### Immanuel Church-on-the-Hill Parish Notes January 24, 2020

#### IN THE NAME OF CHRIST we welcome you to Immanuel Church-on-the-Hill!

Immanuel is an Episcopal Church in the Diocese of Virginia, and is part of the world-wide Anglican Communion. Immanuel was founded by the Virginia Theological Seminary. We are one parish that currently worships virtually online, hoping to soon resume in-person services in two locations: the Zabriskie Chapel (3606 Seminary Road), and Immanuel Chapel (3737 Seminary Road) on the seminary grounds. Both locations will offer a fully-staffed nursery for our infant and toddler parishioners.

For the latest information on our online worship service and to view a video of our most recent service, please visit our website (www.icoh.net).

### Learn more about us at www.icoh.net.

PASTORAL CARE CORNER: Please remember these parishioners in your prayers: Nancy Wise, Mike Walker, Lucy, Ted Walker, Catherine Sinclair, Bruce Wanamaker, Aggie Fortune, Natalie Doyle-Hennin, Ann MacNamara, Tony, Mary Bruce Corkern, Dick and Kay Hobson, and Hartley Hobson Wensing.

**Pray for those who are celebrating birthdays this week:** Corinne Cowan, Pat Flagg, Juliana Glasco, Molly Gray, Kate Hennigan, Libby Huffman, John Warlick, Ellie Wilkie, Nick Greiner, Phillips Mitchell, Sughra Bakhtiari, Sofia Ring, Eileen Monnin-Kirby, Chris Page, Sophie Rust, Susan Gould, The Rev. Susan Parsons, and Susan Post.

Please also remember in your prayers members of our extended Parish family: Charlotte Kellogg; Anthony Christino, Jr., Paul, Dorothy Phaneuf, Linda Patton, Anne Newcomb, Sydney Bailey, Narciso, Sheri, Karen and Gwen, Lelah Ann Young, Caroline, Bert Ifill, Jeanette Beckmann, Lois Blair, Amy Wallens Green, Kelly, Cameron Pattisall, Ellen Repsher, Stephen Miller, Jill, Jack Allen, Molly Grey, Kathryn Anschutz, Thomas "Neil" Walters, Luciane Helena Borges Moreira, David Westgate, Doug Carmichael, Carol Sands, George Morris, Sandy, Jakey Newcomer, Julia Dietschak, Preston Atwood, John Matthewson, Ronald King, Marta Dimetre, Mary Lou Johnston, Katie McGinn Centola, Margaret and Lloyd Chenoweth, Bill Anderson, Bob Dickson, Mildred Alexander, Dotty, Susan Thomas, Steve Davis, Natalie Terwillinger, Cecile Zitelli, Joseph and Elaine Kelly, Alice Greenhall, Nancy, Edith Mead, Stephen, Jim and Louise Jackson, Charles Thurber, Arsine Oshagan, Emilie Brown, Sue Cleveland, David Johnson, Victoria Markin, Martin Stevens, Jeff Gorman, Jill Lane, Suzanne Prendergast, Howard, Alice Meyer, Ron Simar, Matthew Simar, Connie Smith, Payton, The Right Rev. Susan Goff, Kevin Lancaster, Jennifer Ashline, Bill Ennis, Norma MacLean, Frank, Perry, Paul Casey, David Smith, John and Alycia, Sue Rehnke, Marjean Smith, Andy MacLeod, Deacon Linda Murphy, Ben Hoge, Don Gobble; Kendra, Ed, Durham, Ellie and Family, Judith Simpson, and The Simpson Family, David Kuck, Adele Barker, Vasili Varfis, Martha Robison, and Mark Roberts.

**Serving around the world:** Noah Barker, Ian Phillips, Todd Bates, Philip Smucker, Jason Osborne, Michael Hussey, and Jonathan, Nicole, Alina and Nolan Anderson. Pray for healing for US troops wounded as casualties of war, and their caregivers.

**Those who have recently died:** Police Corporal Christine Peters and Police Officer Brandon Stalker. *Rest eternal grant to them, O Lord, and let light perpetual shine upon them.* 



Recycling Challenge Goal Met: THANK YOU! Our bins have been removed.

You can continue recycling your plastic bags by dropping them at Giant, Safeway, Harris Teeter, Home Depot, Kohl's, or Wegmans.

Acceptable plastics are single use grocery or store bags, dry-cleaning bags, produce bags, bubble wrap, and newspaper sleeves.



