

Immanuel Church-on-the-Hill

Episcopal/Anglican Alexandria, Virginia



THE TWENTIETH SUNDAY AFTER PENTECOST

October 15, 2023

Holy Eucharist Rite II, 9:00 a.m.

Page references are for The Book of Common Prayer.

A professionally-staffed nursery is located in the lower level;
restrooms are located in the Narthex and either end of the lower level.

Prelude: Adagio Felix Mendelssohn

Processional Hymn 390: "Praise to the Lord, the Almighty, the King of creation"

Lobe den Herren

found in The Hymnal 1982

THE WORD OF GOD

Opening Acclamation p. 355

Celebrant: Blessed be God: Father, Son, and Holy Spirit.

People: And blessed be his kingdom, now and for ever. Amen.

The Collect for Purity p. 355

S280: Glory to God in the Highest found in the front of The Hymnal 1982 William Mathias

The Collect for the Day

Lord, we pray that your grace may always precede and follow us, that we may continually be given to good works; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. *Amen*.

The First Lesson: Exodus 32:1-14

When the people saw that Moses delayed to come down from the mountain, the people gathered around Aaron, and said to him, "Come, make gods for us, who shall go before us; as for this Moses, the man who brought us up out of the land of Egypt, we do not know what has become of him." Aaron said to them, "Take off the gold rings that are on the ears of your wives, your sons, and your daughters, and bring them to me." So all the people took off the gold rings from their ears, and brought them to Aaron. He took the gold from them, formed it in a mold, and cast an image of a calf; and they said, "These are your gods, O Israel, who brought you up out of the land of Egypt!" When Aaron saw this, he built an altar before it; and Aaron made proclamation and said, "Tomorrow shall be a festival to the Lord." They rose early the next day, and offered burnt offerings and brought sacrifices of well-being; and the people sat down to eat and drink, and rose up to revel.

The Lord said to Moses, "Go down at once! Your people, whom you brought up out of the land

of Egypt, have acted perversely; they have been quick to turn aside from the way that I commanded them; they have cast for themselves an image of a calf, and have worshiped it and sacrificed to it, and said, 'These are your gods, O Israel, who brought you up out of the land of Egypt!'" The Lord said to Moses, "I have seen this people, how stiff-necked they are. Now let me alone, so that my wrath may burn hot against them and I may consume them; and of you I will make a great nation."

But Moses implored the Lord his God, and said, "O Lord, why does your wrath burn hot against your people, whom you brought out of the land of Egypt with great power and with a mighty hand? Why should the Egyptians say, 'It was with evil intent that he brought them out to kill them in the mountains, and to consume them from the face of the earth'? Turn from your fierce wrath; change your mind and do not bring disaster on your people. Remember Abraham, Isaac, and Israel, your servants, how you swore to them by your own self, saying to them, 'I will multiply your descendants like the stars of heaven, and all this land that I have promised I will give to your descendants, and they shall inherit it forever." And the Lord changed his mind about the disaster that he planned to bring on his people.

The Word of the Lord Response: *Thanks be to God*.

Psalm 106:1-6, 19-23 Confitemini Domino, Et fecerunt vitulum

- 1 Hallelujah!
 Give thanks to the Lord, for he is good, *
 for his mercy endures for ever.
- Who can declare the mighty acts of the Lord * or show forth all his praise?
- 3 Happy are those who act with justice * and always do what is right!
- 4 Remember me, O Lord, with the favor you have for your people, * and visit me with your saving help;
- That I may see the prosperity of your elect and be glad with the gladness of your people, * that I may glory with your inheritance.
- We have sinned as our forebears did; * we have done wrong and dealt wickedly.
- 19 Israel made a bull-calf at Horeb * and worshiped a molten image;
- And so they exchanged their Glory * for the image of an ox that feeds on grass.
- They forgot God their Savior, * who had done great things in Egypt,
- Wonderful deeds in the land of Ham, * and fearful things at the Red Sea.
- 23 So he would have destroyed them, had not Moses his chosen stood before him in the breach, * to turn away his wrath from consuming them.

found in the hymnal Lift Every Voice and Sing II

 O Lord my God, when I in awesome wonder Consider all the worlds thy hands have made, I see the stars I hear the rolling thunder, Thy pow'r throughout the universe displayed.

