th</sup>, 8:30 p.m., Online via Zoom**

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**Benedictine Community Meeting, Tuesday, February 7<sup>th</sup> @ 7:00 p.m. online via Zoom**

If you want more contemplation in your life, you are invited to become part of the Benedictine Community at Immanuel. We currently meet twice a month virtually via Zoom on the first and third Tuesdays of the month, from 7-8 p.m.

The Community reflects on the tenets of St. Benedict such as humility, silence, and prayer. Individual reflection is guided by short readings from a Benedictine-inspired book, currently *Benedictine Promises for Everyday People: Staying Put, Listening Well, Being Changed by God*, by Rachel Srubas.

As a Benedictine Community, we gather as companions on the journey with one another while drawing wisdom from a few pages from selected reading material. If this opportunity appeals to you and for more information, please contact one of the following: Dana Hengst ([Dana.Hengst@gmail.com](mailto:Dana.Hengst@gmail.com)), Barbara Fornoff ([cr8vweaver@gmail.com](mailto:cr8vweaver@gmail.com)), or David Atwood ([David\\_Atwood@hotmail.com](mailto:David_Atwood@hotmail.com)).

**NEXT SUNDAY FEBRUARY 12TH: FORUM HOUR, 12 NOON, IMMANUEL CHAPEL**

Join us after the 10:30 a.m. Holy Eucharist during coffee hour for the forum hour *The Role of Faith in Troubling Times*, with guest speaker **The Rev. Dr. Frank Wade**.

For more information, contact David Atwood at [David\\_Atwood@hotmail.com](mailto:David_Atwood@hotmail.com).

## **.NEW THIS YEAR, “SOUP”ER BOWL!**



For the first two weeks of this month, we will collect cans of soup for Alive! The Philadelphia Eagles will play against the Kansas City Chiefs next Sunday, **February 12<sup>th</sup>**. Once decided, there will be two team bins in each narthex until the big game! Place your donations of soup in the bin of the team who you think will be the Super Bowl champion! You can also donate online at [www.alive-inc.org](http://www.alive-inc.org)

Let's see if we can collectively predict the winner as well as help feed our hungry neighbors!



## SENIOR ADULT MINISTRY AND FELLOWSHIP

The Sublime taste of TEA!

You may have joined Senior Adult Ministry and Fellowship on our wine tasting and beer tasting adventures. Now join us for a Tea Tasting this **Wednesday, February 8 at noon in the Parish Hall**. There are thousands of varieties of Camellia Sinensis and together we will experience a variety of teas, following them from leaf to cup, comparing texture, color, and fragrance of the unbrewed tea leaves, as well as the color, fragrance and flavor of the finished product. Meet the variety of tea that went swimming in Boston Harbor in 1773 as well as other well-travelled varieties and enjoy a special lunch of foods chosen to let the experience of the tea shine.

There is **no cost for this event**, but reservations are required to ensure that there will be sufficient tea and lunch for all. The tea tasting will be limited to 24 people, so RSVP to Karen Besser no later than today at [Karen.Besser@gmail.com](mailto:Karen.Besser@gmail.com).

**SENIOR LUNCHEON AT GOODWIN HOUSE ALEXANDRIA:** Our regular *third* Wednesday luncheon at Goodwin House Alexandria is offered at noon in the Fillmore Room, February 15<sup>th</sup>. Come and join Immanuel clergy for either lunch. RSVP for lunch to the Rev. Susan Parsons at [sparsons@icoh.net](mailto:sparsons@icoh.net).

**SENIOR MINISTRY BROWN BAG LUNCH** returns our usual day, the fourth Tuesday of the Month. In February, we will be meeting at 12:15 p.m. on Tuesday, the 28th to spend some time live, via Zoom, with **Dr. Steven Plank**. Dr. Plank is the Andrew B. Meldrum Professor of Musicology at Oberlin College. He also writes the program notes for *The Thirteen*, a nationally recognized choir and orchestra “celebrated for reimagining the potential of vocal music from many periods.” *The Thirteen* **will be performing the Rachmaninoff Vespers (also known as the All-Night Vigil) on Friday, March 3 at 7:30 p.m. at Immanuel Chapel.**

Dr. Plank will introduce us to the Vespers and will help to make this sweeping work more familiar to us, so that we can experience it as an entrée to our observance of Lent and Holy Week.

