

THE ALMOND TREE

Immanuel Church-on-the-Hill

The Rev. Mary Sulerud, Interim Rector

June 27, 2012



ICOH CALLS A NEW ASSOCIATE RECTOR: The Wardens and Vestry are delighted to announce that **David M. Crosby has accepted a call to be our new Assistant Rector.** He will be an invaluable help to Interim Rector Mary Sulerud and will allow us to re-energize worship and programming that had to be put on hold in the absence of a second clergy person. David brings energy, enthusiasm and a wealth of experience as an active parishioner himself to his new role.

After a career in IT with VISA, David felt the call to full-time ministry. He is a 2012 graduate of VTS, served as the class sacristan and was ordained a deacon on June 2 by Bishop Ted Gulick. David will be ordained to the priesthood December 15. He will join us **July 16** and will assist with weekly worship services, provide pastoral care and work with both adult and youth education efforts.

Alexandria has long been home to David and his wife Chrissie, who are members of Grace Church, where he served in a variety of roles over the years — as a chorister, altar guild member, Stephen Minister to the sick and home-bound, leader in adult and youth education and as both a Vestry member and Senior Warden.

The "small world" that is the Episcopal Church is alive and well in the Crosbys's tale: David grew up in a Navy family that eventually found its way to Springfield, VA, where the family was active at St. Christopher's — our Deacon Linda Murphy's home church and where former Assistant Peter Ackerman is now Rector (and where parish administrator, Jennifer Addington, also served as parish administrator!). David's father entered Virginia Theological Seminary in 1974, where he was delighted to connect with one particular classmate, a line officer/oceanographer — Chrissie's father! David jokes that theirs is an "arranged marriage," as the Crosbys would inform their son that he would do well to pick one of the lovely classmate's daughters as a wife. Fortunately, says David, Chrissie agreed to the parents' plan.

We are grateful that the Crosbys and their two labs will live in the church rectory for a year while they have some work done on their Alexandria home and while our search for a new Rector proceeds. That will mean Chrissie will have a very short commute too — since retiring from the U.S. Department of Commerce, she is one year into a master's degree program at VTS.

A parish-wide welcome for the Crosbys is planned for Sunday, **July 15th**, following both the 8 a.m. and 10 a.m. services, so please plan to attend.

PASTORAL CARE CORNER: Please remember these parishioners in your prayers: Duncan MacDonald, Morgan, Lloyd Mostrom, Nancy Wise, Bobbie King, Janet Siegrist, Linda Murphy, Mei-Lung DeVight, Will Williams, Jay Fein, Mary Goeser, Catherine, Susan Kernan.

Please also remember in your prayers members of our extended Parish family: : Joan Aldretti, Tim Boyd, Dean and Charlotte Kellogg, Tennille Littleton, Chris Rarick, Susan Shallbetter, Tom Stasz, Bob Davies, Eleanor Boothe Smith, Stephen Miller, Jim Rarick, Irv Schiff, Patricia Smith, Josie Guardipee, Helen Butler, Sam Faeth, Bill Nations, Lawrence Sanchez, Paul, Joan Cummins, Eric Reading, Sr., Cameron, Dylan Rehnke, Sue Rehnke, Laurie, Caitlin Rivers, Patricia Ryan, Chris Stanek, Dana Hengst, Karen Beattie, Lois and Don McCorvie, Anthony Christino, Jr., Dru Eckard, Jessica Goodwyn; Grafton and Elesa McFaddon.

Serving our country at home and abroad: Todd Bates, Paul Bednar, Yolanda Bednar, Tom and Anne Duffy, Liza Conrad, John Patrick Miller.

Pray for the search and transition process for Immanuel Church as we seek a new rector.

CHANGES TO SUNDAY PRAYER LIST:

We would like to be adding prayers for anniversaries (in addition to birthdays) and also, as requested, prayers for those who have special needs (which do not need to be specified) as well as those who are traveling. Please call or email Jennifer in the parish office with any prayer requests you may have.

ARE YOU TRAVELING THIS SUMMER?

Please bring home Sunday bulletins and/or newsletters from any church you may visit – we are always glad to see what others of our faith are doing! Travel safely wherever your vacations take you. – and please don't forget your pledge to Immanuel.

