

THE ALMOND TREE

Immanuel Church-on-the-Hill

The Rev. Mary Sulerud, Interim Rector

July 18, 2012



Dear Friends in Christ,

I learned two things about this congregation very early in my time here. First, ICOH is a very generous church in giving financially. I write that as we stand nearly at the 95% mark of an ambitious capital campaign to raise \$1 million. We have sustained our annual giving and your hearts have opened wide to support the needs of school children locally and in the Dominican Republic and Haiti. Second, the people of ICOH have no shortage of brilliant ideas about programs and ministries that could be attempted or revived. It is a richly blessed place to be as an interim rector.

The problem is all of our dollars and all of our good ideas aren't worth much without the gift of committed volunteer time and talent. For a moment let me talk out of the other side of "my mouth" having only just a month ago "preached" about making space for Sabbath time as a much-needed spiritual discipline. I meant what I wrote about that and plan on taking a vacation right along with the rest of you. However when I return in early August here are the volunteer vacancies that we are facing:

- | | |
|--|-------------------------------------|
| --Christmas Pageant coordinator | --Webmaster |
| --Sunday school teachers | --School for the Spirit coordinator |
| --Annual giving campaign workers | --Adult forum coordinator |
| --Pumpkin Patch schedulers and on site workers | --Acolytes |
| --Revival of a hospitality committee | --Mission trip volunteers |
| --Altar Guild members | --Coffee Hour hosts |
| --Godly Play volunteers | --Harvest Dinner organizers |
| -- Youth group workers | --Youth/family choir members |
| --Volunteers to bring bread for Sunday Eucharist | --Garden volunteers |

I haven't included on the list that we will be looking for new vestry members next year as well. There are probably many needs that I have missed. These are the opportunities that have been made abundantly clear to me.

Now it's up to us to look at the resource that I think we find most difficult to give, our time and make an offering in love for the incredible ministries of ICOH. Many of these opportunities require a very limited amount of time given once a month or less. Even the more extensive time commitments are supported fully by the staff and current volunteers so that people are well trained and organized. Our worship is holy time and equally true our time spent together as ministers of the gospel is holy time. The harvest is indeed plentiful. It would be wonderful if the laborers weren't quite so few.

God's peace,
Mary

PASTORAL CARE CORNER: Please remember these parishioners in your prayers: Duncan MacDonald, Morgan, Lloyd Mostrom, Nancy Wise, Janet Siegrist, Linda Murphy, Mei-Lung DeVight, Will Williams, Jay Fein, Mary Goeser, Catherine, Susan Kernan, Mary.

Pray for those who have died: Frances Urbine, mother of Rosi Stewart

Please also remember in your prayers members of our extended Parish family: Joan Aldretti, Tim Boyd, Dean and Charlotte Kellogg, Tennille Littleton, Chris Rarick, Susan Shallbetter, Tom Stasz, Bob Davies, Eleanor Boothe Smith, Stephen Miller, Jim Rarick, Irv Schiff, Patricia Smith, Josie Guardipee, Helen Butler, Sam Faeth, Bill Nations, Lawrence Sanchez, Paul, Joan Cummins, Eric Reading, Sr., Cameron, Dylan Rehnke, Sue Rehnke, Laurie, Caitlin Rivers, Patricia Ryan, Chris Stanek, Dana Hengst, Karen Beattie, Lois and Don McCorvie, Anthony Christino, Jr., Dru Eckard, Jessica Goodwyn, Grafton and Elesia McFadden, Mike Hart, Jane Burton, Marsha Porter, Liz McLeod, Laura.

Serving our country at home and abroad: Todd Bates, Paul Bednar, Yolanda Bednar, Tom and Anne Duffy, Liza Conrad, John Patrick Miller.

Pray for the search and transition process for Immanuel Church as we seek a new rector.

CHANGES TO SUNDAY PRAYER LIST:

We would like to be adding prayers for anniversaries (in addition to birthdays) and also, as requested, prayers for those who have special needs (which do not need to be specified) as well as those who are traveling. Please call or email Jennifer in the parish office with any prayer requests you may have.