Please bring your own sandwich or salad, and Senior Ministry will provide beverages and dessert. There is no cost for this event and no reservation is required.

**\*\* If you purchase your ticket to the March 3rd concert by THE THIRTEEN from Senior Ministry you will get a \$10 discount. Senior Ministry will be hosting a reception following the concert, with wine and desserts, on the VTS campus following the concert as our March event, so please put this date on your calendar now!**

As always, if you need a ride to either of these events, please contact Karen Besser.

**MEALS ON WHEELS (MOW) Needs Volunteers:** Now that the pandemic has subsided, just to let you know the Immanuel MOW ministry has been up and running for the past 3 months. We are in need of additional volunteers as some of our veterans have left the rolls of drivers and deliverers. The mission of MOW is simple, to deliver wholesome meals to seniors and other homebound folks in Alexandria who are otherwise unable to venture out and shop or are resource-limited. The effort is sponsored by the Senior Services Center of Alexandria; the meals are provided by Jeffrey's Catering on Wheeler Avenue. This ministry requires 2 hours a month; Immanuel participates on the third Friday of every month. Typically, MOW Teams consist of a driver and a deliverer. If you are interested, please contact Doug Henry at [ddhenry1@gmail.com](mailto:ddhenry1@gmail.com) or capture his attention after church.

**Lenten Retreat at Holy Cross Abbey, Berryville, Virginia**  
**March 24-26, 2023**

***A Still Small Voice: Journeying with Elijah into Lent***

The season of Lent in the church calendar is frequently compared to the biblical experience of the desert—a time when we repent and turn again towards God, in anticipation of the Easter to come. In Scripture, the prophet Elijah spent time in the desert, going to (or fleeing from) the king, and praying for people to return to the ways of God. What can we learn from this erstwhile prophet and his wanderings? On this Lenten retreat, we will reflect on the journey of Elijah from Gilead to Mt. Horeb, and consider where we are hearing the voice of God in our own lives and communities.

This retreat will include a mixture of silence and time for quiet conversation; offering ample time for worship, prayer, and exploring the outdoors. Our retreat leader, the Rev. Amanda Bourne, a multi-vocational priest in the Diocese of VA, will be available for one-on-one conversations, the rite of reconciliation, and will also lead the group in several teaching sessions on the theme throughout our weekend together.

Our retreat begins the afternoon of Friday March 24, and will end after the noon meal on Sunday, March 26. The retreat will be at Holy Cross Abbey, Berryville, Virginia, which is an hour and fifteen-minute drive from our church. For more information on the monastery, see their website <https://www.virginiatrappists.org/about/>.

The \$350.00 registration fee includes all materials, comfortable accommodations, individual rooms each with a bathroom, and all meals. **Following Holy Cross Abbey policy, we may not be able to accommodate retreat reservations received after February 27.**

A scholarship given in memory of Charles Willis is available; please contact the rector for scholarship assistance.

**COVID Precautions:** Holy Cross Abbey asks that all retreatants be vaccinated, and if they attend services in the monks' chapel, they must wear masks as many of the monks are elderly. In the retreat house, masks are recommended, and optional at meals. Retreatants may also take a tray to their room.

Registration is limited to 15 persons; please reserve your space using the form on the next page or on our website [www.icoh.net](http://www.icoh.net). If you have questions about retreat logistics, please contact Mary Ann Rehnke, [mfrb2695@gmail.com](mailto:mfrb2695@gmail.com). Participants needing a ride to the Abbey or those wishing to volunteer to provide a ride may contact the retreat carpooling coordinator, Katherine Maas, [katherinemaas@gmail.com](mailto:katherinemaas@gmail.com).

