



# Immanuel Church-on-the-Hill

## Episcopal/Anglican Alexandria, Virginia



---

**FAMILY SERVICE**

**March 20, 2022**

### **Joy Mass, a Celebration of Eucharist 9:00 a.m.**

Holy Eucharist, Communion, or Mass is the normal Sunday worship for the Episcopal Church. It is one of the sacraments, a sign and symbol of the Living God. It is instructed and instituted by Jesus, 'Do this in remembrance of me.' It is the center of our worship, our lives, and the universe itself—God revealed in Christ, whose body and blood is given for the healing, salvation, and redemption of the world.

---

**Prelude:**

**GATHER IN THE LORD'S NAME**

**Opening song: He's Got the Whole World in His Hands**

**Afro-American Spiritual**

He's got the whole world in his hands.  
He's got the whole world in his hands.  
He's got the whole world in his hands.  
He's got the whole world in his hands.

He's got you and me, brother, in his hands.  
He's got you and me, brother, in his hands  
He's got you and me, brother, in his hands  
He's got the whole world in his hands.

He's got the wind and the rain in his hands.  
He's got the wind and the rain in his hands.  
He's got the wind and the rain in his hands.  
He's got the whole world in his hands.

He's got you and me, sister, in his hands  
He's got you and me, sister, in his hands  
He's got you and me, sister, in his hands  
He's got the whole world in his hands.

He's got the little tiny baby in his hands  
He's got the little tiny baby in his hands  
He's got the little tiny baby in his hands  
He's got the whole world in his hands.

He's got everybody here in his hands  
He's got everybody here in his hands  
He's got everybody here in his hands  
He's got the whole world in his hands.

**PROCLAIM AND RESPOND TO THE WORD OF GOD**

**Opening Acclamation**

Bless the Lord who forgives all our sins.

*His mercy endures forever.*

BCP 355

God our Father, you see your children growing up in an unsteady and confusing world: Show them that your ways give more life than the ways of the world, and that following you is better than chasing after selfish goals. Help them to take failure, not as a measure of their worth, but as a chance for a new start. Give them strength to hold their faith in you, and to keep alive their joy in your creation; through Jesus Christ our Lord. *Amen.*

Psalm 17:1-7

- 1 Hear a just cause, O Lord; attend to my cry;  
give ear to my prayer from lips free of deceit.
- 2 From you let my vindication come;  
let your eyes see the right.
- 3 If you try my heart, if you visit me by night,  
if you test me, you will find no wickedness in me;  
my mouth does not transgress.
- 4 As for what others do, by the word of your lips  
I have avoided the ways of the violent.
- 5 My steps have held fast to your paths;  
my feet have not slipped.
- 6 I call upon you, for you will answer me, O God;  
incline your ear to me, hear my words.
- 7 Wondrously show your steadfast love,  
O savior of those who seek refuge  
from their adversaries at your right hand.

*Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be for ever. Amen.*

The Gospel John 18:12-27 - Peter's Denial

The Holy Gospel of our Lord Jesus Christ according to John,

Response: *Glory to you, Lord Christ.*

So the soldiers, their officer, and the Jewish police arrested Jesus and bound him. First they took So the soldiers, their officer, and the Jewish police arrested Jesus and bound him. First they took him to Annas, who was the father-in-law of Caiaphas, the high priest that year. Caiaphas was the one who had advised the Jews that it was better to have one person die for the people.

Simon Peter and another disciple followed Jesus. Since that disciple was known to the high priest, he went with Jesus into the courtyard of the high priest, but Peter was standing outside at the gate. So the other disciple, who was known to the high priest, went out, spoke to the woman who guarded the gate, and brought Peter in. The woman said to Peter, "You are not also one of this man's disciples, are you?" He said, "I am not." Now the slaves and the police had made a charcoal fire because it was cold, and they were standing around it and warming themselves. Peter also was standing with them and warming himself.

Then the high priest questioned Jesus about his disciples and about his teaching. Jesus answered, "I have spoken openly to the world; I have always taught in synagogues and in the temple, where all the Jews come together. I have said nothing in secret. Why do you ask me? Ask those who heard what I said to them; they know what I said." When he had said this, one of the police standing nearby struck Jesus on the face, saying, "Is that how you answer the high priest?" Jesus answered, "If I have spoken wrongly, testify to the wrong. But if I have spoken rightly, why do you strike me?" Then Annas sent him bound to Caiaphas the high priest.

