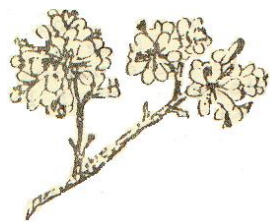


# THE ALMOND TREE

## Immanuel Church-on-the-Hill

The Rev. Mary Sulerud, Interim Rector  
The Rev. David Crosby, Assistant Rector  
Jennifer Addington, Editor



September 26, 2012

**THIS AND THAT:** It has been anything but a quiet fall here at ICOH. I want to take a moment to catch my breath and say thank you to all of you for being willing to expand our worship life, our educational offerings for young people and adults, for generously giving to a highly successful capital campaign, for back to school supplies that filled all the available space around the altar, for welcoming David and Chrissie Crosby into the fold, for Linda Murphy's presence among us again, for our associated clergy Barney Hawkins, Gideon Pollach and soon once again Frank Wade and the gift of their ministry at the altar and in the pulpit, for putting on a dazzling Homecoming Show, for a parish profile in the works, for making meals for Carpenter's Shelter, for being ready to start the annual giving campaign early, and for finding all of your orange and black clothes in the closet so that you can appropriately sell pumpkins. What a treasure you are! How I envy your new rector...

I have been asked by several people to bring us all up to speed about some new worship twists and turns that are now a part of our lives. First, perhaps you have noticed in the weekly calendar any number of saints' names, feast days and that mysterious, ember days indicated next to the dates. At present there are 616 pages in a book called Holy Women, Holy Men devoted to describing the women and men that the members of the Episcopal Church have asked General Convention to commemorate on our calendar. These people are in addition to the feast days that commemorate apostles, events in the life of Jesus Christ, his mother Mary and Mary Magdalene. One of the truly fun tasks of my week is choosing which of these people we'll note on our calendar. I am always aiming for a mix of men and women, lay and ordained, people outside of Western culture as well as the unexpected local holy person like Thurgood Marshall or Elizabeth Cady Stanton. My hope is not just to fan the flames of your interest in these people. It is also to remind us that time is God's creation. Time serves the sacred as well as the secular calendar.

As to Ember Days, their origin is obscure and may have been associated with the Christian Church overtaking pagan times of harvest, vintage and planting. By the 5<sup>th</sup> century CE the days occur four times a year and are associated with ordinations. (Everyone in the ordination process knows you owe your bishop a letter by the last Ember Day, Saturday, if you missed Wednesday and Friday of that week.) If you look at the collects in the BCP for Ember Days you will see that the days are now set aside for reflection on the ministry of all the baptized and not just those who are ordained. Growing up Catholic these were often days set aside for special prayers and fasting for intentions such as mission work.

While I will write more about this in another Almond Tree, it is my hope at the 11:15 service to offer a service of healing at least once a month as part of that Sunday's Eucharistic celebration. The ministry of healing is not just limited to those who are sick and/or in the hospital. Many of us have relationships and life events, friends and family who could also benefit from healing prayer. The prayer that the clergy offer is one that puts this need of healing in the hands of Christ so that the presence of Christ can be brought to bear on the needs offered. It is an opportunity to bring to God what is often our greatest needs and our most urgent hopes.

It is a wonderful time to be among you all. Let me end with where I began. Thank you!

*Mary+*

**PASTORAL CARE CORNER:** Please remember these parishioners in your prayers: Duncan MacDonald, Morgan, Lloyd Mostrom, Nancy Wise, Janet Siegrist, Linda Murphy, Mary Goeser, Catherine, Susan Kernan, Mary, Tom Hewson, Senie Oglesby, Jan Maas, Natalie Doyle-Hennin, Jean Mostrom, Bill Frye.

Please also remember in your prayers members of our extended Parish family: Joan Aldretti, Tim Boyd, Dean and Charlotte Kellogg, Tennille Littleton, Chris Rarick, Susan Shallbetter, Tom Stasz, Bob Davies, Eleanor Boothe Smith, Stephen Miller, Jim Rarick, Irv Schiff, Patricia Smith, Josie Guardipee, Helen Butler, Sam Faeth, Bill Nations, Lawrence Sanchez, Paul, Joan Cummins, Eric Reading, Sr., Cameron, Jim Rehnke, Sue Rehnke, Laurie, Caitlin Rivers, Patricia Ryan, Chris Stanek, Dana Hengst, Lois and Don McCorvie, Anthony Christino, Jr., Dru Eckard, Grafton and Elesa McFadden, Mike Hart, Jane Burton, Marsha Porter, Liz McLeod, Laura, Keith Green, Evelyn Rowe, Meg Clontz, Chris Moore, June Lephien..

**Serving our country at home and abroad:** Todd Bates, Paul Bednar, Yolanda Bednar, Tom and Anne Duffy, Liza Conrad, John Patrick Miller, Ian Phillips.

