Episcopal/Anglican Alexandria, Virginia

THE SECOND SUNDAY AFTER PENTECOST

Holy Eucharist Rite II, 10:30 a.m.

Page references are for The Book of Common Prayer. A professionally-staffed nursery is located in the south corner of the building (to the right as you face the organ); restrooms are located on either side of the double wooden doors.

Prelude: String Trio No. 8 for Violin, Viola and Violoncello first movement Franz Joseph Haydn THE TWO CITIES TRIO Processional Hymn 401: "The God of Abraham praise" verses 1, 2, and 5 Leoni found in The Hymnal 1982 THE WORD OF GOD **Opening Acclamation** p. 299 Blessed be God: Father, Son, and Holy Spirit. Celebrant: People: And blessed be his kingdom, now and for ever. Amen. The Collect for Purity p. 355 S102: Trisagion found in the front of The Hymnal 1982 Alexander Archangelsky

The Collect for the Day

The Lord be with you. People: And also with you. Celebrant: Let us pray.

O God, from whom all good proceeds: Grant that by your inspiration we may think those things that are right, and by your merciful guiding may do them; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen

The First Lesson: Hosea 5:15-6:6

Thus says the Lord: "I will return again to my place until they acknowledge their guilt and seek my face. In their distress they will beg my favor: 'Come, let us return to the Lord; for it is he who has torn, and he will heal us; he has struck down, and he will bind us up. After two days he will revive us; on the third day he will raise us up, that we may live before him. Let us know, let us press on to know the Lord; his appearing is as sure as the dawn; he will come to us like the showers, like the spring rains that water the earth.' What shall I do with you, O Ephraim? What shall I do with you, O Judah? Your love is like a morning cloud, like the dew that goes away





June 11, 2023

early. Therefore I have hewn them by the prophets, I have killed them by the words of my mouth, and my judgment goes forth as the light. For I desire steadfast love and not sacrifice, the knowledge of God rather than burnt offerings."

The Word of the Lord Response: Thanks be to God.

Psalm 50:7-15 Deus deorum

7	Hear, O my people, and I will speak: "O Israel, I will bear witness against you; * for I am God, your God.
8	I do not accuse you because of your sacrifices; * your offerings are always before me.
9	I will take no bull-calf from your stalls, * nor he-goats out of your pens;
10	For all the beasts of the forest are mine, * the herds in their thousands upon the hills.
11	I know every bird in the sky, * and the creatures of the fields are in my sight.
12	If I were hungry, I would not tell you, * for the whole world is mine and all that is in it.
13	Do you think I eat the flesh of bulls, * or drink the blood of goats?
14	Offer to God a sacrifice of thanksgiving * and make good your vows to the Most High.
15	Call upon me in the day of trouble; *

I will deliver you, and you shall honor me."

The Epistle: Romans 4:13-25

The promise that he would inherit the world did not come to Abraham or to his descendants through the law but through the righteousness of faith. If it is the adherents of the law who are to be the heirs, faith is null and the promise is void. For the law brings wrath; but where there is no law, neither is there violation.

For this reason it depends on faith, in order that the promise may rest on grace and be guaranteed to all his descendants, not only to the adherents of the law but also to those who share the faith of Abraham (for he is the father of all of us, as it is written, "I have made you the father of many nations") —in the presence of the God in whom he believed, who gives life to the dead and calls into existence the things that do not exist. Hoping against hope, he believed that he would become "the father of many nations," according to what was said, "So numerous shall your descendants be." He did not weaken in faith when he considered his own body, which was already as good as dead (for he was about a hundred years old), or when he considered the barrenness of Sarah's womb. No distrust made him waver concerning the promise of God, but he grew strong in his faith as he gave glory to God, being fully convinced that God was able to do what he had promised. Therefore his faith "was reckoned to him as righteousness." Now the words, "it was reckoned to him," were written not for his sake alone, but for ours also. It will be reckoned to us who believe in him who raised Jesus our Lord from the dead, who was handed over to death for our trespasses and was raised for our justification.

Sequence Hymn 412: "Earth and all stars"

verses 1,2,3, and 6

found in The Hymnal 1982

The Holy Gospel: Matthew 9:9-13, 18-26

The Holy Gospel of our Lord Jesus Christ, according to Matthew Response: *Glory to you, Lord Christ*.

As Jesus was walking along, he saw a man called Matthew sitting at the tax booth; and he said to him, "Follow me."