Refrain:

Then sings my soul, my Savior, God, to Thee; How great Thou art, how great Thou art! Then sings my soul, my Savior, God, to Thee; How great Thou art, how great Thou art!

- 3 And when I think that God, his Son not sparing, Send him to die, I scarce can take it in, That on the cross, my burden gladly bearing, He bled and died to take away my sin. *Refrain*
- 4 When Christ shall come with shout of acclamation And take me home, what joy shall fill my heart! Then I shall bow in humble adoration, And there proclaim, my God how great thou art. *Refrain*

The Holy Gospel: Matthew 22:1-14

The Holy Gospel of our Lord Jesus Christ, according to Matthew Response: *Glory to you, Lord Christ*.

Once more Jesus spoke to the people in parables, saying: "The kingdom of heaven may be compared to a king who gave a wedding banquet for his son. He sent his slaves to call those who had been invited to the wedding banquet, but they would not come. Again he sent other slaves, saying, 'Tell those who have been invited: Look, I have prepared my dinner, my oxen and my fat calves have been slaughtered, and everything is ready; come to the wedding banquet.' But they made light of it and went away, one to his farm, another to his business, while the rest seized his slaves, mistreated them, and killed them. The king was enraged. He sent his troops, destroyed those murderers, and burned their city. Then he said to his slaves, 'The wedding is ready, but those invited were not worthy. Go therefore into the main streets, and invite everyone you find to the wedding banquet.' Those slaves went out into the streets and gathered all whom they found, both good and bad; so the wedding hall was filled with guests.

"But when the king came in to see the guests, he noticed a man there who was not wearing a wedding robe, and he said to him, 'Friend, how did you get in here without a wedding robe?' And he was speechless. Then the king said to the attendants, 'Bind him hand and foot, and throw him into the outer darkness, where there will be weeping and gnashing of teeth.' For many are called, but few are chosen."

The Gospel of the Lord

Response: Praise to you, Lord Christ.

The Sermon: The Rev. J. Randolph Alexander, Jr.

The Nicene Creed p. 358

The Prayers of the People

Confession of Sin and Absolution p. 360

The Peace

Celebrant: The peace of the Lord be always with you.

People: And also with you.

Welcome and Announcements

THE HOLY COMMUNION

Offertory: "The Lord is my shepherd"

John Rutter

from Psalm 23 KJV

THE IMMANUEL CHOIR

The Lord is my shepherd; I shall not want.

He maketh me to lie down in green pastures: he leadeth me beside the still waters.

He restoreth my soul: he leadeth me in the paths of righteousness for his name's sake.

Yea, though I walk through the valley of the shadow of death, I will fear no evil: for thou art with me; thy rod and thy staff they comfort me.

Thou preparest a table before me in the presence of mine enemies: thou anointest my head with oil; my cup runneth over.

Surely goodness and mercy shall follow me all the days of my life: and I will dwell in the house of the Lord for ever.