**Pray for the search and transition process** for Immanuel Church as we seek a new rector.



**STAFF MORNING PRAYERS:** You may have noticed, if you have tried to call the office first thing in the morning, that we do not answer the phones until about 9:30 a.m. We truly are here “at work”, but we begin each morning with Morning Prayer, said together as the staff. During the prayers of intercessions, we will be praying for each family in the parish, by name, approximately 10 families at a time. Please leave a message for anyone of us, and we will be glad to return your calls, as soon as our prayer time has ended.

**CHECK BEFORE YOU COMMIT!** As we move ahead with our very busy fall season, a gentle reminder to always be sure and check with the office before scheduling a meeting, or committing to host an event at ICOH. We are not only busy, but very full! The space or time you wish to reserve may already be promised to someone else. Scheduling requests should go to Jennifer Addington, Parish Administrator, with final decisions reserved for the Rector.

**DAY-TIME WORSHIP IN ALEXANDRIA:** Are you an Episcopalian (civilian or military) who works at the BRAC building (otherwise known as the Mark Center) off Seminary Road in Alexandria? If so, the folks at the Church of the Resurrection would love to know who you are and how to reach you by phone and by e-mail.

What we are after is an invitation by one or more Episcopalians in the BRAC building to come into the building each (week?) (month?) for Holy Eucharist or a Bible study, or both. We are thinking here about the Episcopal Eucharist service held each week at the Pentagon, and are wanting a way to have something similar inside the BRAC building (having heard about how hard it is to leave the building and return during lunch-time).

**INQUIRERS CLASS/ADULT CONFIRMATION CLASSES BEGIN OCTOBER 14.** Adults who would like to learn more about Immanuel and the Episcopal Church are invited to meet with the interim rector beginning Sunday, October 14th at 12:30 p.m. in the Vestry Room. We will be using the book Your Faith, Your Life by Jennifer Gamber as we explore the bible, the church, prayer, sacraments and God’s call to us. If you are interested in this class please email the interim rector at msulerud@icoh.net or speak to her in person. This is in preparation for any adults who would like to be confirmed, received or reaffirm their baptismal vows when the bishop visits in January 2013.

## CREATION STEWARDSHIP COMMITTEE AT WORK



**Blessing of the Animals:** In the spirit of St. Francis of Assisi, we will be blessing animals on Sunday, September 30. **At 1:00 PM we'll gather on the front lawn** with our

pets and special guests from the Animal Welfare League of Alexandria. The blessing ceremony will begin at 1:30 PM. This event is open to the public, so invite your friends to bring their pets, too! In the event of rain, we'll move inside.

**Sharing ICOH's "Green" Successes:** ICOH was invited to present our sustainability story at the "Greening Your Congregation Workshop" for local congregations organized by the City of Alexandria and the Virginia Sustainable Building Network on September 23. Thank you to Julie Bruns for presenting a case study on ICOH's efforts to green our facilities and operations, and for inspiring other congregations that wish to improve their sustainability.

## **THE OUTREACH ORGANIZATION FOR**

**OCTOBER** is the Kelly Foundation founded by members of Immanuel Church on the Hill. Some of you may remember our involvement in the late 1970 and early 1980's with Vietnamese and Cambodian refugees. We had a refugee committee with its own funding to support the effort.

Susan Kelly, then in her late 20's was employed by Time-Life as a photo editor. She saw the need for an educational program for these refugees. Working with the Diocese of Virginia, Legacy International and some 20 colleges she developed a program that sent many to college. This was done with financial assistance from the ICOH Refugee Committee and Time-Life employees.

As the refugees moved on Susan decided to open up this program to Native Americans. She had been the lead editor on 11 of the series 22 books. During the 1990's we were working with over 20 Indian tribes. In 1995 we set up the Kelly Foundation to process donations instead of through the church. In 1999 we decided to center our activities in Montana. Peggy WellKnown Buffalo, a Crow Indian, had 5 acres of land and Susan used some of her retirement fund for seed money. Today we have had 3,000 youth involved in various educational programs with graduates from Dartmouth, Brown, Guilford, Stanford, numerous other colleges, graduate schools and law schools.

We know of no other organizations in Indian Country that are as successful as we are in getting Native American youth into colleges.

We want to thank Immanuel Church on the Hill for its support over the last 30 years--first through the Refugee Committee, then the supporting donors, the Pumpkin Patch and ICOH's Outreach Committee.

## **RECOGNIZE ALEXANDRIA'S LIVING LEGENDS. IT'S FUN AND EASY.**

We each know folks who have given much of their lives--their hearts and souls--to making Alexandria a better place in which to live. Living Legends of Alexandria wants to recognize these folks - and the good news is that you don't have to be a Pulitzer Prize winner to write the nomination. All it takes is a one-page description outlining the activities in which the person has excelled. Nominees who meet the criteria for consideration and their nominators will each receive a complimentary invitation to the inspiring "Meet The Legends" reception on March 21, 2013.