And he got up and followed him. And as he sat at dinner in the house, many tax collectors and sinners came and were sitting with him and his disciples. When the Pharisees saw this, they said to his disciples, "Why does your teacher eat with tax collectors and sinners?" But when he heard this, he said, "Those who are well have no need of a physician, but those who are sick. Go and learn what this means, 'I desire mercy, not sacrifice.' For I have come to call not the righteous but sinners."

While he was saying these things to them, suddenly a leader of the synagogue came in and knelt before him, saying, "My daughter has just died; but come and lay your hand on her, and she will live." And Jesus got up and followed him, with his disciples. Then suddenly a woman who had been suffering from hemorrhages for twelve years came up behind him and touched the fringe of his cloak, for she said to herself, "If I only touch his cloak, I will be made well." Jesus turned, and seeing her he said, "Take heart, daughter; your faith has made you well." And instantly the woman was made well. When Jesus came to the leader's house and saw the flute players and the crowd making a commotion, he said, "Go away; for the girl is not dead but sleeping." And they laughed at him. But when the crowd had been put outside, he went in and took her by the hand, and the girl got up. And the report of this spread throughout that district.

The Gospel of the Lord Response: *Praise to you, Lord Christ*.

The Sermon: The Rev. Susan D. Parsons

The Nicene Creed The Prayers of the People Confession of Sin and Absolution

The Peace

Celebrant: The peace of the Lord be always with you. People: *And also with you*.

Welcome and Announcements

3

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THE HOLY COMMUNION

Offertory: "String Trio No. 8 for Violin, Viola, and Violoncello" second movement

THE TWO CITIES TRIO

The special collection today will support *Christmas Families in August* (*the initiative is described on page 8*). This includes cash and checks with "XFAM" written on the memo line. If today's special collections exceed \$4,000, we could support *Offender A id and Restoration* to help with school supplies for children with an incarcerated parent.

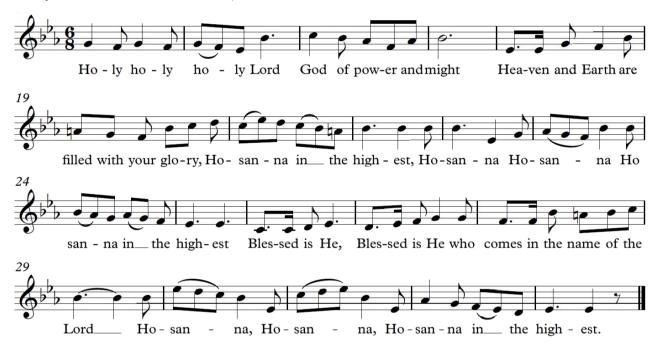
Doxology: Hymn 380 (verse 3)	found in The Hymnal 1982	Old 100th
Praise God from whom all blessings flo Praise him, all creatures here below; Praise him above, ve heavenly host:	ow;	

The Great Thanksgiving: Eucharistic Prayer B

Praise Father, Son, and Holy Ghost. Amen.

Celebrant:	The Lord be with you.
People:	And also with you.
Celebrant:	Lift up your hearts.
People:	We lift them to the Lord.
Celebrant:	Let us give thanks to the Lord our God.
People:	It is right to give God thanks and praise.

Sanctus (from A Mass for Immanuel)



The Lord's Prayer

Celebrant: Alleluia, Christ our Passover is sacrificed for us *Response:* Therefore let us keep the feast, Alleluia.

p. 364

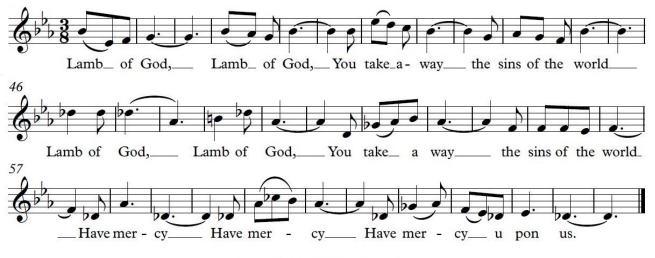
Franz Joseph Haydn

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Jane Tavernier

The Breaking of the Bread

Agnus Dei (from A Mass for Immanuel)





Celebrant: The Gifts of God, for the People of God.

If you would only like to receive the consecrated Bread please extend one hand. Crossed hands indicate you would like to receive consecrated Wine as well, either intincted (dipped) by you or by drinking from the chalice. If you are physically unable to come to the Altar, please let an usher know that you would like to have Communion brought to you.

