

**IMMANUEL CHURCH-ON-THE-HILL**  
**Parish Notes**  
**January 29, 2022**

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**IN THE NAME OF CHRIST we welcome you to Immanuel Church-on-the-Hill!**

Immanuel is an Episcopal Church in the Diocese of Virginia, and is part of the world-wide Anglican Communion. Immanuel was founded by the Virginia Theological Seminary. We are one parish that worships in two locations: the Zabriskie Chapel (3606 Seminary Road), and Immanuel Chapel (3737 Seminary Road) on the seminary grounds. Immanuel Chapel offers a fully-staffed nursery for our infant and toddler parishioners.

Visitors are encouraged to fill out a pew card — located in display stands at entrances of the chapels — and give it to an usher, or place in the collection plate. Thank you.

For the latest information on our online worship service and to view a video of our most recent service, please visit our website ([www.icoh.net](http://www.icoh.net)).

**PRAY FOR PARISHIONERS:** Cynthia Morton, Catherine Sinclair, Francine Wargo, Jessi MacLeod, Kenny, Natalie Doyle Hennin, Tony, Daphne, Nancy Bishop, Ann Huntington, Betty Wanamaker, Edith, Joseph, Linda and Cy Murphy, John and Louisa Smucker, Ann MacNamara, the Sara Fein family, Norma Taliaferro, and Margaret Stockton.

**PRAY FOR OUR FRIENDS AND FAMILY:** Charlotte Kellogg, Dana De Cecco, George Rustigian, Jack Allen, Kathryn Anschutz, Louise Jackson, Marjean Smith, Paul, Rowena and Don Lynch, Steve Davis, Stephen Miller, Sue Rehnke, Ryan, John, McQuade Milligan, Peter and Joanne, Mary Muniz, the Rev. Rosa Harper, John and Alice Corbett, Joseph Fabian, Candy Morgan, Nancy Kraus, Jim Rehnke, Felicia Balzano, Roy Zartarian, Connie Smith; Salih, Zeyneb, and Elif Sayilgan; Dave and Betsy Fox Berry; and Betty Harris.

**Pray for those who are celebrating birthdays this week:** Susan Gould, David Ingold, the Rev. Susan D. Parsons, Lynn Gas, Susan Post, Karen Bastow, Charles Calloway, Caroline Conrad, Jim Luft, Josephine Forester, Matthew McCann, Nicole Veri, Gabriella Young-Smith, and John Wagner.

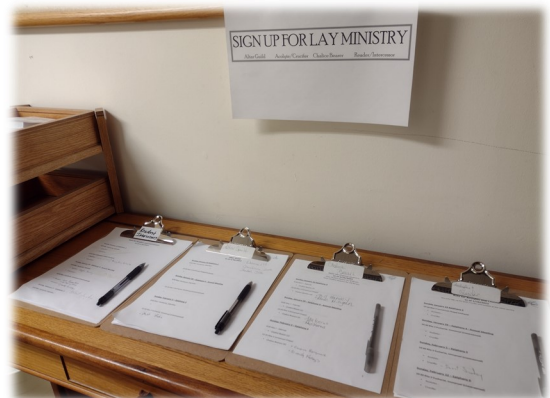
**Serving around the world:** Noah Barker, Ian Phillips, Todd Bates, Jason Osborne, Michael Hussey, and Jonathan, Nicole, Alina, and Nolan Anderson. Pray for healing for US casualties and their caregivers.

**Those who have recently died:** Lynn Bergman Dutton, mother of Jim Clausen, mother-in-law of Lisa Clausen, and grandmother to Emily, James, Lily, Hillary and Ned; and the victims of the mass shootings in Monterey Park and Half Moon Bay, California. *Rest eternal grant to them, O Lord, and let light perpetual shine upon them.*

**Sign-up to Serve in our Sunday Services**

Would you like to serve as a lay minister? If so, sign-up to serve as a Reader, Intercessor, Usher, Acolyte, Crucifer and/or Chalice Bearer on one of four sign-up sheets, which can be found near the main door of each chapel. During the week, these rosters live just outside of Mother Susan's office in the basement of Zabriskie Chapel.

Finally, if you need training for a particular ministry, please send a request to [sparsons@icoh.net](mailto:sparsons@icoh.net) or indicate so next to your name on the sheet. Thank you!