# January 31st @ 11:45a.m:

## **Annual Parish Meeting via Zoom**

Mark your calendars to join the clergy next Sunday after the 10:30a.m. service for our annual meeting, where we'll discuss all that happened with our parish last year and vote to seat four of the following five candidates to serve on our vestry:

David Atwood
Harrison Clark
Kristi Kubista-Hovis
Brooke Roberts
Dana Wilkie

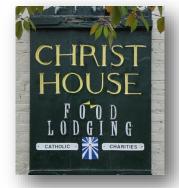
# JOSHUA IN 3D: A New Social Justice-Oriented Bible Book Study



Join us this Wednesday at 7p.m. online via Zoom for a bible study on 'God on the Boundaries.' Chapters 3 and 4 of Joshua show a complex social process and ritual as God parts the waters of the Jordan for the people to pass into the promised land.

We're discussing the book of Joshua and a variety of ways—including using Daniel Hawk's book "Joshua in 3D: A Commentary on Biblical Conquest and Manifest Destiny" — that biblical themes can help us parse through American history and values. Look for the Zoom link and logon information in your weekly eblast email.





CHRIST HOUSE NEEDS VOLUNTEERS: Six times a year, Immanuelites help Christ House fulfill its Feed the Homeless project — due to the special accommodations needed due to the international health crisis we are now in great need of volunteers. Specifically, we need help making sandwiches and/or cooking part of a hot meal — prepared at your home, and help delivering the food to that month's designated team leader. We provide the meal on the 3rd Wednesday of these months: February, April, June, August, October and December.

Interested in helping to feed your fellow Alexandrians in need? Please contact Eileen Monnin-Kirby at <a href="mailto:edmkirby@gmail.com">edmkirby@gmail.com</a> or Phyllis Sims <a href="mailto:ppg1020@aol.com">ppg1020@aol.com</a>. Your help would be greatly appreciated.

# **Announcements**



"May the God of hope fill you with all joy and peace in believing so that by the power of the Holy Spirit you may abound in hope." Romans 15:13

### WITH GRATITUDE FOR YOUR GENEROSITY

We are grateful for the generosity of our parishioners. You abound in hope and in generosity! As of January 20, we have received 157 pledges for a pledged amount so far of \$666,663. Thanks to your thoughtfulness, more than half of all pledges increased; fifteen pledges are new or reinstated.

If you have not pledged for 2021, you can still return your pledge card through the mail or <u>pledge online</u> easily.

Again, thank you.

## Join Us for the Second Immanuel Visioning Forum Hour TODAY at 11:45a.m. via Zoom!

In December 2019, almost 50 Immanuel parishioners participated in a special interactive Forum Hour on how we could live into God's plan for Immanuel. It generated lots of great ideas that the Vestry incorporated into its agenda for 2020. As we can begin to see the light at the end of the COVID-19 tunnel, the Vestry would like to convene the congregation for a similar, if virtual, Forum Hour this Sunday. What are your goals and hopes for Immanuel now and as we regather? What should we do that we aren't doing now? What should we do more – or less – of?

After we convene, we'll shift into six Zoom breakout rooms:

- 1. Children, Youth & Families
- 2. Worship
- 3. Pastoral Care
- 4. Facilities/Creation Care
- 5. Outreach
- 6. Anything else you want to talk about.

We did not create separate breakouts for regathering or social justice, since we see those themes as cutting across all issues. After brief reports from each group, we'll have open discussion. We'll also have capability to receive written suggestions afterward.

We're excited about this event and hope you are, too. Please start thinking about which group you'd like to join.

See you soon!

To log-in on your computer: Visit our website <u>www.icoh.net</u>, at the top menu select "Worship", then "Worship Service Bulletin" from the pull-down menu. Click on this bulletin, then:

• click the blue text: Join FORUM HOUR NOW,

• enter Meeting ID: **853 9092 9796**, followed by the Password: **352917**.

To join by phone, dial: 1 (301) 715-8592, enter the meeting ID 853 9092 9796, and password 352917 using the keypad of your phone.

# The EYC invites the parish to a **VALENTINES DAY TRIVIA NIGHT** Sunday, February 14th @7p.m. via Zoom

Look for details and log-on information in your weekly parish email.







#### JOIN US THIS WEDNESDAY FOR EVENING PRAYER

**SERVICE:** Please join us for the service of **Evening Prayer this Wednesday**, **January 27**<sup>th</sup> **at 6:30p.m.** via Zoom. Look for a zoom link in your weekly eblast, then join Mother Susan in the middle of the week, just when we need some restoration and renewal.