MUSIC DURING COMMUNION:

Communion Anthem: "Cantate Domino"

Giuseppe Ottavio Pitoni

Jane Tavernier

THE IMMANUEL CHOIR

	Cantate Domino canticum novum; laus ejus in ecclesia sanctorum. Laetetur Israël in eo qui fecit eum, et filii Sion exsultent in rege suo. Laudent nomen ejus in choro; in tympano et psalterio psallant ei.	O sing unto the Lord a new song: let the congregation of saints praise him. Let Israel rejoice in him that made him: and let the children of Sion be joyful in the Let them praise his Name in the dance: le praises unto him with tabret and harp.	neir King.
Hymn 676	5: "There is a balm in Gilead"	found in The Hymnal 1982	Balm in Gilead
Suma if u	and a d		

Sung, if needed

Hymn 711: "Seek ye first, the kingdom of God"

found in The Hymnal 1982

Seek Ye First

Post Communion Prayer

Almighty and everliving God, we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of your Son, and heirs of your eternal kingdom. And now, Father, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Lord. To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. Amen.

The Blessing

Closing Hymn 12: "We're Marching to Zion"

Marching to Zion

found in the hymnal Lift Every Voice and Sing II

The Dismissal

Clergy: Let us go forth in the name of Christ. People: *Thanks be to God*.

Postlude: String Trio No. 8 for Violin, Viola, and Violoncello third movement Franz Joseph Haydn

THE TWO CITIES TRIO

The flowers on the Altar are given to the Glory of God by Caroline Bergmark and Francine Wargo in honor of their wedding anniversary.

Serving at this Eucharist:	<i>Crucifer</i> : Isaac Kubista <i>Readers</i> : Lanai Bea, Kristi Kubista-Hovis <i>Intercessor</i> : Mary Ann Rehnke
	•
	Musicians: THE TWO CITIES TRIO: Ruth Christino, (violoncello),
	Eleanor Meehan (viola),
	Josephine van Hoey (violin);
	The Immanuel Choir, and Dr. Jane Tavernier
	Altar Guild: Matt Haskin
	Flower Guild: Kerry Kelly Wade
	Ushers: Jim Clausen, Lisa Clausen
	Audio-Visual: Tamika Martin, The Rev. Jan A. Maas, Katherine Maas
	Celebrant: The Rev. J. Randolph Alexander

We recognize and thank the members of our choir:

Thank You Immanuel Choir

Felicity Amos* Gerry Anderson Terry Arnold Karen Besser Jamie Conrad Denise Freeland Allan Gervacio* **Rick Glassco** Sarah Glassco Doug John Dorothy Kellogg Ken Mason Sudie McGahuey Daryl Ott* Joan Raybold Emily Riley* Mary Ann Ring **Brooke Roberts** Paul Smyth David Temoshok

* *denotes* Section LeaderAssistant Conductor

Christmas Families in August 2023: Haiti and Alexandria *Sign-Up TODAY*

First sign-up and **special collection** *today*; ingathering and special collection Sunday August 6. If today's special collections exceed \$4,000, we could support Offender Aid and Restoration to help with school supplies for children with an incarcerated parent.

Help children with school supplies - critical tools for learning!

It is hard to learn to write if you do not have a pencil. God means for every child to have a pencil so they can learn and develop to their full potential, and He asks for our help to get them there. This is a larger issue of social justice: Education is supposed to be the great equalizer in society, but as of now it is not. Rich children have school supplies, poor children do not. There are many factors that make educational opportunities unequal, so education, rather than giving everyone an equal chance, actually cements inequality in society.

As Christians, we can influence our government representatives to make systemic change to achieve equality in education, including high-quality preschool for all children — Immanuel has continued to contribute to this worthy goal. With *Christmas Families in August* we work through the Alexandria Department of Human Services (DHS) to provide school supplies to children in need.

There are two ways you can help:



(1) Sign up to provide a backpack filled with school supplies for the children in one family identified by DHS after each service between now and Sunday, July 23. The sign-up boards are in the narthex of Zabriskie Chapel during the week. We will give you a yellow instruction sheet with the children's names and all the information you need. Feel free to email <u>ds@dsoergel.com</u> or <u>serabian@somaarchitects.com</u> for help in selecting a family.

Bring the backpacks to church (or the office) on or before Sunday, August 6 to be blessed at the altar. Unassigned school supplies, especially backpacks (new or lightly used) are also welcome.