Peter Denies Jesus Again

Now Simon Peter was standing and warming himself. They asked him, "You are not also one of his disciples, are you?" He denied it and said, "I am not." One of the slaves of the high priest, a relative of the man whose ear Peter had cut off, asked, "Did I not see you in the garden with him?" Again Peter denied it, and at that moment the cock crowed.

The Gospel of the Lord.

Response: *Praise to you, Lord Christ.*

**The Homily: The Rev. Shawn Rutledge, Seminarian**

### PRAY FOR THE WORLD AND THE CHURCH

*When God's people gather we pray for the life of the world. Prayer is our nearness to God. Prayer is our relationship with God. Like any relationship it may be asking, thanking, speaking what we hope, and think, and dream. It may also be listening, making our hearts and minds still, as in contemplation and meditation. However you pray throughout your life, it is your part of the relationship between you and God the Father, through Jesus Christ, in the power of the Holy Spirit. Hold these things, which we pray for every week, in your heart, and at the end we will say together, Lord Hear our prayer.*

We pray for the whole Church, and its mission to bring God's love and peace to all people.

We pray for our Nation, and all who have authority in every nation and community.

We pray for the peace, healing, and life of the world.

We pray for those in our community, and in our lives, whose concerns are known to us.

We pray for all who suffer or are in any kind of trouble.

We pray for those who have died.

*Lord Hear our prayer.*

## Confession and Absolution

BCP 360

Having prayed, let us now confess our sins to God.

*Most merciful God,  
we confess that we have sinned against you  
in thought, word, and deed,  
by what we have done,  
and by what we have left undone.  
We have not loved you with our whole heart;  
we have not loved our neighbors as ourselves.  
We are truly sorry and we humbly repent.  
For the sake of your Son Jesus Christ,  
have mercy on us and forgive us;  
that we may delight in your will,  
and walk in your ways,  
to the glory of your Name. Amen.*

Almighty God have mercy on you, forgive you all your sins through the grace of Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life.  
*Amen.*

## The Peace

Celebrant: The peace of Christ be always with you.

People: *And also with you.*

## PREPARE THE TABLE

*Some of those present prepare the table; the bread, the cup of wine, and other offerings, are placed upon it.*

## Welcome and Announcements

*This service, an Order for Celebrating the Holy Eucharist (BCP 400), is not intended as the principal Sunday service for a community. But it is extremely useful in teaching Eucharist. Children and families who are trying to make God and Church part of your lives will find the shape of what we do here is what happens at every gathering around the Lord's Table. There is only one banquet—and we inherit this way of joining it.*

*If you'd like to receive, we'll form a line after the prayer. To receive the consecrated Bread only, kindly extend one outstretched hand, palm up. To receive the consecrated Bread intincted in the Wine, please extend both hands, palms up. Holding your hands out with your palms down will indicate you require Gluten Free communion Bread. Crossing your arms over your chest will be the way to request a blessing. If you get up there and forget which thing you want... you're also welcome to just say. We'd rather you say than feel given the wrong thing.*

## MAKE EUCHARIST

Celebrant: The Lord be with you.  
People: *And also with you.*  
Celebrant: Lift up your hearts.  
People: *We lift them to the Lord.*  
Celebrant: Let us give thanks to the Lord our God.  
People: *It is right to give God thanks and praise.*

Holy God, you laid the foundations of the world and shaped the sea and skies. You brought forth creation, breathing life and freedom into humanity. What you brought about in love we sometimes turn toward our own selfish goals. But you are always faithful, and you have given us Jesus Christ your only Son to open for us a new path of peace and love, a path back to your dream for the world.

On the night Jesus was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Father, we now celebrate the memorial of your Son. Sanctify this bread and wine by your Holy Spirit to be for your people the Body and Blood of Jesus Christ our Lord. By means of this holy bread and cup, we show forth the sacrifice of his death, and proclaim his resurrection, until he comes again.