There are two nomination categories:

- (1) Those who have contributed at least one tangible improvement to the quality of the City's life that would likely be missing without this person's vision and energy; or
- (2) Those demonstrating exemplary service to the City over ten years or more, especially on Boards, Commissions, Committees or Service Organizations that improve the quality of life in Alexandria.

Those currently running for or holding political office are not eligible for consideration. The contributions of City employees must be beyond the responsibilities of their jobs.

Visit [www.AlexandriaLegends.com](http://www.AlexandriaLegends.com) <<http://www.alexandrialegends.com/>> to either copy and paste the nomination form <<http://tisaraphoto.com/legends/nominationform.htm>> into an email or use the on-line nomination form <[https://docs.google.com/spreadsheets/viewform?hl=en\\_US&pli=1&formkey=dHpVemhIbXJsRHRLR3JSV1NhZDY0bVE6MQ#gid=0](https://docs.google.com/spreadsheets/viewform?hl=en_US&pli=1&formkey=dHpVemhIbXJsRHRLR3JSV1NhZDY0bVE6MQ#gid=0)> . Nominations must be received by November 15. For additional information, contact Nina Tisara, 703-625-2330.

**REACHING OUT TO THE WORLD'S CHILDREN:** Did anyone catch the heartening news about reduction in global child mortality? The World Health Organization, UNICEF and the World Bank issued a report last week (reported in the Washington Post on Thursday, September 13) that showed a 41% drop in child mortality worldwide since 1990 – 5.1 million fewer children die every year now compared to 20 years ago. The reason we thought to point it out in the Almond Tree is that, among the handful of reasons why fewer of the world's children die were two actions that ICOH has been a part of for many years: treated mosquito nets, which ICOH has encouraged parishioners to purchase through Episcopal Relief and Development and Oral Rehydration Packets, tens of thousands of which our parish has helped to pack at the Temple Beth El. While it is amazing to know that we have helped, we also need to be aware that still too many children die before their 5<sup>th</sup> birthdays. We can continue to contribute to the reduction in child deaths by buying more treated nets [<http://www/er-d.org/GiftsforLife/8/69/>] and by helping out at next spring's oral rehydration therapy packet effort at Temple Beth El. Thanks to the ICOH Outreach Committee for making our participation easy – and to so many of you who have used your hands to send Christ's love into the world.



## PUMPKIN SUNDAY IS RIGHT AROUND THE CORNER

*John C. von Senden*

By now you know that Pumpkin Sunday is Sunday the 7<sup>th</sup> of October 2012. We will be celebrating Mass-on-the-Grass that morning and the Very Reverend Ian Markham will be preaching. As soon as the service is over, we will start unloading so wear comfortable working clothes. **ONLY TWO SERVICES THAT DAY – 8 am. and 10 a.m.**

The arrangement of the Patch will be slightly different this year. We have a new, larger tent and it will be set up next to the Narthex. That will free the yard for a sea of orange. We will also be restricting automobile access to the driveway through the patch; we have nice new “Pumpkin Parking” signs to properly direct customers (and volunteers) to the parking lot. The advantage of the new location for the tent is that it is better protected and the tent will have full-time power. However, those selling will need to venture out in the yard to help folks.

Yard Signs and Car Signs will be available in the Narthex Pumpkin Sunday. These are a most effective way to communicate that the patch is open for business. The yard signs will have more competition from political signs this year, so place them strategically.

Soups and Breads provide a substantial portion of our profit – so please start cooking and baking. Don't forget the LIST OF INGREDIENTS (which helps avoid food allergy issues). And use our standard quart containers (located in the Narthex) for soups; we've learned this size and container works best for both cooks and customers. Breads can be packaged as you choose. Remember that pretty packaging (such as a ribbon or sticker) really helps our sales of these items. If you run out of freezer space at home we have a freezer at church; please coordinate with the Mary Taylor (703-751-0009, [Mary.S.Taylor@dhs.gov](mailto:Mary.S.Taylor@dhs.gov)) before using the church freezer though. There will be inventory sheets on the freezer (and at the pay table for cupcakes, cookies and breads); it is very important to complete these sheets.

When you show up to sell (and you have signed up already, right?) wear one of our “**Pumpkin Helper**” stickers prominently. When you see a customer, be sure to ask them if they've been to our Patch before; you'd be surprised at how many people are here year after year. Offer them a flyer (especially if they are new) and explain that all of our profits support Outreach. And be sure to explain the procedure for pricing and paying for pumpkins (they are priced by size and there is a pricing line near the tent); we have new signs that help with that. And most important (if you are at the cash-box), be sure to record any donation or purchase that isn't pumpkins. If you need to change your selling slot, please contact Candy Levin (703-698-6195, [Levin\\_C@msn.com](mailto:Levin_C@msn.com)) or Kyras Drasheff (703-751-9674, [kdrasheff@comcast.net](mailto:kdrasheff@comcast.net)) to reschedule.