ALIVE! A big “thank you” to everyone who brought food or sent checks for the ALIVE! Food Pantry in June. As always, it was very much needed and gratefully received.

COLLEGE GIRL SEEKS SUMMER WORK

Attention ICOH members: Need a babysitter or dog-sitter in the upcoming summer months? Or help around the house (cleaning out a closet, groceries, yard work, errands..)? My name is Samantha Taggart and some of you know me from attending ICOH since I was a little girl. I am now 19 years old, entering my third year at UVa, and I am looking for summer work opportunities! I have babysitting experience with children ranging from 4 months to 13 years old and lots of other skills that might come in handy including driving, gardening and cooking. I come with my own car! I will be home for most of June, July, and August, so please let me know if you have potential dates in mind. Rates negotiable. Contact me in care of my mom, Martha Taggart, at SnyTagComm@aol.com or (703) 314-3207 (emails preferred). Thanks!

GETTING MORE OUT OF YOUR SUNDAY WORSHIP

Reflecting on the scripture for the Sunday service by participating in the Circle of Quiet is a wonderful way to enrich your worship. Each Sunday, parishioners meet in the vestry room at 9:05 a.m. to read, pray silently, and reflect upon one of the scripture passages appointed in the lectionary for that Sunday. Circle of Quiet begins with conversation among participants followed by an explanation of the type of meditation for that day. The scripture passage for the day is read and participants focus on that passage in silent prayer for fifteen minutes. At the conclusion of the silent meditation, participants may or may not choose to share an insight from their prayer time. Parishioners who attend the 10:00 service find that reflecting on the scripture in a quiet, slow-paced setting before it is read during the service infuses the reading with much more meaning and depth than they would get just hearing the scripture for the first time during the service. Those who attend the 8 a.m. service indicate that the meditation period helps them deepen their worship experience by giving them time to reflect on what went by fairly quickly during the service. In busy and stress filled lives, a time of quiet to listen for the voice of God in our lives is a wonderful gift to give yourself, and to those around you. Parishioners are welcome to participate in the Circle of Quiet whenever their schedules permit.

THE MEANING OF SUNDAY

A familiar hymn describes the biblical and liturgical meaning of Sunday:

O day of radiant gladness, O day of joy and light,
O balm of care and sadness, most beautiful, most bright...
This day at the creation, the light first had its birth;
this day for our salvation Christ rose from depths of earth;
this day our Lord victorious the Spirit sent from heaven,
and thus this day most glorious a triple light was given.

The Hymnal 1982, Hymn 48. Words: Christopher Wordsworth, alt.

The Day of Creation, the Day of Resurrection, the Day of the Spirit—the Lord’s Day is all of these, and for that reason it is the day of celebration for the church. So it is also the baptismal day and the eucharistic day. It used to be said that every Sunday is a little Easter. Another way of saying this is suggested by the Roman Catholic writer, Aidan Kavanagh: Easter is a big Sunday.

It was the overwhelming significance of the first day of the week which led the first Christians to go beyond the Old Testament, which had set Saturday (the Sabbath) as the day holy to God, and to establish the first day of the week as the Lord’s Day. The earliest Jewish Christians continued to keep the Sabbath, but they also gathered on the first day of the week to celebrate the Eucharist. Later Christians moved the celebration of Christ’s resurrection from Passover to the Sunday following.

As the distinctively Jewish portion of the church was absorbed into the larger church, certain Sabbath customs began to be merged with the celebration of the Lord’s Day. For instance, just as the Sabbath begins at sunset on Friday, the early Christians began the Lord’s Day at sunset on Saturday—a custom still preserved in our liturgy: in the keeping of eves of Holy Days; in using the Collect for the next day at Evening Prayer on Saturdays; and, of course, in the church’s celebration of Easter, which begins after sunset on Holy Saturday in the Great Vigil of Easter.

In various periods in the past, particularly when puritanism was strong, there came to be the sort of rigid legalism about keeping Sunday as a day of rest which Jesus had criticized in the Sabbath observances of the Pharisees. This attitude included the idea that to take part in activities which are fun is out of order on Sundays. It has also tended to encourage Christians to look down on those who cannot keep Sunday as a day of rest because of their work.