CHRISTMAS FAMILIES IN AUGUST: ALEXANDRIA, HAITI, DOMINICAN

REPUBLIC Thanks to the 35 parish families who have signed up to provide school supplies to children in a family in need. It is not too late to sign up; the sign-up boards and sheets with the family information and instructions are in the Narthex.

Please bring the school supplies to either service on Sunday, August 12 or before that to the parish office or to the Soergel home, 504 North Quaker Lane, entrance Trinity drive (two blocks south of the church; call first, 703-869-9848 or 703-823-2840 or 703-585-2840).

The second special collection is also on August 12 (not August 19 as previously announced, but contributions received after August 12 will still go to the right place). Please mark checks XFAM.

WHO DO YOU KNOW WHOSE VISION AND ENERGY HAS IMPROVED LIFE IN

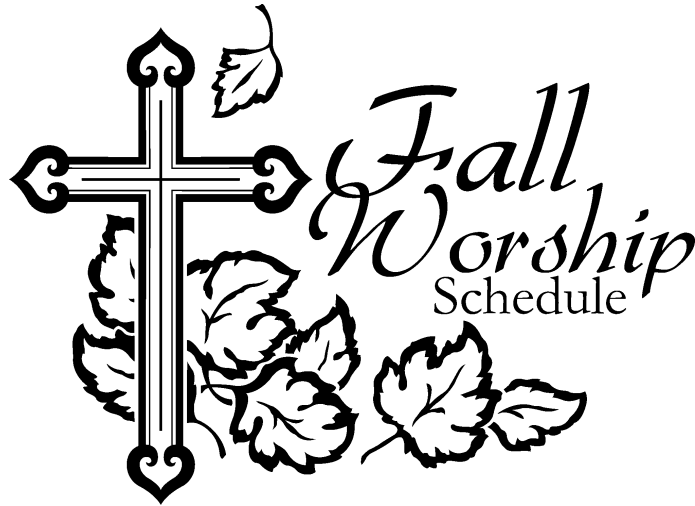
ALEXANDRIA? Living Legends of Alexandria is seeking nominations in order to recognize Alexandria's Living Legends through 2013.

There are two nomination categories:

- (1) Those who have contributed at least one tangible improvement to the quality of the city's life that would likely be missing without this person's vision and energy.
- (2) Those demonstrating exemplary service to the city over an extended time (ten years or more) especially service on Boards, Commissions, Committees or Service Organizations that improve the quality of life in Alexandria.

Nominees must live *or* work in Alexandria. Those currently running for or holding political office are not eligible for consideration. The contributions of City employees should be beyond the responsibilities of their jobs.

See www.AlexandriaLegends.com or call 703-625-2330 for a nomination form to explain why you consider this person a Living Legend. Send your nominations no later than November 15th to Living Legends, P.O. Box 10485, Alexandria, VA 22310.



TWO CHANGES IN WORSHIP SCHEDULE COMING THIS FALL:

Beginning Sunday, September 16, Immanuel will return to the three-service Sunday worship schedule that we followed until the Seminary Chapel fire of October 2010:

- 8:00 a.m., Rite I, a contemplative service without music
- 9:00 a.m., Rite II
- 10:00 a.m., Education hour (Sunday School and Adult Forum Hour)
- 11:15 a.m., alternating Rite I and II, and perhaps Morning Prayer on the second and fourth Sundays, or healing services with Holy Eucharist.

For about one-third of the year — summers, Pumpkin Sunday, most of January— we will resume a joint service at 10 a.m.

And beginning September 12th, the Rev. Mary Sulerud and our new Assistant Rector David Crosby will hold a mid-week worship service at 6:30 p.m. on Wednesdays.

A number of parishioners and Vestry members — individually, at our annual parish meetings and in the recent listening sessions led by Rev. Mary Sulerud — asked our clergy for these changes. Not only are three services an important part of our history and tradition, they are vital to our future as a parish. The 10:00 a.m. service currently draws a capacity crowd of 150 or more. When people see a full chapel and overflowing parking lot, they don't feel there is a place for them, and many have left. This is especially true for visitors and newcomers. As a result, our weekly average attendance is eroding from 300 a few years ago to around 250 at present. The 10 a.m. service also presented challenges to the Sunday School program, which saw attendance slip 25 to 30 percent after the fire. Continued erosion will affect our viability as a parish.