Doxology: Hymn 380 (verse 3) found in The Hymnal 1982 Old 100th

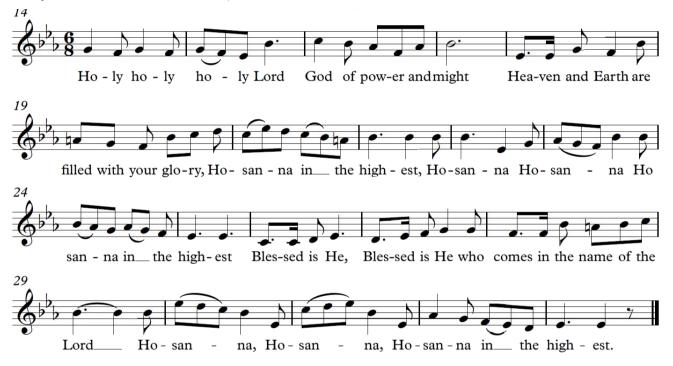
Praise God from whom all blessings flow; Praise him, all creatures here below; Praise him above, ye heavenly host: Praise Father, Son, and Holy Ghost. Amen.

The Great Thanksgiving: Eucharistic Prayer A

Celebrant: The Lord be with you.
People: And also with you.
Celebrant: Lift up your hearts.
People: We lift them to the Lord.

Celebrant: Let us give thanks to the Lord our God. People: *It is right to give God thanks and praise*.

p. 361



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The Lord's Prayer p. 364

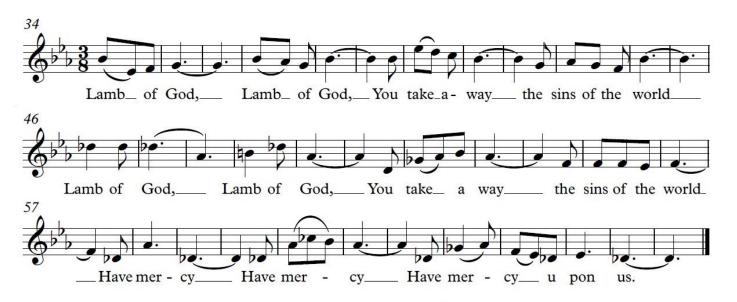
Celebrant: Alleluia, Christ our Passover is sacrificed for us

Response: Therefore let us keep the feast, Alleluia.

The Breaking of the Bread

Agnus Dei (from A Mass for Immanuel)

Jane Tavernier



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Celebrant: The Gifts of God, for the People of God.

If you are physically unable to come to the Altar, please let an usher know that you would like to have Communion brought to you.

MUSIC DURING COMMUNION:

Communion Anthem: "Tantum Ergo"

Marie-Joseph Alexandre Déodat de Séverac

THE IMMANUEL CHOIR

Tantum ergo sacramentum Veneremur cernui, et antiquum documentum novo cedat ritui. Praestet fides supplementum sensuum defectui.

Genitori genitoque laus et jubilatio, Salus, honor, virtus quoque sit et benedictio! Procedenti ab utroque compar sit laudatio! Amen. Down in adoration falling, Lo! the sacred Host we hail, Lo! oe'r ancient forms departing Newer rites of grace prevail; Faith for all defects supplying, Where the feeble senses fail.

To the everlasting Father, And the Son Who reigns on high With the Holy Spirit proceeding Forth from each eternally, Be salvation, honor, blessing, Might and endless majesty! Amen

Sung if needed

Hymn 671: "Amazing grace! how sweet the sound"

New Britain

found in The Hymnal 1982

Post Communion Prayer

p. 365

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

The Blessing

Closing Hymn 388: "O worship the King"

Hanover

The Dismissal

Clergy: Let us go forth in the name of Christ.

People: Thanks be to God.

SERVING AT THIS EUCHARIST: *Reader*: Martha Shimkin

Intercessor: Sudie McGahuey

Chalice Bearer: Eileen Monnin-Kirby

Musicians: Dr. Jane Tavernier, organist; The Immanuel Choir

Altar Guild: Matt Haskin

Ushers: Jim Clausen, Lisa Clausen

Flower Guild: Karen Besser Audio-Visual: Tamika Martin

Celebrant: The Rev. Sarah Spurlock Biggs

Immanuel Church-on-the-Hill Parish Notes October 15, 2023

IN THE NAME OF CHRIST we welcome you to Immanuel Church-on-the-Hill!