It may help modern Christians understand the meaning of Sunday to know that the early Christians referred to Sunday as the “Eighth Day.” There being no eighth day of the week in our human scale of time, this expressed the notion of the Lord’s Day as the day which transcends time and space—a day which takes us beyond our life in this world and into the life of the kingdom, the eternal day of Christ. This, by the way, is why many baptismal fonts are eight-sided—because Baptism is the way we enter into eternal life, into the Eighth Day.

As we celebrate each of these Sundays, then, we have the opportunity to reflect on God’s Word in an orderly and comprehensive way. We also find ourselves being made the living and visible sign of God’s kingdom in this world. All that we heard and said and did, from Advent through Pentecost, is summed up in our Sunday celebrations. We, the people of God, are made fruitful, and we are equipped to live in Christ and to reveal him to this world.

From *The Rite Light: Reflections on the Sunday Readings and Seasons of the Church Year*. Copyright © 2007 by Michael W. Merriman. Church Publishing Incorporated, New York.



07/01 Nancy Kelly
07/01 Stefanie Reponen
07/01 Beth McGahuey
07/01 Garrett Clausen
07/01 Ben Wilson
07/02 Beth Pruet
07/02 Peter Maratta
07/02 Scott Manson
07/02 Christopher Paul
07/03 Ginny Winslett
07/03 Thomas Rainey
07/04 Paul Cummins
07/04 Beatriz Richter
07/05 Kathleen Davis
07/05 Madeline Davis
07/06 Jeanne Murray
07/06 Matthew Ingold
07/06 Emily Kell
07/07 Maurice O'Connor
07/07 Elizabeth Lambert
07/07 Robert Coleman
07/07 Allen Kellogg
07/08 Douglas Ricketts
07/08 Gillian Good
07/08 Elizabeth Drennon
07/09 Jeff Gehrs
07/09 Jim Chesson
07/09 Sophie West
07/09 Kara Kachejian
07/10 Frank Kozuch
07/10 Gillian Boam
07/11 Rosi Stewart
07/11 Henley Guild
07/11 Nellie Vega
07/12 Lloyd Mostrom
07/12 Mary Bruce Batte
07/12 Monica Bellais
07/12 Susan Warlick
07/12 Ava Hobson
07/13 Bryant Mitchell
07/13 Jen Ashline
07/13 Ashley Michaelis
07/14 Jan Kell
07/14 Lily Clausen
07/14 Cara Swisher
07/15 Matthew Sexton
07/15 Christopher Turnbull
07/16 Caroline Kruger

07/17 Rosalie Cooper
07/18 Evelyn Styles
07/18 Ed Yoder
07/18 Linda Murphy
07/18 Karey Starnes
07/18 Rich Ellis
07/18 Will Patton
07/18 McClain Moran
07/18 Alex Hambrick
07/19 Kitty Montie
07/19 Andrew Brodhead
07/19 Rachael Knapp
07/19 Claire Toman
07/20 Eloise Payne
07/20 William Gould
07/21 Nancy Reuschel
07/21 Regan Ralph
07/22 Win Huffman
07/22 Dean Johnson
07/22 Drew Low
07/23 Suzanne Houck
07/23 Zan Gifford
07/24 Biz Van Gelder
07/24 Edward King
07/24 Anne Wilkes
07/24 Will Henry
07/25 C.T. Forrester
07/25 Alison Rhoades
07/25 Paige Packard
07/26 Eliza Fite
07/27 Steve Brown
07/27 James Williams
07/28 Dick Hobson
07/29 Kathleen Ford
07/29 Joseph Ford
07/29 Darrell Wilson
07/29 Eneida Balcarcel
07/29 Corey Wargo-Bergmark
07/30 Byron Hepburn
07/30 Martin Sullivan
07/31 Jack McQuesten
07/31 Nancy Wise
07/31 Christopher Henry

Watch over thy child, O Lord, as *his* days increase; bless and guide *him* wherever *he* may be, keeping *him* unspotted from the world. Strengthen *him* when *he* stands; comfort *him* when discouraged or sorrowful; raise *him* up if *he* fall; and in *his* heart may thy peace which passeth understanding abide all the days of *his* life; through Jesus Christ our Lord. *Amen.*

We hope never to miss a birthday – but there are some we don't know about. Forgive us when we do miss your birthday, and let us know so we don't do it again. Happy birthday to all!