And have fun with pumpkins in October!



**GRACE AND GRATITUDE:** Great thanks to Brooke Roberts, Mary Jo Cooney and Andy Biache for their immense help on Monday, September 24 in getting the Stewardship mailing processed. It was a big job, with collating, stuffing and sealing and stamping almost 400 envelopes! I could not have done it without you!

We need 2 sellers per slot – 3 on weekends.



2012 PUMPKIN PATCH SCHEDULE

TO FILL A VACANT SPOT, call Kyrh Drasheff (703-751-9674, email kdrasheff@comcast.net) or Candy Levin (703-698-6195, email Levin\_c@msn.com). TO TOCHANGE a selling spot, PLEASE MAKE THE CHANGE YOURSELF, then call Kyrh and leave a message about the switch you made. Instructions to sellers are enclosed. They also are in the daily pumpkin notebook. PLEASE READ THE INSTRUCTIONS CAREFULLY. If you are a first-shift seller, go to the Parish Office for the cash box and other opening supplies. Have fun with this annual fund-raiser!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>7 PUMPKIN SUNDAY</b> <b>1-4</b> Melissa Ennis 7/845-5764 N&J Wise 7/642-8225 * <b>4-6</b> Mary Sulerud 7/370-6555 Martha Sedgwick 7/751-4983 * <b>6-8</b> F. Johnson 7/370-2364 M. Sulerud 7/370-6555	<b>8</b> <b>10-1</b> B&G Currie 7/379-2423 * <b>1-4</b> * * <b>4-6</b> S&B McGahuey 7/820-2363 Jan Campbell 7/823-2320 <b>6-8</b> * * *	<b>9</b> <b>10-1</b> S. Wiard 7/845-7472 S. Reponen 7/845-9212 <b>1-4</b> Nancy Wise 7/642-8225 John Wise 7/407-1709 <b>4-6</b> Rosi Stewart 7/647-9218 Wendy John 7/751-9238 <b>6-8</b> Sheila Iskra 7/941-8353 Wayne Iskra (same #)	<b>10</b> <b>10-1</b> Joan Raybold 7/573-7279 Gary DeVight 7/768-0764 <b>1-4</b> * * <b>4-6</b> Liam Kirby 571-432-6626 MaryAnn Rehnke 7/836-7142 <b>6-8</b> Jim Wise 7/642-8225 Nancy Wise (same #)	<b>11</b> <b>10-1</b> M. Sedgwick 7/751-4983 Suzanne Lamb 7/683-4634 <b>1-4</b> Tricia Calloway 7/927-5762 Pierre Shostall 7/461-3196 <b>4-6</b> Karen Bastow 202-538-5602 * <b>6-8</b> * *	<b>12</b> <b>10-1</b> Beth Eckert 7/598-4129 Ann MacNamara 7/998-8855 <b>1-4</b> * * <b>4-6</b> N&R Taliaferro 7/931-3739 L. Frye, D. Wilkie 202-286-2768 <b>6-8</b> Nellie Vega 7/863-4616 *	<b>13</b> <b>10-1</b> Nancy Wise 7/642-8225 Jim Wise (same #) Jeannie Cummins 7/851-5257 Amanda Eisenhour (same #) <b>1-4</b> Taylor Houck 7/929-3600 Messenger/Kerekes 7/751-4039 <b>4-6</b> Jamie Conrad 7/836-0655 Kathy & Liza Conrad (same #) * <b>6-8</b> * *
<b>14</b> <b>10-1</b> Sara Fein 7/931-5824 Nancy Wise 7/642-8225 Jim Wise (same #) * <b>1-4</b> S&B McGahuey 7/820-2363 David Atwood 7/933-0184 Nancy Reuschel (same #) <b>4-6</b> Steve King 7/379-1188 Carolyn King 571-334-4961 * <b>6-8</b> Cuddy family 7/660-9170 * *	<b>15</b> <b>10-1</b> Bill McLaughlin 7/370-5131 Joy McLaughlin (same #) <b>1-4</b> Lynn Dutton 7/836-5250 Pierre Shostall 7/461-3196 <b>4-6</b> Julie Bruns 7/534-7913 Hartley Wensing 7/370-2670 <b>6-8</b> Julie Bruns 7/534-7913 T&R Kerns 7/768-3971	<b>16</b> <b>10-1</b> Gary DeVight 7/768-0764 Dotty Eisenhour 7/836-0430 <b>1-4</b> Lissa Soergel 7/823-2840 * <b>4-6</b> Debbie Hewson 7/549-0141 Jan Campbell 7/823-2320 <b>6-8</b> Sheila