Gather us by this Holy Communion into one body in your Son Jesus Christ. Make us a living sacrifice of praise. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. AMEN

As our Savior Christ has taught us, we now pray,

*People and Celebrant*

*Our Father in heaven,  
hallowed be your Name,  
your kingdom come,  
your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those  
who sin against us.  
Save us from the time of trial,  
and deliver us from evil.  
For the kingdom, the power,  
and the glory are yours,  
now and for ever. Amen.*

### The Breaking of the Bread

Celebrant: We break this bread to share in the Body of Christ  
The Gifts of God, for the People of God.

Communion Song Hymn 405 – All Things Bright and Beautiful

Father Sam, guitar

Refrain:

*All things bright and beautiful,  
all creatures great and small,  
all things wise and wonderful,  
the Lord God made them all.*

1 Each little flower that opens,  
each little bird that sings,  
he made their glowing colors,  
he made their tiny wings. *Refrain*

3 The cold wind in the winter,  
the pleasant summer sun,  
the ripe fruits in the garden,  
he made them every one. *Refrain*

2 The purple-headed mountain,  
the river running by,  
the sunset, and the morning  
that brightens up the sky. *Refrain*

4 He gave us eyes to see them,  
and lips that we might tell  
how great is God Almighty,  
who has made all things well. *Refrain*

## Post Communion Prayer

EOW 69

Celebrant: Let us pray,

*God of abundance, you have fed us with the bread of life and cup of salvation; you have united us with Christ and one another; and you have made us one with all your people in heaven and on earth. Now send us forth in the power of your Spirit, that we may proclaim your redeeming love to the world and continue for ever in the risen life of Christ our Savior. Amen.*

## The Blessing

The blessing of God Almighty, the Father, the Son, and the Holy Spirit, be upon you and remain with you for ever. *Amen.*

## The Dismissal

Deacon: Let us bless the Lord.

People: *Thanks be to God.*

---

**SERVING AT THIS EUCHARIST:** *Musicians:* The Rev. Sam Sheridan, guitar and ukulele  
*Flower Guild:* The Immanuel Flower Guild  
*Celebrant:* The Rev. Sam Sheridan

A poster for a 'Spring Fling Gathering in the Garden' held at the Zabriskie Memorial Garden. The background is a vibrant green with sunlight filtering through leaves. The text is in a bold, white, sans-serif font with a slight shadow effect. The main title is 'Spring Fling Gathering in the Garden', followed by 'TODAY 12 noon - 2p.m.' and 'Zabriskie Memorial Garden'. Below this, a white box contains the following text: 'Come celebrate the first day of spring with the Creation Care Action Team in the Zabriskie Gardens!' and 'Join us at noon today for a casual coffee hour reception held outdoors (unless heavy rain) so we can enjoy our grounds and see what is blooming/springing up, and talk with Creation Care Action Team members.'

In response to the recently completed Senior Adult Ministry and Fellowship survey, we will be restarting monthly brown bag lunches in the Zabriskie Parish Hall (and hoping that diminishing COVID transmission numbers allow us to continue them throughout 2022). We will begin at 12:15 with time for lunch and socializing, to be followed by a speaker or topic. The first luncheon will be this Tuesday, March 22. Come and hear the results of the survey and get a sneak preview of Senior Adult Ministry and Fellowship activities planned for the rest of the year.

Bring your own sandwich. Dessert and beverages will be provided by Senior Adult Ministry and Fellowship. There is no charge and, as always, guests are welcome.

To RSVP or ask questions, contact Karen Besser at [karen.besser@gmail.com](mailto:karen.besser@gmail.com).

## **GOOD FRIDAY/EASTER APPEAL FOR THE DIOCESE OF JERUSALEM**

This Lenten season, please consider continuing the now 100-year Lenten tradition of the American Episcopal Church's support to Anglican and Episcopal churches in the Diocese of Jerusalem through contributing to the American Friends of the Episcopal Diocese of Jerusalem (AFEDJ).

AFEDJ contributions support Diocese of Jerusalem outreach and charitable efforts in Gaza, the West Bank, Israel, Lebanon, and Jordan, through a network of schools, hospitals, and rehabilitation centers serving largely poor and needy people regardless of faith, with [this year's appeal](#) particularly supporting St. Luke's hospital in Nablus, the only charitable hospital in that major city.