# Immanuel's Caregivers and Grief Support Group: Saturdays @ 10:00 AM A Message from Diana Walker

Hello My name is Diana Walker and I am writing to introduce you to the caregivers/grief support group you have probably seen listed in the weekly newsletter. You may not know me but you have been praying for my husband, Michael, every week during the Prayers of the People in the morning services. He and I attended the 8am service until his breathing problems due to COPD prevented him from accompanying me. Several months ago I saw the announcement for the formation of this group in the newsletter and although it piqued my interest, I had reservations about participating. I know very few people in the parish and was unsure about who else might attend; I have never been a joiner of support groups (they can get preachy or whiny), and I wasn't sure I wanted to define myself as a 'caregiver.' However, I took the chance knowing I could always drop out and I am very glad I joined. I have come to look forward to meeting with the other members of our small but supportive group led by Father Randy and Mother Susan. It has truly become a high point in my week and I want to encourage others to consider joining us - we are all travelers on similar paths and learning together. If you are unsure about participating, please talk to Father Randy (ralexander@icoh.net) or Mother Susan - I know they will be glad to fill you in. Consider joining us on Saturday mornings for one hour - we would love to get to know you and support you in your journey. who will make space for sharing experiences, offering prayerful and moral support, and sharing resources. We will be looking for signs of new life and God's presence.

BIBLE STUDY ON THURSDAYS AND SATURDAYS: Please join the clergy for Bible study this Thursday, January 28<sup>th</sup> at 10:30 a.m. via Zoom to study St. Paul's Letter to the Corinthians. This week, we will be discussing 1 Corinthians Chapter 4 (and maybe 5) The link for this class will appear in our weekly email and on Immanuel's Facebook page. If you're interested in joining us for the first time — or the first time in a while — you're welcome to do so without any reading or preparing.

If you are unable to attend class on Thursdays, join Father Sam on Saturdays at 10 a.m. for another Bible study via Zoom. No previous experience or attendance necessary, just bring your questions and your Bible -- or an online version of the Bible, such as <u>Bible Gateway here</u>. Zoom call contact information will be sent out on Wednesday January 27<sup>th</sup> -- watch for your email!

Compline Service on Fridays: Join us for this Friday Compline January 29<sup>th</sup> at 8:30p.m. via Zoom. Compline is an offering of late evening prayer, sometimes referred to as the "Goodnight Prayer of the Church." To participate, click the link: <u>Join Friday Night Compline Service</u>. Meeting ID: *Will be sent in next week's E-Blast*/ Password: *Will be sent in next week's E-Blast*. To join the service by phone, dial: 1-(301) 715-8592.



#### A New Year Calls for a Fresh Look – Planning for Your Best Life

Whatever your age, health status, or the amount of your assets, it's essential to make sure that your legal documents are current and reflect your wishes.

Now is an excellent time to take action – create or review your legal and estate planning documents to see if they fulfill your wishes.

#### What are Estate Planning Documents?

This is a general term that can include your Will, Power of Attorney, Health Care Power of Attorney, Advance Medical Directive (or "Living Will,") and Revocable Trust.

#### How to Take a Fresh Look

**Review your fiduciaries**. Fiduciaries are the Executor under your Will, the individuals you have identified in your Power of Attorney or Health Care Power of Attorney, and the Trustee of your Trust.

Are these individuals still the ones you want managing your estate and making important decisions for you or your beneficiaries? Are you still in close touch them and do they know and understand your wishes? Do they know where your important documents are kept? Have you named alternates in case they cannot serve?

**Ensure your documents still reflect your wishes** in case your decisions have changed since you created the documents. You can make necessary changes through a Codicil to your Will or Amendment to your Trust, or you can create new documents.

**Make a current list of all your accounts** – such as bank accounts or brokerage accounts and store the account lists with your estate planning documents.

**Doublecheck that accounts are titled correctly** to show account owners accurately. Life circumstances change through marriages, births, deaths, and divorces and your accounts need to reflect what's current.

**Recheck the beneficiaries and contingent beneficiaries** listed for your accounts, such as your insurance policy or 401(k) plan. You can easily update them by completing a Beneficiary Designation form.

## Check that your legal documents give someone control of your digital assets.

Make sure that person knows how to find your list of current passwords.

Online planning resources are available and can be a way to get started, as well as contacting your legal, financial, and estate advisors. If you decide to use an online tool to draft documents, it is very important to have those documents reviewed by an attorney to ensure they both meet your needs and comply with all legal requirements.

#### **Leaving a Future Gift to Immanuel**

As you do this important and necessary estate planning work, we hope and pray you will consider leaving a future gift to Immanuel Church-on-the-Hill. The Zabriskie Society recognizes



parishioners who have made Immanuel, or one of its trust funds, a beneficiary of their will, insurance policy, financial account, or other planned giving program.

Planned gifts to Immanuel are for <u>all</u> of us to consider. It is not something reserved just for the wealthy. It's a loving and responsible act of hope and faith in Immanuel's future that all of us desire.