# Announcements

## Weekday Worship Opportunities

**MORNING PRAYER @ 10 A.M., Zabriskie Chapel:** All are invited to join Immanuel staff and clergy for Morning Prayer every Tuesday at 10:00 a.m. in Zabriskie Chapel. This quiet, contemplative service typically lasts thirty minutes and offers each worshipper a chance to lift a person, cause, or concern in prayer while learning about any saints of the Church is commemorating.

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**Wednesday Evening Eucharist, February 1<sup>st</sup>  
@ 6:30 p.m., Zabriskie Chapel**

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**Our Weekly Bible Study, Thursday, February 2<sup>nd</sup> @ 10:30 a.m.**  
*CONNECTING THE GREAT PROPHECIES OF DANIEL AND REVELATION*

**Evening Compline, Friday, February 3<sup>rd</sup>, 8:30 p.m., Online via Zoom**

**ALIVE!** is an inter faith nonprofit organization dedicated to fighting poverty and hunger in the City of Alexandria. Immanuel on-the-Hill is one of the congregations responsible for **collecting food in the month of January**. ALIVE! provides food for thousands of families throughout Alexandria with sites in high-need neighborhoods.

Please drop-off donations of non-perishable, medium sized, non-expired food items in the **black bin** located in the narthex of Zabriskie Chapel or the box at Immanuel Chapel. Monetary donations are also very helpful because they allow Alive! to purchase fresh meat, eggs and produce. Checks can be brought to the church office or sent to the ALIVE! office at 2723 King St., Alexandria, VA 22302. You can also donate online at [www.alive-inc.org](http://www.alive-inc.org)



## NEW THIS YEAR, “SOUP”ER BOWL!

For the first two weeks in February, we will collect cans of soup for Alive! Currently, we don't know which NFL teams will be playing on February 12th. Once decided, there will be two team bins in each narthex until the big game! Place your donations of soup in the bin of the team who you think will be the Super Bowl champion!

Let's see if we can collectively predict the winner as well as help feed our hungry neighbors!

## ATTENTION ALL SCOUTS!

Immanuel Church-on-the-Hill will celebrate **Scout Sunday** *next week* on **February 5** at the 10:30 AM service.

We're asking all Scouts from Immanuel to dress in uniform and participate in the service. This includes **all** **Daisies, Brownies, Girl Scouts, Cub Scouts, Webelos, and Boy Scouts**. We encourage any adults who are former Scouts to wear their achievement pins as well.

Scouts and leaders from BSA Troop 131 - the troop now chartered by Immanuel - will join us for the service.

## Benedictine Community Meeting, Tuesday, February 7<sup>th</sup>@ 7:00 p.m. online via Zoom

If you want more contemplation in your life, you are invited to become part of the Benedictine Community at Immanuel. We currently meet twice a month: virtually on the 1st Tuesday online via Zoom, and normally host a **hybrid meeting in the Parish Hall (and online) on the 3rd Tuesday** — both days we meet from 7-8 pm; however, this week we will meet virtually.

The Community reflects on the tenets of St. Benedict such as humility, silence, and prayer. Individual reflection is guided by short readings from a Benedictine-inspired book, currently *Benedictine Promises for Everyday People: Staying Put, Listening Well, Being Changed by God*, by Rachel Srubas.

As a Benedictine Community, we gather as companions on the journey with one another while drawing wisdom from a few pages from selected reading material. If this opportunity appeals to you and for more information, please contact one of the following: Dana Hengst ([Dana.Hengst@gmail.com](mailto:Dana.Hengst@gmail.com)), Barbara Fornoff ([cr8vweaver@gmail.com](mailto:cr8vweaver@gmail.com)), or David Atwood ([David\\_Atwood@hotmail.com](mailto:David_Atwood@hotmail.com)).

### SENIOR ADULT MINISTRY AND FELLOWSHIP

**BROWN BAG LUNCHEON:** Wednesday, February 8<sup>th</sup>, Zabriskie Parish Hall. As always, please contact Karen Besser at [Karen.Besser@gmail.com](mailto:Karen.Besser@gmail.com) to RSVP or if you need a ride to church.