Immanuel has a longstanding relationship with the Episcopal Diocese of Jerusalem, including many Immanuel pilgrims who have worshipped with Palestinian Episcopalians in the Holy Land as well as hosting former Immanuel Seminarian and VTS alum The Rev. Halim Shukair and parishioner Hossam Naoum (ordained last year as Archbishop of the Diocese of Jerusalem). Please make contributions by Good Friday to Immanuel, noting that they are intended for "AFEDJ." Thank you.

## **SACRED GROUND STARTING THE WEEK OF APRIL 24**

### ***Are You Interested in Joining Others in a Faith-Based Program on Race, Identity, Family, and History?***

Please consider signing up for the next Sacred Ground dialogue circle, which will meet weekly from the week of April 24 through the week of June 27, facilitated by Chrissie Crosby. Sacred Ground is an Episcopal church film- and readings-based dialogue series on race, grounded in faith. Small groups are invited to walk through chapters of America's history of race and racism, while weaving in their own threads of family story, economic class, and political and regional identity, using a powerful online curriculum of documentary films and readings that focus on Indigenous, Black, Latino, and Asian/Pacific Islander American histories as they intersect with European American histories. More details are available [here](#), or from talking to past participants Katherine Smith, Mary Ann Ring, Marilyn Wilson, or Nancy Reuschel. Please contact David Atwood or [Kathryn Haskin](#) to sign up. Thank you.

**IMMANUEL CHURCH-ON-THE-HILL**  
**Parish Notes**  
**March 20, 2022**

---

**IN THE NAME OF CHRIST we welcome you to Immanuel Church-on-the-Hill!**

Immanuel is an Episcopal Church in the Diocese of Virginia, and is part of the world-wide Anglican Communion. Immanuel was founded by the Virginia Theological Seminary. We are one parish that worships in two locations: the Zabriskie Chapel (3606 Seminary Road), and Immanuel Chapel (3737 Seminary Road) on the seminary grounds. Immanuel Chapel offers a fully-staffed nursery for our infant and toddler parishioners.

For the latest information on our online worship service and to view a video of our most recent service, please visit our website ([www.icoh.net](http://www.icoh.net)).

**PRAY FOR PARISHIONERS:** Aggie Fortune, Ann MacNamara, Cynthia and Bruce Morton, Catherine Sinclair, Eloise Payne, Francine Wargo, Jessi MacLeod, Kenny, Linda and Cy Murphy, Lucy, Natalie Doyle Hennin, Susan Wiard, Tony, Daphne, Lawrence, Ann Huntington, and Wendy John.

**PRAY FOR OUR FRIENDS AND FAMILY:** Arsine Oshagan, Charlotte Kellogg, Dana De Cecco, Dorothy Phanuef, George Rustigian, Jack Allen, Kathryn Anschutz, Ben Hoge, Louise Jackson, Margaret Chenoweth, Marjean Smith, Mildred Alexander, Paul, Rowena and Don Lynch, Steve Davis, Stephen Miller, Sue Rehnke, Ann Shelly, Sarah Minor, Tom Dollard, Jim McClane, Edith and Joseph, Ryan, Mr. and Mrs. Bird, John, Alexandra, Hans, Jessica, McQuade Milligan, J.C., Scott De Vight, Reagan, and Waide Egener.

**Pray for those who are celebrating birthdays this week:** Ruthie Christino, Lizzie Peabody, Marianne Ingold, Michael Pawlukiewicz, Jahi Stockton, Leilani Allwine, Sarah Friday, Debbie Peetz, Peter Phillips, Nicky Vassev, Isabella Vasseva, Janice Corbett, Wendy Hoge, Mary Jane Ruhl, Eleanor Whitaker, Bethany O'Donnell, Jackson O'Donnell, Ints Silins, Bobbie Thomas, and Zachary Eisenhour.

**Serving around the world:** Noah Barker, Ian Phillips, Todd Bates, Philip Smucker, Jason Osborne, Michael Hussey, and Jonathan, Nicole, Alina, and Nolan Anderson. Pray for healing for US casualties and their caregivers.