Immanuel is an Episcopal Church in the Diocese of Virginia, and is part of the world-wide Anglican Communion. Immanuel was founded by the Virginia Theological Seminary. We are one parish that worships in two locations: the Zabriskie Chapel (3606 Seminary Road), and Immanuel Chapel (3737 Seminary Road) on the seminary grounds. Both chapels offer a fully-staffed nursery for our infant and toddler parishioners.

Visitors are encouraged to fill out a visitor card — located in the pews or display stands at the entrances of the chapels. Give your card to an usher or place in the collection plate. Thank you.

For the latest information on our online worship service and to view a video of our most recent service, please visit our website (www.icoh.net).

PRAY FOR PARISHIONERS: Brad Ashton, Natalie Doyle Hennin, Ann and Rollin Huntington, Frances Johnson, Joseph, Kenny, Ann MacNamara, Cynthia Morton, Linda and Cy Murphy, Tony Rogers, Catherine Sinclair, John Smucker, Norma Taliaferro, Betty Wanamaker, and Francine Wargo.

PRAY FOR OUR FRIENDS AND FAMILY: Alice, Jack Allen, Kathryn Anschutz, Felicia Balzano, Dave and Betsy Fox Berry, David Craig, Justine Claypoole, Jean Couban, The Most Rev. Michael Bruce Curry, Cynthia, Steve Davis, Dana DeCecco, Joseph Fabian, Cathy Fick, Linda Gill, Betty Harris, Betty Hicks, Louise Jackson, Peter and Joanne, John, Bogumil Knypinski, Katja, Tom Kellner, Charlotte Kellogg, Joseph and Elaine Kelly, Winnie Kidd, Marcia MacDonald, Marge McGoff, Joe Miceli, Stephen Miller, McQuade Milligan, Candy Morgan, Mary Muniz, Lysbeth, Jessi Napolitano, Shelby Ochs Owen, Paul, Lilly Pinner, Sarah Pollach, Jennie Rae, Michael Rathsack, Rebecca, Jim Rehnke, Sue Rehnke, Larry Rhoades, Roger, George Rustigian, Jim Sanford, Brian Tolson, Fred Vipperman, Mark Vipperman, Rosemary Wensing, Ryan Willis, and Richard Zitelli.

Pray for those who are celebrating birthdays this week: Claudia Reading, Mia Mason, Kristen Moore, Lane Debevoise, Barbara Kirkland, Rufus Peabody, Sujatha Augustine, Brent McCaslin, Phyllis Sims, Alisa Biache, Tricia Calloway, and Hartley Hobson Wensing.

Serving around the world: Noah Barker, Ian Phillips, Todd Bates, Jason Osborne, Michael Hussey, and Jonathan, Nicole, Alina and Nolan Anderson, and Scott.



Forum Hour TODAY:

"Welcome Back": ALL ABOUT SUNDAY SCHOOL

10:00 A.M, Zabriskie Parish Hall

The Rev. Dr. Ruthanna Hooke will guide us through writings of Thomas Merton for the **Immanuel Advent Retreat** December 8-10 at Holy Cross Abbey near Berryville, Virginia. The retreat registration form is on the church website at https://www.immanuel-on-the-hill.org/2023-advent-retreat.html.

Please register before November 10th.



Announcements

WEEKDAY WORSHIP AND STUDY OPPORTUNITIES

Morning Prayer, Tuesday, October 17th, Zabriskie Chapel

Wednesday Evening Eucharist October 18th @ 6:30 p.m., Zabriskie Chapel

The Feast of Saint Luke the Evangelist

Bible Study "The Gospel of Matthew: Book of the Messiah", Thursday, October 19th @10:30 a.m. online via Zoom. Look for login details in your weekly eBlast email.