Iskra 7/941-8353 Wayne Iskra (Same #)	<b>17</b> <b>10-1</b> John Smucker 7/751-6909 Louisa Smucker (Same #) Barbara Currie 7/379-2423 Jackie Phillips 7/379-6159 Carol Crossmire 7/370-4660 <b>4-6</b> * * <b>6-8</b> Jim Wise 7/642-8225 Nancy Wise (same #)	<b>18</b> <b>10-1</b> S. McGahuey 7/820-2363 Ann MacNamara 7/993-8855 <b>1-4</b> Lissa Soergel 7/823-2840 * <b>4-6</b> Pete Bolton 7/212-8245 Bev Bolton (same #) <b>6-8</b> Jim Taylor 7/751-0009 Mary Taylor (same #)	<b>19</b> <b>10-1</b> Ellen O'Conner 7/931-2329 * <b>1-4</b> Stephanie Harris 7/598-0233 * <b>4-6</b> * * <b>6-8</b> Nellie Vega 7/863-4614 Bev 7/863-4616	<b>20</b> <b>10-1</b> Joan Raybold 7/573-7275 N & S Brown 571-257-9846 * <b>1-4</b> D&M Lambert 7/751-3523 E&S Post 7/684-7212 Kerry Kelly 7/548-4273 <b>4-6</b> Mary Ann Ring 7/684-6299 SG & Tom Brown 7/370-1963 * <b>6-8</b> * * *
<b>21</b> <b>10-1</b> Will Packard 7/470-4161 * * <b>1-4</b> Cristina Yount 7/823-4618 Michael Reinemer 7/323-1022 * * <b>4-6</b> Keith June 7/599-2063 * * <b>6-8</b> * *	<b>22</b> <b>10-1</b> B&G Currie 7/379-2423 * <b>1-4</b> Gordon Johnson 7/370-2364 * <b>4-6</b> S&B McGahuey 7/820-2363 Liam Kirby 571-432-6626 <b>6-8</b> Carrie Rodriguez 2/297-2207 Chris Rodriguez (same #) Doug Nolan 7/548-8683	<b>23</b> <b>10-1</b> Gary DeVight 7/768-0764 Karen Bastow 202-538-5602 <b>1-4</b> Lissa Soergel 7/823-2840 Mary Jo Cooney 7/212-8442 <b>4-6</b> Debbie Hewson 7/549-0141 Martha Manson 7/622-6366 <b>6-8</b> T&R Kerns 7/768-3971 D&M Ingold 7/751-8635	<b>24</b> <b>10-1</b> Susan Kernan 7/671-7650 <b>1-4</b> Yvonne Pover 571-236-1125 * <b>4-6</b> Nan Hobson 7/370-1124 * <b>6-8</b> G&M Burke 7/888-7621 Linda Serabian 7/683-5226	<b>25</b> <b>10-1</b> Bill McLaughlin 7/370-5131 Joy McLaughlin (same #) <b>1-4</b> Lissa Soergel 7/823-2840 * <b>4-6</b> * * <b>6-8</b> Mary Taylor 7/751-0009 *	<b>26</b> <b>10-1</b> Ellen Gehrs 7/585-6701 MaryAnn Rehnke 7/836-7142 <b>1-4</b> * * <b>4-6</b> Hartley Wensing 7/370-2670 <b>6-8</b> Julie Bruns 7/534-7913 *	<b>27</b> <b>10-1</b> Rosi Stewart 615-330-7665 Doug Onley 7/312-0063 Kameron Onley (same) <b>1-4</b> Teresa Skubel 7/548-6149 Stewart Skubel (same) * <b>4-6</b> N. Greiner 7/515-0187 (?) D&E Wilkie 2/286-2768 * <b>6-8</b> Melissa Ennis 7/845-576 B&E Phillips 7/271-5609 (?) * *
<b>28</b> <b>10-1</b> * * * <b>1-4</b> S&B McGahuey 7/820-2363 * * <b>4-6</b> Cuddy family 7/660-9170 Murray family 7/751-9241 * <b>6-8</b> Keith June 7/599-2063 K Haskan 412-726-5510 M Haskan 240-205-9162	<b>29</b> <b>10-1</b> Suzanne Lamb 7/683-4634 Cynthia Caples 7/519-0761 <b>1-4</b> * * <b>4-6</b> * * <b>6-8</b> Linda Serabian 7/683-5226 *	<b>30</b> <b>10-1</b> B&G Currie 7/379-2423 * <b>1-4</b> Lissa Soergel 7/823-2840 Dotty Eisenhour 7/836-0430 <b>4-6</b> Liam Kirby 571-432-6626 * <b>6-8</b> Eric Reading 2/441-5244 *	<b>31</b> <b>10-1</b> Suzanne Lamb 7/683-4634 * <b>1-4</b> * * <b>4-6</b> * * * <b>6-8</b> J von Senden, Drasheff 202-257-8458 *	<p align="center"><b>Clean up on November 1</b></p> <p align="center"><b>Places with an asterisk and no name indicates a slot needing to be filled.</b></p>		