(2) Donate money through the special collections held on Sunday, July 11 and Sunday, August 6. Please make checks out to Immanuel and mark them "XFAM". The money will go to the Haiti <u>Micah project</u> (50%, last year \$2,000) and to Community Lodgings and Human Services in Alexandria. (25%, last year \$1,000, each). If the special collections exceed \$4,000, we could support Offender Aid and Restoration to help with school supplies for children with an incarcerated parent.

The **Haiti Micah Project (HMP)** is one of Immanuel's major international outreach ministries; it serves impoverished children in Mirebalais, Haiti. For these children, education offers the only path out of extreme poverty. In Haiti, there is no free public education. Therefore, HMP provides educational stipends (currently for 152 children, including 22 in its orphanage) including tuition, school supplies, and uniforms. With the support of churches like Immanuel, these children have the opportunity to become contributing members of their society.

Our former rector, the late Rev. Bill Dols said "Christmas Families is a ministry of things". It is that, but it is so much more. It provides things that empower and lift the spirit, tools for learning that send children off to a good start in the new school year.

Dagobert Soergel (703-585-2840, <u>ds@dsoergel.com</u>) Linda Serabian (703-836-4670, <u>serabian@somaarchitects.com</u>) Connie Kurz (703/898-3340, <u>cgkurz@aol.com</u>) Julie Bruns (703-534-7913, <u>drbruns@bellatlantic.net</u>)

IMMANUEL CHURCH-ON-THE-HILL Parish Notes June 11, 2023

IN THE NAME OF CHRIST we welcome you to Immanuel Church-on-the-Hill!

Immanuel is an Episcopal Church in the Diocese of Virginia, and is part of the world-wide Anglican Communion. Immanuel was founded by the Virginia Theological Seminary. We are one parish that worships in two locations: the Zabriskie Chapel (3606 Seminary Road), and Immanuel Chapel (3737 Seminary Road) on the seminary grounds. Immanuel Chapel offers a fully-staffed nursery for our infant and toddler parishioners.

Visitors are encouraged to fill out a pew card — located in display stands at entrances of the chapels — and give it to an usher, or place in the collection plate. Thank you.

For the latest information on our online worship service and to view a video of our most recent service, please visit our website (<u>www.icoh.net</u>).

PRAY FOR PARISHIONERS: Eve and Gerry Anderson, Nancy Bishop, Edith, Natalie Doyle Hennin, Ann and Rollin Huntington, Frances Johnson, Joseph, Kenny, Jessi MacLeod, Ann MacNamara, Cynthia Morton, Linda and Cy Murphy, Joan Raybold, Tony Rogers, Catherine Sinclair, John and Louisa Smucker, Norma Taliaferro, and Francine Wargo. We also pray for the Most Rev. Michael Bruce Curry.

PRAY FOR OUR FRIENDS AND FAMILY: Jack Allen, Kathryn Anschutz, Felicia Balzano, Dave and Betsy Fox Berry, David Craig, Martha Culleton, Steve Davis, Betty Harris, Louise Jackson, Peter and Joanne, John, Hal Johnson, Katja, Charlotte Kellogg, Joseph and Elaine Kelly, Stephen Miller, McQuade Milligan, Candy Morgan, Mary Muniz, Shelby Ochs Owen, Paul, Lilly Pinner, Sarah Pollach, Jennie Rae, Jim Rehnke, Sue Rehnke, George Rustigian, Ann Shelly, Connie Smith, and Ryan Willis.

Pray for those who are celebrating birthdays this week: Addie Biache, Andrew Drennon, Anthony Gabriel Jr., Betsy McWhirt, Margaret Messenger, Dorathea Peters, the Rev. Dr. Frank Wade, Laurie Clark, Andrew Alexander, Gary Campbell, and Matthew Schnedl.

Serving around the world: Noah Barker, Ian Phillips, Todd Bates, Jason Osborne, Michael Hussey, and Jonathan, Nicole, Alina, and Nolan Anderson.

Those who have died: Barbara Hays Kamp, friend and neighbor of the Rev. Susan D. Parsons. *Rest eternal grant to her*, *O Lord, and let light perpetual shine upon her*.



Announcements

Weekday Worship and Study Opportunities

MORNING PRAYER TUESDAY, JUNE 6th (a) 10 A.M., Zabriskie Chapel : All are invited to join Immanuel staff and clergy for Morning Prayer every Tuesday at 10:00 a.m. in Zabriskie Chapel. This quiet, contemplative service typically lasts thirty minutes and offers each worshipper a chance to lift a person, cause, or concern in prayer while learning about any saints the Church is commemorating.