**Those who have recently died:** Police Officers Freddie Wilson, Caleb Ogilvie, Jake Reed and Corporal Ben Cooper. *Rest eternal grant to them, O Lord, and let light perpetual shine upon them.*

---

**TODAY Spring Fling Gathering in the Garden**  
**12 noon - 2p.m, Zabriskie Memorial Garden**

Come celebrate the first day of spring with the Creation Care Action Team in the Zabriskie Gardens! Join us for a casual reception held outdoors (unless heavy rain) so we can enjoy our grounds and see what is blooming/springing up, and talk with Creation Care Action Team members.

**Office Desk Chair Needed for Our Family from Afghanistan**

As you know, Immanuel has been working with the Shinwari family, refugees from Afghanistan currently residing next door to Zabriskie Chapel. Pamir Shinwari now has a job that will enable him to work remotely, but he needs a desk chair. If you can help provide a desk chair for the Shinwaris, please contact Aleta at the Parish Office 703-370-6555 ext. 200.

# Announcements

## Join our Lenten Series Sundays @ 9:15a.m. - Parish Hall:

### Diving into the Lenten Word

Our Lenten series this year is exploring, in depth, the Scripture readings of the five Sundays in Lent. The preacher of the day leads the discussion, allowing lots of time for questions, responses, and musings. We'll explore the context more fully, musing about the authors of the lessons, and also hearing from the preacher about their process as they wrote the sermon.

We gather at 9:15a.m. in Zabriskie Parish Hall each Sunday in Lent, both in person and online.



## Senior Adult Ministry and Fellowship

### Brown Bag Luncheon

Tuesday, March 22<sup>nd</sup> @ 12:10 p.m.  
Zabriskie Parish Hall



For questions and to RSVP, contact Karen Besser at  
[Karen.Besser@gmail.com](mailto:Karen.Besser@gmail.com)

Join us for the Wednesday Evening Holy Eucharist Rite II  
March 23<sup>rd</sup> at 6:30p.m, Zabriskie Chapel

### WEDNESDAY, MARCH 23<sup>RD</sup> @ 6:30 PM: SOCIAL JUSTICE BOOK STUDY: *Just Mercy*

We continue our 9-10 week conversation on [\*Just Mercy\*](#) by Bryan Stephenson as the next book to help tie our Social Justice discussions with Immanuel's Criminal Justice Initiative.

We'd love for you to join us as we explore building a vocabulary and theology around the idea that what happens to incarcerated people, both the innocent and guilty, should matter to us as Christians.

**SOLAR PROJECT INSTALLATION:** Sustainable Energy Solutions (SES) advised us in January that the building permit package for Immanuel's solar array installation is complete and has been submitted to the City of Alexandria for review and permitting. On February 28, SES let us know the City expects to complete the review March 11, 2022 and issue the permit needed soon after. SES still needs to receive delivery of some key components (an inverter and optimizers), essential to have before installation can begin. Installation should take 10-14 days barring any weather delays. The good news is the solar panels are in storage locally and, thanks to the generosity of our parishioners, we have more than sufficient funds to cover the next progress payment to SES. Assuming receipt of Alexandria City permit and all needed components, SES now hopes for a late March/early April 2022 installation of our solar system.

**NEW BIBLE STUDY** this Thursday, March 24<sup>th</sup> @ 10:30 a.m:

## **FIRST AND SECOND TIMOTHY** *and* **THE EPISTLE OF PAUL TO TITUS**

All are welcome to share in this exploration of the three pastoral epistles — 1 Timothy, 2 Timothy, and Titus — found in the New Testament and attributed to Saint Paul. No prior study or participation necessary. We meet Thursdays from 10:30 a.m. to noon online via Zoom -- look for login information in your weekly eBlast email.

Just bring your Bible (or an online version such as [Bible Gateway here](#)) and a heart open to the idea that we are meant learn from one another, that we are a people called to learn about God's love in community. You most certainly can just listen, but your witness, experience, thoughts, and beliefs are just as important and valuable as anyone else's!

**Evening Compline, Friday, March 25<sup>th</sup>, 8:30 p.m., Online via Zoom**

### **PRIVATE CONFESSION: *Receive Counsel, Direction and Comfort This Lent***

Anglicans approach private confession in a classic middle way framed by the old adage, “All may; none must, some should.” Lent is a particularly appropriate time to consider private confession as part of one’s Lenten discipline and examination of life. If you would like to schedule an appointment for Confession, please contact any of the clergy.