Evening Compline, Friday, October 20th, 8:30 p.m., Online via Zoom

UPCOMING SENIOR ADULT MINISTRY AND FELLOWSHIP EVENT:

October 18 — THIRD WEDNESDAY LUNCH AT GOODWIN HOUSE. Please join us for luncheon and conversation in the Fillmore Room at Goodwin House-Alexandria. We gather at noon on the third Wednesday of the month, which will be October 18. Please RSVP to Rev. Susan if you are not a resident of Goodwin House and to Susan Kernan if you are a resident.

October 26 — FOURTH TUESDAY BROWN BAG LUNCH with TWO GUEST SPEAKERS

In 2019, Alexandria joined the Dementia Friendly America initiative, a national network of communities, organizations and individuals seeking to ensure that communities across the U.S. are equipped to support people living with dementia and their caregivers. Dementia friendly communities foster the ability of people living with dementia to remain in community and engage and thrive in day to day living.

Pamela Austin, Aging & Disability Resource Coordinator for the City of Alexandria and Mary Lee Anderson, Executive Director of Senior Services of Alexandria will be joining us to talk about what it means for Alexandria to be a dementia friendly city, what it might mean for Immanuel to be a dementia friendly parish, and what it means for us as individuals to be dementia friends.

Luncheon will begin at 12:15pm in the parish hall and our program will start around 12:30. Don't forget to bring your own sandwich or salad and Senior Ministry will provide beverages and dessert. There is no cost for this event and no reservation is required.

MONTHLY SATURDAY BREAKFAST BIBLE STUDY OCTOBER 21st @ 8:00 AM Held

Online via Zoom: Join Immanuel's monthly Saturday morning Breakfast Bible Study on Saturday, October 21st, the THIRD Saturday of the month. We will meet via Zoom (find this bulletin on our website under the "Worship" tab, then click on the link below) beginning at 8 AM. Our theme this year is *Freedom*; this month we will read **Psalm 146** "*How blessed is he who has...God to help him...God sets prisoners free*" using the African Model of Reflection. For more information, please visit our webpage "Breakfast Bible Study", or contact Chrissie Crosby at cmcfaddencrosby@gmail.com.

Join Zoom Saturday Breakfast Bible Study Meeting / Meeting ID: 959 5450 6553 / Passcode: 027913

Immanuel Outreach and the Pumpkin Patch's 30th Year

Fall at Immanuel is synonymous with the Pumpkin Patch, now in our 30th year. No other activity in the Parish involves so many people contributing so much effort in so many ways. Pumpkin proceeds show our love and care for our neighbors – in 2022 alone **we supported 14 local Alexandria charities, 5 regional, and 6 international charities**. Included were local grants to ALIVE!, Carpenter's Shelter, Community Lodgings, Culmore Clinic, and Refugee Ministries. Pumpkin funds help the homeless, restore dignity to offenders, and support school children in Haiti. Since the year 2000, when we first started keeping detailed records, we have raised \$1,225,473 from the Pumpkin Patch, all of which has gone to Outreach.



We are halfway through the month and pumpkin sales are picking up — especially the **soup sales**! The last two trucks arrive October 21^{st} . We have faith our loving Parish will show up and help unload pumpkins. We have faith our wonderful bakers and soup makers and knitters will keep the Pumpkin Patch supplied with the tastes and feel of autumn – 100% of food sales go to Outreach. We will have Apple Crisps! We can't do this without you!

Please commit to two or three sales shifts. Shifts are 3 hours each—we close every day at 6pm – it's still light outside. Please volunteer for sales shifts by finding this bulletin on our website www.ICOH.net and selecting "Worship Service Bulletins" under the "Worship" tab. Once on the worship bulletins page, simply click the orange "Volunteer for the Patch" button pictured below.