## DISCERNMENT PROCESS UPDATE:

With sincere appreciation for the broad and eager participation of the ICOH community, your Discernment Committee has now compiled the detailed inputs from both the face-to-face Listening Sessions and the on-line survey. At each Session, ICOH community members responded to questions regarding what they value most about the parish, what they value most in a priest and what things the church can do over the next 1-3 years which they think are most important and exciting. Over 115 parish members participated in 14 Listening Sessions, including those conducted with the VTS and Goodwin House Alexandria. In parallel, nearly two hundred individuals responded to the quick and easy, yet highly informative, on-line survey designed to gauge the relative importance of various aspects of the ICOH community and worship. The data from these sources, representing the completion of phase one of the discernment process, provides a robust picture of the ICOH congregation.

Drawing upon this rich base of information, the Parish Profile (phase two) is now being drafted, first for Vestry review and approval, then for approval by the bishop consistent with the diocesan guidelines which we are following throughout the process. It is anticipated that the fully approved Profile will be available to prospective applicants for rector on the new and improved ICOH website (still available at [www.icoh.net](http://www.icoh.net)) around mid to late October, at which time applications will be welcomed. The review of applications --comprising phase three of the process--will commence in November.

Meanwhile, there are multiple avenues available for tracking progress and seeking additional information: minutes of Committee meeting minutes are available on a bulletin board in the Narthex; the ICOH website provides a new link to the Discernment Committee (look under the "Who We Are" menu option on the left); and individual Committee members can be contacted using their email information also available on the website. Please feel free to contact any of them at any time.

Discernment Committee: Caroline Bergmark, Tom Brown, Governor burke, Jim Clausen, Carrie Cuddy, Barbara Currie, Tom Harris, Doug Henry, Wendy John, Eileen Monnin-Kirby, Chandley McDonald, Martha Sedgwick

## ALEXANDRIA WALK TO FIGHT BREAST CANCER



*Please join the Reverend David Crosby as ICOH fields a Team of Walkers for the 2012 Alexandria Walk to Fight Breast Cancer.* The walk will take place on the morning of Saturday, October 20<sup>th</sup>. All proceeds from the Walk benefit the Alexandria Breast Cancer Walk Fund at Inova Alexandria Hospital, which provides mammograms to uninsured women or to those in financial need. Since the Walk's inception in 1994, over 7,000 women have been helped due to the generous support of sponsors, walkers and their pledges. For additional information, including how to make a donation, go to <http://alexandriava.gov/TheWalk>, or see the flyer in the narthex.

Our team is registered as "Immanuel Church on the Hill". Please email Susan Gilbertson [susan.gilbertson@verizon.net](mailto:susan.gilbertson@verizon.net) by October 15 if you are interested in participating.



10/01 Reba Axelson  
10/01 Jack Scheible  
10/02 Senie Oglesby  
10/02 Iona Evans  
10/02 Christopher Becker  
10/03 Rebecca Harrington  
10/03 Ann MacNamara  
10/03 Marc Paul  
10/04 Brad Ashton  
10/04 Natalie Doyle-Hennin  
10/04 Scott Moore  
10/05 Caroline Johnston  
10/05 Nancy Lyons  
10/05 Bill Frye  
10/05 Betsy Huffman  
10/05 Heather Schnedl  
10/05 Anna Post  
10/06 Susan Montague  
10/06 Mary Johnson  
10/06 Noah Taylor  
10/07 Barbara Carroll  
10/08 Merritt Blakeslee  
10/08 Randy Kell  
10/08 Randi Rowe  
10/09 Brooke Roberts  
10/09 Doug Onley  
10/09 Charlotte Barnes  
10/10 Mary Fitzpatrick  
10/10 Emily Friday  
10/10 Elizabeth Phillips  
10/10 Grace Wensing  
10/10 Eddie Boynton  
10/11 Susan Carter  
10/12 Paul Bednar  
10/12 Cole Bowers  
10/13 Doug Payne  
10/13 Phil Johnson  
10/13 Connie Kurz  
10/13 Karin Kizer  
10/15 Suzanne Lamb  
10/15 Ashley Boam  
10/15 Maria Bellinger  
10/15 Claudia Reading  
10/16 Hance Haney  
10/16 Sumi Sexton  
10/16 Austin Blakeslee


10/17 Mia Mason  
10/17 Kristen Moore  
10/18 Dan Cantu  
10/19 Lane Debevoise  
10/19 Carlton Stockton  
10/19 Barbara Kirkland  
10/19 Dick Krueger  
10/19 Rufus Peabody  
10/21 Tricia Calloway  
10/21 Beth Eckert  
10/21 Alisa Biache  
10/21 Hartley Wensing  
10/23 Steve John  
10/23 Sara Fein  
10/23 Mark Eisenhour  
10/23 Kate Cantu  
10/24 Susan Gilbertson  
10/25 Cordelia Davies  
10/26 April Carlsen  
10/27 Beth Beardsley  
10/27 Kai Egener  
10/27 Trey Hobson  
10/28 Victor Brown  
10/28 Laura Ellis  
10/28 Patrick Kane  
10/28 Virginia Campbell  
10/28 Claire Campbell  
10/29 Susan Dawson  
10/29 Tim Kinsella  
10/29 Emily Clausen  
10/29 Lily Pinner  
10/30 Dick Bednar  
10/30 Tom Peabody  
10/31 Helen Bryant