Restoring a third service offers opportunities to experiment and enrich the worship experience for both adults and children: Morning Prayer combined with the Holy Eucharist, regular services of Healing with Holy Eucharist, occasional Jazz Masses, Morning Prayer with interfaith guests, and Holy Eucharist with young musicians. We may also experiment with the timing of the third service, perhaps scheduling an occasional service on Saturday evening or Sunday afternoon. We will try some things, old and new, and not assume that any particular worship pattern is the “norm.”

These are exciting and invigorating changes in our life as a worship community, and we need everyone's help to make them a success. We will need additional acolytes, ushers, Altar Guild members, choristers, bread makers, and readers. If you can serve in any of these areas, please contact your Worship Stewards, Laura Snow (thesnowfamily@verizon.net) and Brooke Roberts (brookeroberts2001@yahoo.com).



OUR RECTOR SEARCH BEGINS WITH YOU The first phase of our discernment process is a self-study. Mary began this process at Shrinemont, continuing with sessions at church, asking our input on "where we have been and where we see ourselves in the future." Our self-study will be vital to preparation of a parish profile. That profile will become our public representation of ICOH, as we define ourselves, so that prospective rector candidates can discern whether they might be called to apply.

More "listening sessions" are being scheduled, and all are invited to attend. Sign-ups for Sunday sessions are in the Narthex. (They will run through Labor Day weekend.) We need at least 6 attendees in order to confirm a session, and we can schedule weekday sessions if the need is evident. Meetings will last no longer than an hour and input will be written down.

The Diocese establishes and guides the entire Discernment Process for calling clergy, and we follow its guidance for each phase. Thus, the listening sessions will be structured with about 6 specific questions for you to consider, so that we can refine our views on the needs of our parish. Two Search Committee members will attend each session to guide discussion and document the input.

Are you new to ICOH? Are you a long-time member? Your views matter and we want to hear from you. These sessions will be informal and interesting. Please join us.

Your Search Committee: Caroline Bergmark, Tom Brown, Governor Burke, Jim Clausen, Carrie Cuddy, Barbara Currie, Tom Harris, Doug Henry, Wendy John, Eileen Kirby, Chandley McDonald, Martha Sedgwick

SAVE THE DATES:

Prevention of Child Abuse Training – full course, August 22, 2012. **St. Andrew's Burke**, 6:30 – 9:45 p.m.

Prevention of Child Abuse Training – abbreviated course, September 8, 2012, **St. Andrew's, Burke**, 9 – 10:30 a.m.

Prevention of Child Abuse Training – abbreviated course, September 12, 2012, **ICOH**, 6:30 – 8:00 p.m.

Prevention of Adult Abuse and Misconduct, full course, August 29, 2012, **ICOH**, 6:30 – 9:45 p.m.

Register for any of these courses at www.thediocese.net.