For more information about how you can become a member of the Zabriskie Society, contact Danette "Dani" Kauffman, danettekauffman@starpower.net or 202-258-9743.

Every situation is different, and this guidance is not legal advice. So be sure to work with your legal, financial, and estate advisors to determine what is best for you.

#### HAVE A MESSAGE FOR THE PARISH? WE CAN HELP!

Immanuel is a very active parish (even in the midst of current challenges), and we want to make sure everyone is informed about the many opportunities here for worship, education, fellowship, service, and more. To help you publicize your activities and messages in a timely, accurate, and effective way, we have developed a new Communications Request Form.

This is a "one stop shopping" form enabling you to contact all members of Immanuel's communications team at once with your request, so you don't have to send separate messages to the people working on our various vehicles for transmitting information either internally to the parish, or externally to the world. As you may know, Immanuel has a team of communicators who work with clergy, Vestry, and volunteers to draft messages and design appropriate graphics for the website, the Almond Tree monthly newsletter, the weekly e-blasts (Saturday "This Week at Immanuel," Tuesday "Friendly Reminder"), Sunday bulletins, and social media platforms such as our public and private Facebook sites, YouTube, and Twitter account. The <a href="Communications Request Form">Communications Request Form</a> will automatically go to all members of this team to work out the publicity you need.

The form also lists the deadlines or requirements for submitting your information to Immanuel's publications. For example, articles for the Almond Tree need to be submitted by the 15th of the prior month; information for weekly e-blasts needs to be sent two days in advance of the publication; requests for stand-alone e-blasts to the parish must be vetted with the Rector first.

In the electronic version of this article, you can click here to get the Communications Request Form; otherwise, you can go to <a href="www.icoh.net">www.icoh.net</a> and look for the <a href="www.icoh.net">Communications Request button</a> under the "Hot Links" on the homepage.

If you have questions for the Communications Team, you can always reach all of us at <a href="mailto:communications@icoh.net">communications@icoh.net</a>.

We look forward to helping you tell everyone what's going on at Immanuel!

-- Immanuel Communicators



#### **CLERGY AND STAFF**

The Rev. J. Randolph Alexander, Jr. (ralexander@icoh.net)	Rector
The Rev. Susan D. Parsons (sparsons@icoh.net)	Associate Rector
The Rev. Sam Sheridan (ssheridan@icoh.net)	Assistant Rector
Dr. Jane Tavernier (jtavernier@icoh.net)	Director of Music
Beth Hendrix (ehendrix@vts.edu)	Seminarian
Tom Hewson (thewson@icoh.net)	Treasurer
Laura Snow (lsnow@icoh.net)	Assistant Treasurer
Sughra Bakhtiari (sbakhtiari@icoh.net)	Bookkeeper
Aleta Y. Powell (apowell@icoh.net)	Parish Administrator
Gilma Balcarcel	Nursery Coordinator
Stuart Dahlinger	Sexton

#### THE VESTRY

Keith June	Senior Warden
Kathryn Haskin	Junior Warden: Buildings and Grounds
Martha Shimkin	Junior Warden: Administration
Jamie Conrad	Register, Adult Formation and Discipleship
Danette "Dani" Gentile Kauffman	Stewardship and Planned Giving
Chandley McDonald	Outreach
Phyllis Sims	Fellowship
Francine Wargo	Evangelism and Newcomers
	Children, Youth, and Family Ministries
	Senior Ministry and Pastoral Care
Darrell Wilson	Worshir

#### ONLINE SUNDAY WORSHIP SERVICE

www.immanuel-on-the-hill.org

Immanuel's YouTube channel

#### PRIEST ASSOCIATES

The Rev. Dr. J. Barney Hawkins, IV
The Rev. Dr. Ruthanna Hooke
The Rev. Jan A. Maas
The Rev. John R. Smucker
The Rev. Canon Rosemari G. Sullivan
The Rev. Dr. Francis H. Wade

#### **RECTORS EMERITI**

The Rev. Dr. William L. Dols The Rev. Dr. Margaret Ann (Sam) Faeth



**MISSION STATEMENT:** Immanuel Church-on-the-Hill is a Christian community in the Episcopal tradition, striving to be in relationship with God and each other as Christ has taught us, actively attempting to sense and to serve God's plan with great love. We are guided by Mark 16:15: "Go ye into all the world and preach the gospel," to learn, discern, and proclaim the Good News by being active ministers in the various communities where we live and serve.

#### **Parish Office**

3606 Seminary Road, Alexandria, VA 22304 Telephone: 703-370-6555, Fax: 703-370-0837

www.icoh.net