Christmas Families in August: Alexandria, Dominican Republic, Haiti

Sign on to help children with school supplies!

Every fall some Alexandria school children go off to school without the supplies they need. They don't have backpacks, notebooks, crayons, pencils, scissors, or the money for gym uniforms and fees. Maybe not having school supplies doesn't seem like such a terrible hardship. But take a moment to think back to your own childhood. Remember how excited you were to pick out your supplies, making sure to get just the right color of notebook, Now picture the hurt on a child's face

when he or she learns their family can't afford to buy all the school materials they need.

We can alleviate that problem for many children through our "Christmas Families in August" project. Families in need are identified by Alexandria Child Protective Services. At any time between Sunday, June 10 through Sunday, August 5, you can sign up to help a family with some or all of the needed school supplies; several Immanuel families may want to sign up together to help one large family. The sign-up boards are in the Narthex of Zabriskie Chapel (please put your name and phone number with the family you choose and take from the manila folder the corresponding sheet with the names and a list of items suggested for each grade level). Please bring the school supplies to church on or before Sunday, August 12. (For students for whom Mt Vernon or Tucker Elementary School is noted, the deadline is **Sunday, July 22**, because they start on August 1.) We will also have a box for collecting any additional school supplies, especially backpacks (new or used and in good shape).

You can also donate money for this project, at the special collections on July 15 and August 19 (or anytime between now and August 19). Checks should be made out to Immanuel Church-on-the-Hill and marked "XFAM". One third of the money will be given to Child Protective Services and Community Lodgings (for children in their after-school program) to help even more children, **the other two-thirds will go to Episcopal schools in the Dominican Republic and Haiti**, where, as Immanuel's mission group reports, the lack of school supplies seriously impedes learning.

Let us give all children a good start in the new school year!


Lissa Soergel (703-823-2840, 703-869-9848, <lissa@whollygenes.com>)

Dagobert Soergel (703-823-2840, 703-585-2840, dsoergel@umd.edu)

Julie Bruns (703-534-7913, <drbruns@bellatlantic.net>)

Linda Serabian (703-836-4670, <serabian@somaarchitects.com>)