Wednesday Evening Holy Eucharist June 14th @6:30 p.m., Zabriskie Chapel

Online via Zoom: Our Weekly Bible Study Thursday, June 15th @ 10:30 a.m. THE GOSPEL OF MARK

Evening Compline, Friday, June 16th, 8:30 p.m., Online via Zoom

Monthly Saturday Breakfast Bible Study June 17th @ 8:00 AM Held

Online via Zoom: Join Immanuel's monthly Saturday morning Breakfast Bible Study on Saturday, June 17th, the THIRD Saturday of the month. We will meet via Zoom (find this bulletin on our website under the "Worship" tab, then click on the link below) beginning at 8 AM. Our theme this year is *Freedom*; this month we will read **Isaiah 45:1–7** "*I myself shall go before you…I shall shatter the bronze gateways…give you secret treasures…I am the Lord, who call you by your name*." using the African Model of Reflection. For more information, please visit <u>our webpage "Breakfast Bible Study</u>", or contact Chrissie Crosby at cmcfaddencrosby@gmail.com.

Join Zoom Saturday Breakfast Bible Study Meeting / Meeting ID: 959 5450 6553 /Passcode: 027913

SCHEDULE FOR JUNE-JULY 2023 Sign-up to Serve in our Sunday Services ONLINE via Signup Genius



Would you like to serve as a lay minister? If so, please sign-up to serve as a Reader, Intercessor, Usher, Acolyte, Altar Guild, Crucifer and/or Chalice Bearer online via <u>Signup Genius</u> for Immanuel at the link at right: <u>https://www.signupgenius.com/go/10C0E48A4A728A0FAC61-layministry</u>.

If you are a first-timer and need training, please contact Agnes at the office on **Wednesdays from 10:30 a.m. - 2 p.m.** (extension **#206**), or via email at <u>asoos@icoh.net</u>. Finally, if you need training for a particular ministry, please send a request to <u>sparsons@icoh.net</u> or indicate so next to your name on the sheet. Thank

ARE YOU INTERESTED IN MINISTERING TO INMATES WITHOUT HAVING TO STEP INSIDE A JAIL?

Several Immanuelites are meeting with Arlington Jail Chaplain Michelle Reynolds on Monday evening, June 12 at 7:30 in the Upper Room. She will brief us on a program of written Bible study sheets and reflections that interested Christian inmates at Arlington Jail complete as part of an ongoing Bible study program, and for which they need external reviewers/graders. This is a way to engage with and encourage inmates in their faith from outside of jail and prison walls, and is a program of the Good News Jail and Prison Ministry that supports Chaplain Reynolds and most other prison and jail chaplains in the US. If you are interested in learning more, please call or email <u>David Atwood</u> or just show up next Monday June 12 in the Upper Room at 7:30 PM.

Food Drive for ALIVE - EXPANDED Traditionally, Immanuel Church-on-the-Hill has collected canned goods and non-perishable foods for Alive! two months a year. Our last collection in January was a huge success! Let's do it again in JUNE! Traditionally, Immanuel Church-on-the-Hill has collected canned goods and non-perishable foods for Alive! two months a year. Our last collection in January was a huge success! Let's do it again in JUNE! Traditionally, Immanuel Church-on-the-Hill has collected canned goods and non-perishable foods for Alive! two months a year. Our last collection boxes in the narthex either at Immanuel Chapel or Zabriskie during through July 2nd). Especially needed are: Lettis Dried Bans Drista do ante (guestions? Contact Lisa.Clause

SUMMER HIATUS FOR OUR WEDNESDAY NIGHT HOLY EUCHARIST: Our last weekday Eucharist before summer break is scheduled for **June 28^{th.}** We'll resume our weekday worship on Wednesday, September 6th at 6:30 p.m., Zabriskie Chapel. If able, we encourage everyone to attend one of the three remaining services this month.

SENIOR ADULT MINISTRY AND FELLOWSHIP

JUNE 21ST - LUNCHEON AT GOODWIN HOUSE-ALEXANDRIA: Please join us for lively conversation over lunch in the Fillmore Room at Goodwin House-Alexandria. We gather at noon on the third Wednesday, which is June 21st. Please RSVP to Mother Susan at <u>sparsons@icoh.net</u>.