AUGUST 2012

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29 8:00 AM HE-I, Chapel 9:05 AM Circle of Quiet, Vestry Room 10:00 AM Holy Eucharist I, Chapel 10:30 PM - 12:00 AM Muslim Ramadan Worship, Parish Hall	30 11:00 AM Qi gong, Parish Hall 7:30 PM - 8:45 PM Yoga, Parish Hall 10:30 PM - 12:00 AM Muslim Ramadan Worship, Parish Hall	31 10:30 PM - 12:00 AM Muslim Ramadan Worship, Parish Hall	1 6:30 AM Early Christians, Fairchild 8:20 AM - 11:35 AM Senior Exercise classes, Parish Hall 10:30 PM - 12:00 AM Muslim Ramadan Worship, Parish Hall	2 10:30 PM - 12:00 AM Muslim Ramadan Worship, Parish Hall	3 8:20 AM - 11:35 AM Senior Exercise classes, Parish Hall 12:30 PM Muslim Worship, Parish Hall 8:30 PM AA, Fairchild 10:30 PM - 12:00 AM Muslim Ramadan Worship, Parish Hall	4 6:00 PM - 8:00 PM Dignity, Zabriskie 10:30 PM - 12:00 AM Muslim Ramadan Worship, Parish Hall
5 8:00 AM HE-I, Chapel 9:05 AM Circle of Quiet, Vestry Room 10:00 AM Holy Eucharist II, Chapel 10:30 PM - 12:00 AM Muslim Ramadan Worship, Parish Hall	6 11:00 AM Qi gong, Parish Hall 7:30 PM - 8:45 PM Yoga, Parish Hall 10:30 PM - 12:00 AM Muslim Ramadan Worship, Parish Hall	7 10:30 PM - 12:00 AM Muslim Ramadan Worship, Parish Hall	8 6:30 AM Early Christians, Fairchild 8:20 AM - 11:35 AM Senior Exercise classes, Parish Hall 10:30 PM - 12:00 AM Muslim Ramadan Worship, Parish Hall	9 10:30 PM - 12:00 AM Muslim Ramadan Worship, Parish Hall	10 TAT deadline 8:20 AM - 11:35 AM Senior Exercise classes, Parish Hall 12:30 PM Muslim Worship, Parish Hall 8:30 PM AA, Fairchild 10:30 PM - 12:00 AM Muslim Ramadan Worship, Parish Hall	11 6:00 PM - 8:00 PM Dignity, Zabriskie 10:30 PM - 12:00 AM Muslim Ramadan Worship, Parish Hall
12 8:00 AM HE-I, Chapel 9:05 AM Circle of Quiet, Vestry Room 10:00 AM Holy Eucharist II, Chapel 1:30 PM Lay Reader/Chalice training, Chapel 10:30 PM - 12:00 AM Muslim Ramadan Worship, Parish Hall	13 11:00 AM Qi gong, Parish Hall 6:30 PM Vestry Retreat/Dinner 7:30 PM - 8:45 PM Yoga, Parish Hall 10:30 PM - 12:00 AM Muslim Ramadan Worship, Parish Hall	14 10:30 PM - 12:00 AM Muslim Ramadan Worship, Parish Hall	15 6:30 AM Early Christians, Fairchild 8:20 AM - 11:35 AM Senior Exercise classes, Parish Hall 9:00 AM TAT mailing 10:30 PM - 12:00 AM Muslim Ramadan Worship, Parish Hall	16 10:30 PM - 12:00 AM Muslim Ramadan Worship, Parish Hall	17 8:20 AM - 11:35 AM Senior Exercise classes, Parish Hall 12:30 PM Muslim Worship, Parish Hall 8:30 PM AA, Fairchild 10:30 PM - 12:00 AM Muslim Ramadan Worship, Parish Hall	18 6:00 PM - 8:00 PM Dignity, Zabriskie 10:30 PM - 12:00 AM Muslim Ramadan Worship, Parish Hall
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26 8:00 AM HE-I, Chapel 9:05 AM Circle of Quiet, Vestry Room 10:00 AM Holy Eucharist I, Chapel	27 11:00 AM Qi gong, Parish Hall 6:30 PM Knitting Group, 1823 Pub/VTS 7:30 PM - 8:45 PM Yoga, Parish Hall	28	29 6:30 AM Early Christians, Fairchild 8:20 AM - 11:35 AM Senior Exercise classes, Parish Hall 6:30 PM - 9:45 PM Adult Prevention Training	30	31 8:20 AM - 11:35 AM Senior Exercise classes, Parish Hall 12:30 PM Muslim Worship, Parish Hall 8:30 PM AA, Fairchild	1 6:00 PM - 8:00 PM Dignity, Zabriskie