JULY 2012

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 8:00 AM HE-I, Chapel 9:00 AM Sunday School 9:05 AM Circle of Quiet, Vestry Room 10:00 AM Holy Eucharist II, Chapel	2 11:00 AM Qi gong, Parish Hall 7:30 PM - 8:45 PM Yoga, Parish Hall	3	4  OFFICE CLOSED 6:30 AM Early Christians, Fairchild	5 7:30 PM - 9:00 PM Discernment Group, Vestry Room	6 12:30 PM Muslim Worship, Parish Hall 8:30 PM AA, Fairchild	7 10:00 AM - 2:00 PM Prevention training, full, Parish Hall 6:00 PM - 8:00 PM Dignity, Zabriskie
8 8:00 AM HE-I, Chapel 9:00 AM Sunday School 9:05 AM Circle of Quiet, Vestry Room 10:00 AM Holy Eucharist II, Chapel	9 11:00 AM Qi gong, Parish Hall 7:30 PM - 8:45 PM Yoga, Parish Hall	10 6:30 PM Vestry, Vestry Room	11 6:30 AM Early Christians, Fairchild	12 7:00 PM - 9:00 PM Prevention training, abbreviated, Parish Hall 7:15 PM - 9:00 PM AA, Vestry Room	13 TAT deadline 12:30 PM Muslim Worship, Parish Hall 8:30 PM AA, Fairchild	14 6:00 PM - 8:00 PM Dignity, Zabriskie
15 8:00 AM HE-I, Chapel 9:00 AM Sunday School 9:05 AM Circle of Quiet, Vestry Room 10:00 AM Holy Eucharist II, Chapel	16 11:00 AM Qi gong, Parish Hall 7:30 PM - 8:45 PM Yoga, Parish Hall	17 6:30 PM Knitting Group, 1823 Pub/VTS 10:30 PM - 12:00 AM Muslim Ramadan Worship, Parish Hall	18 6:30 AM Early Christians, Fairchild 9:00 AM TAT mailing 10:30 PM - 12:00 AM Muslim Ramadan Worship, Parish Hall	19 10:30 PM - 12:00 AM Muslim Ramadan Worship, Parish Hall	20 12:30 PM Muslim Worship, Parish Hall 8:30 PM AA, Fairchild 10:30 PM - 12:00 AM Muslim Ramadan Worship, Parish Hall	21 6:00 PM - 8:00 PM Dignity, Zabriskie 10:30 PM - 12:00 AM Muslim Ramadan Worship, Parish Hall
22 8:00 AM HE-I, Chapel 9:00 AM Sunday School 9:05 AM Circle of Quiet, Vestry Room 10:00 AM Holy Eucharist II, Chapel 10:30 PM - 12:00 AM Muslim Ramadan Worship, Parish Hall	23 11:00 AM Qi gong, Parish Hall 6:30 PM Knitting Group, 1823 Pub/VTS 6:30 PM Knitting Group, 1823 Pub/VTS 7:30 PM - 8:45 PM Yoga, Parish Hall 10:30 PM - 12:00 AM Muslim Ramadan Worship, Parish Hall	24 10:30 PM - 12:00 AM Muslim Ramadan Worship, Parish Hall	25 6:30 AM Early Christians, Fairchild 10:30 PM - 12:00 AM Muslim Ramadan Worship, Parish Hall	26 10:30 PM - 12:00 AM Muslim Ramadan Worship, Parish Hall	27 12:30 PM Muslim Worship, Parish Hall 8:30 PM AA, Fairchild 10:30 PM - 12:00 AM Muslim Ramadan Worship, Parish Hall	28 6:00 PM - 8:00 PM Dignity, Zabriskie 10:30 PM - 12:00 AM Muslim Ramadan Worship, Parish Hall
29 8:00 AM HE-I, Chapel 9:00 AM Sunday School 9:05 AM Circle of Quiet, Vestry Room 10:00 AM Holy Eucharist II/Baptisms, Chapel 10:30 PM - 12:00 AM Muslim Ramadan Worship, Parish Hall	30 11:00 AM Qi gong, Parish Hall 7:30 PM - 8:45 PM Yoga, Parish Hall 10:30 PM - 12:00 AM Muslim Ramadan Worship, Parish Hall	31 10:30 PM - 12:00 AM Muslim Ramadan Worship, Parish Hall	1 6:30 AM Early Christians, Fairchild 10:30 PM - 12:00 AM Muslim Ramadan Worship, Parish Hall	2 10:30 PM - 12:00 AM Muslim Ramadan Worship, Parish Hall	3 12:30 PM Muslim Worship, Parish Hall 8:30 PM AA, Fairchild 10:30 PM - 12:00 AM Muslim Ramadan Worship, Parish Hall	4 6:00 PM - 8:00 PM Dignity, Zabriskie 10:30 PM - 12:00 AM Muslim Ramadan Worship, Parish Hall

SAVE THE DATES: Prevention of Child Abuse Training offered by diocesan trainer, Carol Robinson, ICOH Parish Hall:

Saturday, July 7, 9 A.M – 12:30 p.m., full course*

Thursday, July 12, 6:30 p.m. - 7:00 – 9:00 p.m., abbreviated course**

*All full and part time staff, paid and volunteer, youth leaders, paid and volunteer must take this course.

** All Sunday School teachers, Godly Play teachers, people whose certificates are 10 years old or older (vestry, staff) must take this course. Other dates will be announced for later in the summer.

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<http://www.icoh>

ADDRESS SERVICE REQUESTED

UPCOMING ALMOND TREE SCHEDULE

July and August only one issue the middle of each month

Lectionary Readings and Schedule of Services



July 1, Fifth Sunday after Pentecost, Independence Day (observed)

Isaiah 26:1-8; Psalm 47; Romans 13:1-10; Mark 12:13-17

8:00 a.m., HEI, 10:00 a.m., HEII

July 8, Sixth Sunday after Pentecost

Ezekiel 2:1-5; Psalm 123; 2 Corinthians 12:2-10; Mark 6:1-13

8:00 a.m., HEI, 10:00 a.m., HEII

July 15, Seventh Sunday after Pentecost

2 Samuel 6:1-5, 12b-19; Psalm 24; Ephesians 1:3-14; Mark 6:14-29

8:00 a.m., HE I, 10:00 a.m., HEII