JUNE 22ND - JOIN SENIOR ADULT MINISTRY AND FELLOWSHIP FOR A TRIP TO THE SMITHSONIAN AMERICAN ART MUSEUM (SAAM) on Thursday, June 22 to visit the

<u>SMITHSONIAN AMERICAN ART MUSEUM (SAAM)</u> on Thursday, June 22 to visit the EXPERIENCING AMERICA exhibit. The exhibit is a collection of paintings from the 1930s, created as part of a pilot program for the WPA (Works Progress Administration). You can read more about the collection at the SAAM website by clicking here: <u>https://americanart.si.edu/exhibitions/experience-america</u>. If you can't join us, but would like a taste of the various works, you can view them on youtube by clicking here. <u>https://m.youtube.com/watch?v=jmHEI2Cjfi8&pp=ygU3ZXhwZXJpZW5haW5r</u>

Our van will leave Zabriskie parking lot at 11:30am, stopping at Goodwin House-Alexandria. When we arrive, feel free to either start with lunch (sandwiches and salads) at the Courtyard Café in the atrium between the SAAM and the Portrait Gallery, or to proceed to the exhibit and eat afterwards. There should also be plenty of time to visit other exhibits at the SAAM of the Portrait Gallery during our visit. We will leave the SAAM in order to arrive at Zabriskie (via Goodwin House) no later than 3:30pm. There is no admission fee to the museum, but there will be a \$20 copay to ride in the van.

Please RSVP to Karen Besser to reserve your seat on the van.

JUNE 27TH - FOURTH TUESDAY BROWN BAG LUNCH: Bring your sandwich or salad to our monthly Senior Ministry Bag Lunch on Tuesday, June 27th at 12:15 p.m. for fun and fellowship. Come and hear the initial episode of the recently inaugurated **Episco-pols podcast**, *The Episcopal Church and Federal Advocacy*. We will also take a quick tour through the Policy for Action, an index of Episcopal Church public policy resolutions adopted via General Convention.

There is no cost for this event and no reservation is required. We will provide beverages and dessert.

CLERGY AND STAFF

The Rev. J. Randolph Alexander, Jr. (ralexander@icoh.net)	Rector
The Rev. Susan D. Parsons (sparsons@icoh.net)	
Dr. Jane Tavernier (jtavernier@icoh.net)	Director of Music
Tom Hewson (thewson@icoh.net)	Treasurer
Sughra Bakhtiari (sbakhtiari@icoh.net)	Bookkeeper
Aleta Y. Powell (apowell@icoh.net)	Parish Administrator
Tamika Martin (photosbyt@icloud.com)	Audio Visual Technician
Gilma Balcarcel	Nursery Coordinator
Stuart Dahlinger	Sexton

THE VESTRY

Gerry Anderson Peter Kent	Junior Warden: Building and Grounds, Creation Care Junior Warden: Administration
Amy Thomas	Adult Formation and Discipleship
Brad Ashton	Stewardship and Planned Giving
Mollie Lambert	Outreach
Kathy Lloyd	Senior Ministry
	Children Youth and Family Ministries
Julie Bruns	Pastoral Care
	Social Justice
Taylor Houck	Communications
Caroline Bergmark	Evangelism and Newcomers
	Worship
	Fellowship

SCHEDULE OF SUNDAY WORSHIP SERVICES

8:00 a.m. Holy Eucharist Rite I, Zabriskie Chapel 3606 Seminary Road, Alexandria, VA

10:30 a.m. Godly Play, Side Oratory Chapel inside of Immanuel Chapel10:30 a.m. Holy Eucharist Rite II, Immanuel Chapel 3737 Seminary Road, Alexandria, VA

Online

www.immanuel-on-the-hill.org Immanuel's YouTube channel

PRIESTS ASSOCIATE

The Rev. Dr. J. Barney Hawkins, IV The Rev. Dr. Ruthanna Hooke The Rev. Jan A. Maas The Rev. John R. Smucker The Rev. Dr. Francis H. Wade

Rector Emerita

The Rev. Dr. Margaret Ann (Sam) Faeth



MISSION STATEMENT: Immanuel Church-on-the-Hill is a Christian community in the Episcopal tradition, striving to be in relationship with God and each other as Christ has taught us, actively attempting to sense and to serve God's plan with great love. We are guided by Mark 16:15: "*Go ye into all the world and preach the gospel*," to learn, discern, and proclaim the Good News by being active ministers in the various communities where we live and serve.

Parish Office 3606 Seminary Road, Alexandria, VA 22304 Telephone: 703-370-6555, Fax: 703-370-0837 www.icoh.net