**GOODWIN HOUSE LUNCHEON:** Our regular *third* Wednesday luncheon at Goodwin House Alexandria is offered at noon in the Fillmore Room, February 15<sup>th</sup>. Come and join Immanuel clergy for either lunch. RSVP for lunch to the Rev. Susan Parsons at [sparsons@icoh.net](mailto:sparsons@icoh.net).

### UPCOMING SUNDAY FORUM HOUR: FEBRUARY 12<sup>TH</sup>, 12 NOON, IMMANUEL CHAPEL

Join us after the 10:30 a.m. Holy Eucharist during coffee hour for the forum hour *The Role of Faith in Troubling Times*, with guest speaker The Rev. Dr. Frank Wade.

For more information, contact David Atwood at [David\\_Atwood@hotmail.com](mailto:David_Atwood@hotmail.com).



As of January 22<sup>nd</sup>, we have 140 pledges totaling \$648,242. We have four easy ways to pledge:

- 1) dropping your pledge card in the offering plate,
- 2) mailing it back to the office,
- 3) pledging online through our website, or
- 4) contacting our Treasurer, Tom Hewson, at 703.370.6555 ext. 208, or [thewson@icoh.net](mailto:thewson@icoh.net).

### MEALS ON WHEELS (MOW) UPDATE

Now that the pandemic has subsided, just to let you know the Immanuel MOW ministry has been up and running for the past 3 months. We are in need of additional volunteers as some of our veterans have left the rolls of drivers and deliverers. The mission of MOW is simple, to deliver wholesome meals to seniors and other homebound folks in Alexandria who are otherwise unable to venture out and shop or are resource-limited. The effort is sponsored by the Senior Services Center of Alexandria; the meals are provided by Jeffrey's Catering on Wheeler Avenue. This ministry requires 2 hours a month; Immanuel participates on the third Friday of every month. Typically, MOW Teams consist of a driver and a deliverer. If you are interested, please contact Doug Henry at [ddhenry1@gmail.com](mailto:ddhenry1@gmail.com) or capture his attention after church.

### ***A Still Small Voice: Journeying with Elijah into Lent***

The season of Lent in the church calendar is frequently compared to the biblical experience of the desert—a time when we repent and turn again towards God, in anticipation of the Easter to come. In Scripture, the prophet Elijah spent time in the desert, going to (or fleeing from) the king, and praying for people to return to the ways of God. What can we learn from this erstwhile prophet and his wanderings? On this Lenten retreat, we will reflect on the journey of Elijah from Gilead to Mt. Horeb, and consider where we are hearing the voice of God in our own lives and communities.

This retreat will include a mixture of silence and time for quiet conversation; offering ample time for worship, prayer, and exploring the outdoors. Our retreat leader, the Rev. Amanda Bourne, a multi-vocational priest in the Diocese of VA, will be available for one-on-one conversations, the rite of reconciliation, and will also lead the group in several teaching sessions on the theme throughout our weekend together.

Our retreat begins the afternoon of Friday March 24, and will end after the noon meal on Sunday, March 26. The retreat will be at Holy Cross Abbey, Berryville, Virginia, which is an hour and fifteen-minute drive from our church. For more information on the monastery, see their website <https://www.virginiatrappists.org/about/>.

The \$350.00 registration fee includes all materials, comfortable accommodations, individual rooms each with a bathroom, and all meals. **Following Holy Cross Abbey policy, we may not be able to accommodate retreat reservations received after February 27.**

A scholarship given in memory of Charles Willis is available; please contact the rector for scholarship assistance.

**COVID Precautions:** Holy Cross Abbey asks that all retreatants be vaccinated, and if they attend services in the monks' chapel, they must wear masks as many of the monks are elderly. In the retreat house, masks are recommended, and optional at meals. Retreatants may also take a tray to their room.

Registration is limited to 15 persons; please reserve your space using the form on the next page or on our website [www.icoh.net](http://www.icoh.net). If you have questions about retreat logistics, please contact Mary Ann Rehnke, [mfrb2695@gmail.com](mailto:mfrb2695@gmail.com). Participants needing a ride to the Abbey or those wishing to volunteer to provide a ride may contact the retreat carpooling coordinator, Katherine Maas, [katherinemaas@gmail.com](mailto:katherinemaas@gmail.com).

