

COME WALK LENT WITH US

LENTEN WORSHIP SERVICES AT IMMANUEL

Ash Wednesday, February 14
12:00 noon, Holy Eucharist, with optional imposition of ashes
6:00 pm, Holy Eucharist especially geared toward children
7:30 pm, Holy Eucharist with choir, and optional imposition of ashes
(All three services will be held at Zabriskie Chapel, address below)

Sundays, February 18 – March 25
8:00 am, Holy Eucharist
9:00 am, Holy Eucharist
11:00 am, International Anglican Congregation Holy Eucharist
Zabriskie Chapel, 3606 Seminary Road, Alexandria (at the corner of Seminary and Quaker Lane)
11:15 am, Holy Eucharist
Immanuel Chapel, 3737 Seminary Road, Alexandria (on the campus of the Virginia Theological Seminary)
(Sunday, March 18, healing prayers will be offered after each service;
Sunday, March 4, Children's Holy Eucharist at 9:00 am, Zabriskie)

Wednesdays, February 21 – March 28
6:30 pm: Holy Eucharist, Zabriskie Chapel

2018 FORUM HOUR SERIES: "NURTURING OUR RELATIONSHIP WITH GOD: HOW, EXACTLY, DO WE DO THAT?"

Sundays, February 18 – March 25, Parish Hall, Zabriskie, 10:15-11:15 am

Immanuel's 2018 Lenten Series will explore some tried and true ways Christians have found to strengthen our relationship with God. Each Sunday, we will learn about a different spiritual discipline that can be practiced in our everyday lives, including fasting, prayer, study, stewardship, confession, and worship.

CONFESSION: Anglicans approach private confession in a classic middle way framed by the old adage, "All may; none must; some should." Lent is a particularly appropriate time to consider private confession as part of one's Lenten discipline and examination of life. If you would like to schedule an appointment for Confession, please call the Rector or the Assistant Rector. You can read over the rite for private confession in *The Book of Common Prayer*, beginning at page 447.

WEDNESDAY BOOK STUDY: *MERE CHRISTIANITY*

Wednesdays, February 21–March 21
10:30 am, Fairchild Room

On Wednesday mornings in Lent, our Rector and Assistant Rector will lead a discussion on the ideas expressed by author and apologist C.S. Lewis in his book *Mere Christianity*, as we each look to deepen our own walk with Christ.

A SPECIAL LENTEN PROGRAM FOR CHILDREN AND FAMILIES

Kickoff: Family Night February 18
Wrap-up: Family Night March 25

A new and exciting curriculum will guide children and their parents in creating Lenten Journals using watercolor, with different themes each week to prompt journal entries. Parents can work on their own journals either independently or as a way to start a Lenten discussion with children at home. Lenten Guides and extra children's journals will be available.

2018 ALEXANDRIA REGION LENTEN SERIES

Wednesdays, February 21–March 21
7:00 pm supper; 7:30 pm program

All are invited to attend this Lenten series provided by Alexandria Episcopal churches. Each Wednesday evening will begin with Eucharist at 6:00 p.m., followed by a simple supper at 7:00 p.m. and the program from 7:30 to 8:30 p.m.

February 21: Will you continue in the apostle's teaching and fellowship, in the breaking of bread, and in the prayers? "*The future of worship*" led by **The Rev. Frank Wade** at Emmanuel Church, 1608 Russell Rd.

February 28: Will you persevere in resisting evil, and whenever you fall into sin, repent and return to the Lord? "*Identifying evil in an alt-truth age*" led by **The Rev. Kate Sonderegger** at St. Paul's Episcopal Church, 228 S. Pitt St.

March 7: Will you proclaim by word and example the Good News of God in Christ? "*Claiming Christ Jesus*" led by **The Rev. J. Randolph Alexander** at Church of the Resurrection, 2280 N. Beauregard St.

March 14: Will you seek and serve Christ in all persons, loving your neighbor as yourself? "*Recognizing Jesus in all others*" led by **Ms. Melanie Gray** at Christ Church, 118 N. Washington St.

March 21: Will you strive for justice and peace among all people, and respect the dignity of every human being? "*Creating the Kingdom of God among us*" led by **The Rev. Anne Turner** at Immanuel Church-on-the-Hill, 3606 Seminary Rd.

THE SIGNIFICANCE OF LENT

The word "Lent" comes from the Old English word for "lengthen," referring to the lengthening of the days during this time of year in the Northern Hemisphere. It is, therefore, a season that looks forward and points towards the arrival of more light, and a new season.

Lent as a *spiritual* season is meant to do the same. The Church offers this season as a time to take inventory -- of our relationship with God and with other people -- as we prepare for the great Christian feast, and season, of Easter.

The tradition of giving up something developed as a way to remember Christ's sacrifice for us when we might miss the thing we have given up, but others take on some added discipline, perhaps something that we have felt we need to do or have been called to do.

LITURGICAL CHANGES IN LENT

On the First Sunday in Lent, we will follow age-old Anglican tradition and pray the Great Litany, the first service that was translated into the English language.

We also will omit the ancient praise-shout "Alleluia" throughout the season, and our liturgical color will change to purple, the traditional color of penitence, as well as waiting and expectation. We will also work to make more space for silence in all of our liturgies, more of a time apart from our busy and often noisy lives.



LENT

IMMANUEL Church-on-the-Hill

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