*Watch over thy children, O Lord, as their days increase; bless and guide them wherever they may be, keeping them unspotted from the world. Strengthen them when they stand; comfort them when discouraged or sorrowful; raise them up if they fall; and in their hearts may thy peace which passeth understanding abide all the days of their life; through Jesus Christ our Lord. Amen.*

We hope never to miss a birthday – but there are some we don't know about. Forgive us when we do miss your birthday, and let us know so we don't do it again. Happy birthday to all!



# OCTOBER 2012

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>30</b> <b>8:00 AM</b> HE-I, Chapel <b>9:00 AM</b> HE-II, Chapel <b>10:00 AM</b> Pumpkin Patch Orientation <b>10:00 AM</b> Sunday School, classrooms <b>10:00 AM</b> Youth Group Meeting - soup making, Kitchen <b>10:15 AM</b> Circle of Quiet, Vestry Room <b>11:15 AM</b> HE, Chapel <b>1:30 PM</b> Blessing of Animals, ICOH front lawn <b>4:00 PM - 6:00 PM</b> Randi Rowe discernment group, Fairchild Room	<b>1</b> <b>11:00 AM</b> Qi gong, Parish Hall <b>6:15 PM - 8:45 PM</b> Yoga, Parish Hall	<b>2</b> <b>7:00 PM</b> Growth and Education Committee, Fairchild Room	<b>3</b> <b>6:30 AM</b> Early Christians, Fairchild <b>8:20 AM - 11:35 AM</b> Senior Exercise classes, Parish Hall <b>6:30 PM</b> Weekday Eucharist, Chapel	<b>4</b> <b>7:00 PM</b> Choir, Choir Room	<b>5</b> TAT deadline <b>8:20 AM - 11:35 AM</b> Senior Exercise classes, Parish Hall <b>12:30 PM</b> Muslim Worship, Parish Hall <b>8:30 PM</b> AA, Fairchild	<b>6</b> <b>10:00 AM</b> Acolyte Festival, National Cathedral <b>6:00 PM - 8:00 PM</b> Dignity, Zabriskie
 <b>7</b> <b>PUMPKIN SUNDAY</b> <b>8:00 AM</b> HE-I, Chapel <b>9:20 AM</b> Circle of Quiet, Vestry Room <b>10:00 AM</b> Mass on the Grass, HE-II, Dean Markham guest preacher <b>6:30 PM</b> Prayer Group, Fairchild Room	<b>8</b> COLOMBUS DAY, OFFICE CLOSED <b>11:00 AM</b> Qi gong, Parish Hall <b>6:15 PM - 8:45 PM</b> Yoga, Parish Hall	<b>9</b> <b>12:00 PM</b> Goodwin House luncheon <b>6:30 PM</b> Vestry, Vestry Room	<b>10</b> TAT mailing <b>6:30 AM</b> Early Christians, Fairchild <b>8:20 AM - 11:35 AM</b> Senior Exercise classes, Parish Hall <b>6:30 PM</b> Weekday Eucharist, Chapel	<b>11</b> <b>7:00 PM</b> Choir, Choir Room <b>7:30 PM - 9:00 PM</b> Shrinemont Event, Parish Hall	<b>12</b> <b>8:20 AM - 11:35 AM</b> Senior Exercise classes, Parish Hall <b>12:30 PM</b> Muslim Worship, Parish Hall <b>8:30 PM</b> AA, Fairchild	<b>13</b> <b>8:00 AM - 3:30 PM</b> Apple crisp making, Kitchen <b>6:00 PM - 8:00 PM</b> Dignity, Zabriskie
<b>14</b> <b>8:00 AM - 2:00 PM</b> Apple crisp making, Kitchen <b>8:00 AM</b> HE-I, Chapel <b>9:00 AM</b> HE-II, Chapel <b>10:00 AM - 11:30 AM</b> Clay Class, Parish Hall <b>10:00 AM</b> Education Hour <b>10:15 AM</b> Circle of Quiet, Vestry Room <b>11:15 AM</b> HE, Chapel <b>12:30 PM</b> Inquirer's Class/Adult Confirmation, Vestry Room <b>5:30 PM</b> Youth Group Meeting	<b>15</b> <b>11:00 AM</b> Qi gong, Parish Hall <b>6:15 PM - 8:45 PM</b> Yoga, Parish Hall	<b>16</b>	<b>17</b> <b>6:30 AM</b> Early Christians, Fairchild <b>8:20 AM - 11:35 AM</b> Senior Exercise classes, Parish Hall <b>6:30 PM</b> Weekday Eucharist, Chapel	<b>18</b> <b>7:00 PM</b> Choir, Choir Room	<b>19</b> TAT deadline <b>8:20 AM - 11:35 AM</b> Senior Exercise classes, Parish Hall <b>12:30 PM</b> Muslim Worship, Parish Hall <b>8:30 PM</b> AA, Fairchild	<b>20</b> <b>8:00 AM - 3:30 PM</b> Apple crisp making, Kitchen <b>6:00 PM - 8:00 PM</b> Dignity, Zabriskie
<b>21</b> <b>8:00 AM - 2:00 PM</b> Apple crisp making, Kitchen <b>8:00 AM</b> HE-I, Chapel <b>9:00 AM</b> HE-II, Chapel <b>10:00 AM - 11:30 AM</b> Clay Class, Parish Hall <b>10:00 AM</b> Education Hour, Christian Faith and the Public Square, Dr. Timothy Sedgwick, Chapel <b>10:15 AM</b> Circle of Quiet, Vestry Room <b>11:15 AM</b> HE, Chapel	<b>22</b> <b>11:00 AM</b> Qi gong, Parish Hall <b>6:15 PM - 8:45 PM</b> Yoga, Parish Hall <b>6:30 PM</b> Knitting Group, 1823 Pub/VTS	<b>23</b>	<b>24</b> TAT mailing <b>6:30 AM</b> Early Christians, Fairchild <b>8:20 AM - 11:35 AM</b> Senior Exercise classes, Parish Hall <b>6:30 PM</b> Weekday Eucharist, Chapel	<b>25</b> <b>7:00 PM</b> Choir, Choir Room	<b>26</b> <b>8:20 AM - 11:35 AM</b> Senior Exercise classes, Parish Hall <b>12:30 PM</b> Muslim Worship, Parish Hall <b>8:30 PM</b> AA, Fairchild	<b>27</b> <b>6:00 PM - 8:00 PM</b> Dignity, Zabriskie
<b>28</b> <b>8:00 AM</b> HE-I, Chapel <b>9:00 AM</b> HE-II, Chapel <b>10:00 AM</b> Education Hour, Embodied Faith and Civil Religion, Dr. Timothy Sedgwick, Parish Hall <b>10:00 AM</b> Youth Group Meeting <b>10:15 AM</b> Circle of Quiet, Vestry Room <b>11:15 AM</b> HE, Chapel	<b>29</b> <b>11:00 AM</b> Qi gong, Parish Hall <b>6:15 PM - 8:45 PM</b> Yoga, Parish Hall	<b>30</b>	<b>31</b> <b>6:30 AM</b> Early Christians, Fairchild <b>8:20 AM - 11:35 AM</b> Senior Exercise classes, Parish Hall <b>6:30 PM</b> Weekday Eucharist, Chapel	<b>1</b> <b>7:00 PM</b> Choir, Choir Room <b>7:30 PM</b> Pastoral Care, Fairchild Room	<b>2</b> <b>8:20 AM - 11:35 AM</b> Senior Exercise classes, Parish Hall <b>12:30 PM</b> Muslim Worship, Parish Hall <b>8:30 PM</b> AA, Fairchild	<b>3</b> <b>5:30 PM</b> All Saints Evensong, Lettie Pate Evans, VTS <b>7:00 PM</b> Harvest Dinner, Refectory, VTS