Volunteer for the Patch

Come Visit or Join Immanuel's Social Justice Committee: All are welcome to join, or simply visit, the parish social justice committee meeting the fourth Tuesday of most months, usually via Zoom and sometimes in person. So far we have organized a range of events and sessions on racial history and reconciliation, incarceration, and other topics; partnered with various other churches and synagogues on these activities as well as on voter registration; and provided support to people in prison or coming out of jail or prison as well as educating ourselves and talking to Virginia legislators about the national Episcopal church's positions on solitary confinement. We would love for you to visit us or join us. Our next meeting will be Tuesday, October 24th from 7:30-9:00 PM at this link. (Meeting ID: 867 4727 3557 Passcode: 872377) Please direct any questions or comments to Kathryn Jackson Haskin or David Atwood. Thank you.

If you are seeking to deepen your spiritual life, Join the BENEDICTINE COMMUNITY via Zoom

If you want more contemplation in your life, you are invited to become part of the Benedictine Community at Immanuel. **Join us October 17**th — we meet (virtually) twice a month on the 1st and 3rd Tuesdays from 7-8 pm.

Our Benedictine Community gather as companions on the journey with one another while drawing wisdom from selected reading material and the ancient traditions and wisdom of Benedictine practice and prayer. As a community, we reflect on how the tenets of St. Benedict, such as humility, silence, and prayer, can guide us in practical ways in our spiritual lives and our day to day endeavors. Individual reflection is guided by short readings from a Benedictine-inspired book. We are currently reading Bonnie Thurston's **Shaped by the End You Live For.** We focus on reflections sparked by having read a few pages from the book.

With half or more of our current members residing outside of the area, we use Zoom for our meetings; however, if you are not comfortable with the video aspects of Zoom, you can simply call us and participate by voice-only via the telephone. On rare occasions we host hybrid meetings using Zoom with simultaneous gathering in-person in the parish hall.

For more information, please contact Dana Hengst (<u>dana.hengst@gmail.com</u>), Barbara Fornoff (cr8vweaver@gmail.com) or David Atwood (David Atwood@hotmail.com).



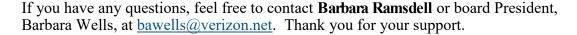
SUNDAY SCHOOL REGISTRATION HAS BEGUN! ages 5-12, grades K-6

Our first day of Sunday School will be November 5th after the 9:00 a.m. Eucharist at Zabriskie Chapel. Please register your child using the Google Form in our weekly e-blast or on our website — look for the carousel of rotating images on the homepage and click on slide "Immanuel Sunday School Registration" pictured at right, or scan the QR code at left with your cell phone. We can't wait to begin!



Jazz Concert to Benefit INOVA Alexandria Hospital's Pastoral Care Program, October 26th at The Lyceum Museum: In keeping with years of tradition, on October 26, 2023, the Board of Lady Managers will host a Jazz Concert fundraiser — featuring **Becky Livas** — from 6-8:00 p.m. at the Lyceum Museum, 201 S. Washington Street, Alexandria, VA. All proceeds from the concert will go toward two goals: (1) funding a Brevera Breast Biopsy System, and (2)expanding INOVA Alexandria Hospital's Pastoral Care Program.

Please join us in continuing this tradition of caring for the health of our Alexandria community. The cost of \$75/person and any donation of \$100 or more is designated as a Supporter. We hope that you will work with us to advance INOVA Alexandria's extraordinary contributions to our community's health and welfare.





EASY WAY TO SIGN UP: OCTOBER -November 2023 Sign up to Serve in our Sunday Services ONLINE via Our New SignUp Genius Button



Would you like to serve as a lay minister? If so, please sign up to serve as a Reader, Intercessor, Usher, Acolyte, Altar Guild, Crucifer and/or Chalice Bearer online via SignUp Genius for Immanuel by visiting the landing page of our website at www.ICOH.net and clicking on the red button at left.

If you are a first-timer and need training, please contact Agnes at the office on Wednesdays from 10:30 a.m. - 1:30 p.m. (ext. #206), or via email at asoos@icoh.net. Finally, if you need training for a particular ministry, please send a request to sparsons@icoh.net or indicate so next to your name on the sheet. Thank

Immanuel's Second Annual Blood Drive November 19th-Save the Date!