**Immanuel Church-on-the-Hill  
Lenten Retreat  
Holy Cross Abbey Retreat House  
March 24-26, 2023**

**1. First person registering for retreat**

Name \_\_\_\_\_

Address \_\_\_\_\_

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Daytime Telephone \_\_\_\_\_ Evening Telephone \_\_\_\_\_

Cell Phone \_\_\_\_\_

E-mail \_\_\_\_\_

**2. Second person registering for retreat**

Name \_\_\_\_\_

Address \_\_\_\_\_

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Daytime Telephone \_\_\_\_\_ Evening Telephone \_\_\_\_\_

Cell Phone \_\_\_\_\_

E-mail \_\_\_\_\_

Number of registrants \_\_\_\_\_ x \$350 = \_\_\_\_\_ Total registration fee

Please make check payable to Immanuel Church-on-the-Hill and include Lenten Retreat on the check. Return this form and your check to the Immanuel Church office, 3606 Seminary Road, Alexandria, Virginia 22304 **by February 27**. Please put "Lenten Retreat" on the envelope.

If you need to cancel your registration and there is no one on the waiting list who can take your place, Holy Cross Abbey retains the \$75.00 per room deposit. All but \$75.00 of your registration fee would be returned to you.

**CLERGY AND STAFF**

The Rev. J. Randolph Alexander, Jr. (ralexander@icoh.net) ..... Rector  
 The Rev. Susan D. Parsons (sparsons@icoh.net) ..... Associate Rector  
 Dr. Jane Tavernier (jtavernier@icoh.net) ..... Director of Music  
 Janettarose Greene (JGreene@vts.edu) ..... Seminarian  
 Tom Hewson (thewson@icoh.net) ..... Treasurer  
 Sughra Bakhtiari (sbakhtiari@icoh.net) ..... Bookkeeper  
 Aleta Y. Powell (apowell@icoh.net) ..... Parish Administrator  
 Tamika Martin (tmartin@vts.edu) ..... Audio Visual Technician  
 Gilma Balcarcel ..... Nursery Coordinator  
 Stuart Dahlinger ..... Sexton

**THE VESTRY**

Darrell Wilson ..... Senior Warden  
 Kristi Kubista-Hovis ..... Junior Warden: Administration  
 Shawn Whitman ..... Junior Warden: Building and Grounds, Creation Care Committees  
 David Atwood ..... Adult Formation and Discipleship, Social Justice  
 Brad Ashton ..... Stewardship and Planned Giving  
 Mollie Lambert ..... Outreach  
 Kathy Lloyd ..... Senior Ministry  
 Brooke Roberts ..... Communications  
 Phyllis Sims ..... Evangelism and New Members  
 Julie Bruns ..... Pastoral Care  
 Gabriella Young-Smith ..... Youth Representative (nonvoting member)

**PRIESTS ASSOCIATE**

The Rev. Dr. J. Barney Hawkins, IV  
 The Rev. Dr. Ruthanna Hooke  
 The Rev. Jan A. Maas  
 The Rev. John R. Smucker  
 The Rev. Dr. Francis H. Wade

**RECTOR EMERITA**

The Rev. Dr. Margaret Ann (Sam) Faeth

**SCHEDULE OF SUNDAY WORSHIP SERVICES**

8:00 a.m. Holy Eucharist Rite I, Zabriskie Chapel  
 3606 Seminary Road, Alexandria, VA

10:00 a.m. Children’s Chapel, Side Oratory Chapel  
 inside of Immanuel Chapel

10:30 a.m. Holy Eucharist Rite II, Immanuel Chapel  
 3737 Seminary Road, Alexandria, VA

**Online**

[www.immanuel-on-the-hill.org](http://www.immanuel-on-the-hill.org)  
[Immanuel's YouTube channel](#)

**MISSION STATEMENT:** Immanuel Church-on-the-Hill is a Christian community in the Episcopal tradition, striving to be in relationship with God and each other as Christ has taught us, actively attempting to sense and to serve God’s plan with great love. We are guided by Mark 16:15: “Go ye into all the world and preach the gospel,” to learn, discern, and proclaim the Good News by being active ministers in the various communities where we live and serve.



**Parish Office**

3606 Seminary Road, Alexandria, VA 22304  
 Telephone: 703-370-6555, Fax: 703-370-0837

[www.icoh.net](http://www.icoh.net)