You can read over the rite for private confession in [The Book of Common Prayer](#), beginning on page 447. If clicking on the hyperlinked text above, look under “Pastoral Offices”, then select “Reconciliation of a Penitent”.

### **ADULT INQUIRERS’ CLASS**



We are scheduled for a Bishop’s visitation and Confirmation on April 24<sup>th</sup>, the Sunday after Easter. Along with our youth Confirmation class, this presents a great opportunity for any adults who have never been Confirmed, or Received into the Church, or who might want to reaffirm their faith publicly. This is also a great opportunity for Baptisms.

We will have sessions for those interested in the afternoons next Sunday March 27<sup>th</sup> and the following Sunday April 3<sup>rd</sup>. Please let any of the clergy know if you are interested in participating—especially if you're interested but might need an alternative to Sundays.

## CLERGY AND STAFF

The Rev. J. Randolph Alexander, Jr. (ralexander@icoh.net) .....	Rector
The Rev. Susan D. Parsons (sparsons@icoh.net) .....	Associate Rector
The Rev. Sam Sheridan (ssheridan@icoh.net) .....	Assistant Rector
Dr. Jane Tavernier (jtavernier@icoh.net) .....	Director of Music
The Rev. Shawn Rutledge (srutledge@vts.edu) .....	Seminarian
Janettarose Greene (JGreene@vts.edu) .....	Seminarian
Tom Hewson (thewson@icoh.net) .....	Treasurer
Laura Snow (lsnow@icoh.net) .....	Assistant Treasurer
Sughra Bakhtiari (sbakhtiari@icoh.net) .....	Bookkeeper
Aleta Y. Powell (apowell@icoh.net) .....	Parish Administrator
Gilma Balcarcel .....	Nursery Coordinator
John Bednar (jbednar@icoh.net) .....	Information Technology Specialist
Stuart Dahlinger .....	Sexton

## THE VESTRY

Darrell Wilson .....	Senior Warden
Kristi Kubista-Hovis .....	Junior Warden: Administration
Shawn Whitman .....	Junior Warden: Buildings and Grounds
David Atwood .....	Adult Formation and Discipleship, Social Justice
Harrison Clark .....	Children, Youth, and Family Ministries
Brad Ashton .....	Stewardship and Planned Giving
Mollie Lambert .....	Outreach
Kathy Lloyd .....	Senior Ministry
Brooke Roberts .....	Communications
Phyllis Sims .....	Evangelism and New Members
Bob Murray .....	Worship
Julie Bruns .....	Pastoral Care
Rachel Wilson .....	Youth Representative (nonvoting member)
The Rev. Sam Sheridan .....	Register (nonvoting member)

### SCHEDULE OF SUNDAY WORSHIP SERVICES

8:00 a.m. Holy Eucharist Rite I, Zabriskie Chapel  
3606 Seminary Road, Alexandria, VA  
9:00 a.m. Family Holy Eucharist, Zabriskie Chapel  
10:30 a.m. Holy Eucharist Rite II, Immanuel Chapel  
3737 Seminary Road, Alexandria, VA

#### *Online*

[www.immanuel-on-the-hill.org](http://www.immanuel-on-the-hill.org)  
[Immanuel's YouTube channel](#)

### PRIEST ASSOCIATES

The Rev. Dr. J. Barney Hawkins, IV  
The Rev. Dr. Ruthanna Hooke  
The Rev. Jan A. Maas  
The Rev. John R. Smucker  
The Rev. Canon Rosemari G. Sullivan  
The Rev. Dr. Francis H. Wade

### RECTOR EMERITA

The Rev. Dr. Margaret Ann (Sam) Faeth



**MISSION STATEMENT:** Immanuel Church-on-the-Hill is a Christian community in the Episcopal tradition, striving to be in relationship with God and each other as Christ has taught us, actively attempting to sense and to serve God's plan with great love. We are guided by Mark 16:15: "Go ye into all the world and preach the gospel," to learn, discern, and proclaim the Good News by

**Parish Office**  
3606 Seminary Road, Alexandria, VA 22304  
Telephone: 703-370-6555, Fax: 703-370-0837  
[www.icoh.net](http://www.icoh.net)