We are partnering with Inova Hospital for the second time to host a blood drive on Sunday, November 19, from noon to 4pm in the Zabriskie parking lot. Please express your interest by filling out your name, email, and phone number in this form, or by contacting Katherine Maas at katherinemaas@gmail.com.

Blood drives are a meaningful way to help our community—one in seven people entering the hospital need blood and a single car accident victim can require as many as 100 pints of blood. The blood from our drive will likely be used within 48 hours after it ends. Please see recently updated eligibility guidance on Inova's site here and on the FDA's site here. If you are not eligible to donate, please consider volunteering at the registration table—even helping out for an hour would help! If you are considering donating for the first time, Inova has some helpful information here. Please contact Katherine with any questions or to express interest in volunteering. Thank you!!



CLERGY AND STAFF

The Rev. J. Randolph Alexander, Jr. (ralexander@icoh.net)	
The Rev. Susan D. Parsons (sparsons@icoh.net)	Associate Rector
The Rev. Sarah Spurlock Biggs (sspurlockbiggs@icoh.net)	Assistant Rector
Reggie Hayes (r.hayes9@me.com)	Postulant Intern
Daisy Colón (dcolon@vts.edu)	
Dr. Jane Tavernier (jtavernier@icoh.net)	
Tom Hewson (thewson@icoh.net)	Treasurer
Sughra Bakhtiari (sbakhtiari@icoh.net)	Bookkeeper
Aleta Y. Powell (apowell@icoh.net)	Parish Administrator
Tamika Martin (tmartin@icoh.net)	
Gilma Balcarcel	
Stuart Dahlinger	

THE VESTRY

Kristi Kubista-Hovis	Senior Warden
Gerry Anderson	Junior Warden: Building and Grounds, Creation Care
Peter Kent	Junior Warden: Administration
Amy Thomas	
Brad Ashton	Stewardship and Planned Giving
Mollie Lambert	Outreach
Kathy Lloyd	Senior Ministry
Kristi Kubista-Hovis and Kathy Lloyd	
Julie Bruns	
David Atwood	Social Justice
Taylor Houck	
Caroline Bergmark	Evangelism and Newcomers
Matt Haskin	Worship
Caroline Bergmark and Taylor Houck	Fellowship
Sydney Onley	Youth Representative (nonvoting member)
Caroline Bergmark	Registrar

SCHEDULE OF SUNDAY WORSHIP SERVICES

8:00 a.m. Holy Eucharist Rite I, Zabriskie Chapel 9:00 a.m. Holy Eucharist Rite II, Zabriskie Chapel 3606 Seminary Road, Alexandria, VA

10:30 a.m. Holy Eucharist Rite II, Immanuel Chapel 3737 Seminary Road, Alexandria, VA

Online

www.immanuel-on-the-hill.org Immanuel's YouTube channel

PRIESTS ASSOCIATE

The Rev. Dr. J. Barney Hawkins, IV
The Rev. Dr. Ruthanna Hooke
The Rev. Jan A. Maas
The Rev. John R. Smucker
The Rev. Dr. Francis H. Wade

RECTOR EMERITA

The Rev. Dr. Margaret Ann (Sam) Faeth



MISSION STATEMENT: Immanuel Church-on-the-Hill is a Christian community in the Episcopal tradition, striving to be in relationship with God and each other as Christ has taught us, actively attempting to sense and to serve God's plan with great love. We are guided by Mark 16:15: "Go ye into all the world and preach the gospel," to learn, discern, and proclaim the Good News by being active ministers in the various communities where we live and serve.

Parish Office

3606 Seminary Road, Alexandria, VA 22304 Telephone: 703-370-6555, Fax: 703-370-0837

www.icoh.net