08/01 Lynn Dutton
08/01 David Duncan
08/01 Ken Mason
08/01 Julia Hunger
08/02 Vicki McCauley
08/02 Susie Kelly
08/02 Sheila Smith
08/03 Lois Kling
08/04 Jeff Cook
08/04 Samantha Taggart
08/05 Ruth McQuesten
08/05 Crissy O'Donnell
08/06 Randy Curtis
08/06 Leef Barnes
08/06 Wade Greiner
08/07 Cynthia Dolvin
08/07 Mary-Jo Cooney
08/07 Yvonne Pover
08/07 Cameron Conklin
08/08 Ann Huntington
08/09 Mimi Carter
08/10 Betsy Perkins
08/10 Mable Randolph
08/10 Callie Curtis
08/11 John Schnedl
08/11 Mark Shaver
08/11 Sylvia Glauster
08/11 Cole Wirth
08/12 Governor Burke
08/12 Jennifer Greiner
08/12 Ava Reiner
08/13 Peter Bolton
08/13 Rod Grandon
08/13 Xiaoqing Boynton
08/13 Cathleen Martin
08/14 Jean Raymond
08/14 Annie Lou Doster
08/14 Brian Chesney
08/14 James Byron
08/15 Paul Smyth
08/16 Kay Hobson
08/16 Bobbie King
08/16 Susan Sheets
08/16 Alice Kachejian
08/16 Reed Brodhead
08/16 Madeline Forrester
08/16 Bethy Fein
08/16 Yancey Kruger
08/16 Ethan Butcher

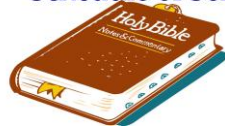
08/17 Barbara Williams
08/17 Hilary Shostal
08/17 Jennifer Jones
08/17 Meg Rath
08/18 Marty Christino
08/19 Mark DeMulder
08/19 Kathryn Kachejian
08/20 Susan Johnson
08/20 Jonie Eaton
08/20 Greg Rainey
08/20 Alex Brown
08/21 Jacqueline Calnan
08/21 Melissa Low
08/21 Elizabeth Mason
08/21 Chloe Maratta
08/21 Stephen Kellogg
08/22 Tim Moore
08/22 Jen Kinsella
08/23 Harvey Palmer
08/23 Peggy Roth
08/23 Carol Gabriel
08/23 Lindsay McGahuey-Yates
08/24 Mary McCormack
08/24 Lee Wallace
08/24 Catherine Sinclair
08/24 Laura Cohn
08/24 Christian Bowers
08/24 Riley Larson
08/25 Linda Donahue
08/25 Terry Arnold
08/25 Jennifer Addington
08/25 Susan Dovell-Maynard
08/25 Levi Hall
08/25 Brooke Hall
08/26 Jean Schnedl
08/26 Ruth Bridges
08/27 Mary Wade
08/28 Jane Tavernier
08/28 Sally Guy Brown
08/28 Jeff Collison
08/28 Owen Larson
08/29 Linda England
08/29 John Jones
08/29 Lynn Latimer
08/30 Bob Murray
08/30 Vicki Dearborn
08/30 Emma Cuddy
08/30 Ryan Harris
08/31 Bette Davis
08/31 Moira Ricketts
08/31 William Cook
08/31 Summerson Houck

Watch over thy child, O Lord, as *his* days increase; bless and guide *him* wherever *he* may be, keeping *him* unspotted from the world. Strengthen *him* when *he* stands; comfort *him* when discouraged or sorrowful; raise *him* up if *he* fall; and in *his* heart may thy peace which passeth understanding abide all the days of *his* life; through Jesus Christ our Lord. *Amen.*

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3606 Seminary Road
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office@icoh.net
http://www.icoh

ADDRESS SERVICE REQUESTED

Lectionary Readings and
Schedule of Services



July 22, Eighth Sunday after Pentecost, Proper 11

2 Samuel 7:1-14a, Psalm 89:20-37, Ephesians 2:11-22, Mark 6:30-34, 53-56
8:00 a.m., HEI, 10:00 a.m., HEII

July 29, Ninth Sunday after Pentecost, Proper 12

2 Kings 4:42-44, Psalm 145:10-19, Ephesians 3:14-21, John 6:1-21
8:00 a.m., HEI, 10:00 a.m., HEII/Holy Baptism

August 5, Tenth Sunday after Pentecost, Proper 13

2 Samuel 11:26—12:13a, Psalm 51:1-13, Ephesians 4:1-16, John 6:24-35
8:00 a.m., HE I, 10:00 a.m., HEII