**Immanuel Church-on-the-Hill  
Lenten Retreat  
Holy Cross Abbey Retreat House  
March 24-26, 2023**

**1. First person registering for retreat**

Name \_\_\_\_\_

Address \_\_\_\_\_

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Daytime Telephone \_\_\_\_\_ Evening Telephone \_\_\_\_\_

Cell Phone \_\_\_\_\_

E-mail \_\_\_\_\_

**2. Second person registering for retreat**

Name \_\_\_\_\_

Address \_\_\_\_\_

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Daytime Telephone \_\_\_\_\_ Evening Telephone \_\_\_\_\_

Cell Phone \_\_\_\_\_

E-mail \_\_\_\_\_

Number of registrants \_\_\_\_\_ x \$350 = \_\_\_\_\_ Total registration fee

Please make check payable to Immanuel Church-on-the-Hill and include Lenten Retreat on the check. Return this form and your check to the Immanuel Church office, 3606 Seminary Road, Alexandria, Virginia 22304 **by February 27**. Please put "Lenten Retreat" on the envelope.

If you need to cancel your registration and there is no one on the waiting list who can take your place, Holy Cross Abbey retains the \$75.00 per room deposit. All but \$75.00 of your registration fee would be returned to you.

## Sign-up to Serve in our Sunday Services

Would you like to serve as a lay minister? If so, sign-up to serve as a Reader, Intercessor, Usher, Acolyte, Crucifer and/or Chalice Bearer on one of four sign-up sheets, which can be found near the main door of each chapel. During the week, these rosters live just outside of Mother Susan's office in the basement of Zabriskie Chapel.

Finally, if you need training for a particular ministry, please send a request to [sparsons@icoh.net](mailto:sparsons@icoh.net) or indicate so next to your name on the sheet. Thank you!

### CLERGY AND STAFF

The Rev. J. Randolph Alexander, Jr. ([ralexander@icoh.net](mailto:ralexander@icoh.net)) ..... Rector  
 The Rev. Susan D. Parsons ([sparsons@icoh.net](mailto:sparsons@icoh.net)) ..... Associate Rector  
 Dr. Jane Tavernier ([jtavernier@icoh.net](mailto:jtavernier@icoh.net)) ..... Director of Music  
 Janettarose Greene ([JGreene@vts.edu](mailto:JGreene@vts.edu)) ..... Seminarian  
 Tom Hewson ([thewson@icoh.net](mailto:thewson@icoh.net)) ..... Treasurer  
 Sughra Bakhtiari ([sbakhtiari@icoh.net](mailto:sbakhtiari@icoh.net)) ..... Bookkeeper  
 Aleta Y. Powell ([apowell@icoh.net](mailto:apowell@icoh.net)) ..... Parish Administrator  
 Tamika Martin ([tmartin@vts.edu](mailto:tmartin@vts.edu)) ..... Audio Visual Technician  
 Gilma Balcarcel ..... Nursery Coordinator  
 Stuart Dahlinger ..... Sexton

### SCHEDULE OF SUNDAY WORSHIP SERVICES

8:00 a.m. Holy Eucharist Rite I, Zabriskie Chapel  
 3606 Seminary Road, Alexandria, VA

10:00 a.m. Children's Chapel, Side Oratory Chapel  
 inside of Immanuel Chapel

10:30 a.m. Holy Eucharist Rite II, Immanuel Chapel  
 3737 Seminary Road, Alexandria, VA

#### *Online*

[www.immanuel-on-the-hill.org](http://www.immanuel-on-the-hill.org)  
[Immanuel's YouTube channel](#)

### PRIESTS ASSOCIATE

The Rev. Dr. J. Barney Hawkins, IV  
 The Rev. Dr. Ruthanna Hooke  
 The Rev. Jan A. Maas  
 The Rev. John R. Smucker  
 The Rev. Dr. Francis H. Wade

### RECTOR EMERITA

The Rev. Dr. Margaret Ann (Sam) Faeth

**MISSION STATEMENT:** Immanuel Church-on-the-Hill is a Christian community in the Episcopal tradition, striving to be in relationship with God and each other as Christ has taught us, actively attempting to sense and to serve God's plan with great love. We are guided by Mark 16:15: "Go ye into all the world and preach the gospel," to learn, discern, and proclaim the Good News by being active ministers in the various communities where we live and serve.



**Parish Office**  
 3606 Seminary Road, Alexandria, VA 22304  
 Telephone: 703-370-6555, Fax: 703-370-0837  
[www.icoh.net](http://www.icoh.net)