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**ADDRESS SERVICE REQUESTED**

### ALMOND TREE DEADLINES AND MAILINGS

Deadline, October 5, mailing October 10, Deadline, October 19, mailing October 24

Deadline, November 9, mailing November 14, Deadline, November 23, mailing November 28

Deadline, December 7, mailing December 12 – ONLY ONE NEWSLETTER IN DECEMBER

### Lectionary Readings and Schedule of Services



#### **September 30, Eighteenth Sunday after Pentecost, Proper 21**

Numbers 11:4-6, 10-16, 24-29; Psalm 19:7-14; James 5:13-20; Mark 9:38-50  
8:00 a.m., HEI, 9:00 a.m., HEII, 11:15 a.m., HEII

#### **October 7, Nineteenth Sunday after Pentecost – Proper 22, PUMPKIN SUNDAY**

Job 1:1; 2:1-10; Psalm 8, Hebrews 1:1-4, 2:5-12; Mark 10:2-16  
8:00 a.m., HEI, 10:00 a.m., HEII, **MASS ON THE GRASS**

#### **October 14, Twentieth Sunday after Pentecost, Proper 23**

Amos 5:6-7, 10-15; Psalm 90:1-17; Hebrews 4:12-16; Mark 10:17-31  
8:00 a.m., HEI, 9:00 a.m., HEII, 11:15 a.m., HEI