

# IMMANUEL CHURCH-ON-THE-HILL

## Parish Notes

### February 9, 2025

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**IN THE NAME OF JESUS CHRIST we welcome you to Immanuel Church-on-the-Hill!**

Immanuel is an Episcopal Church in the Diocese of Virginia, and is part of the world-wide Anglican Communion. Immanuel was founded by the Virginia Theological Seminary. We are one parish that worships in two locations: the Zabriskie Chapel (3606 Seminary Road), and Immanuel Chapel (3737 Seminary Road) on the seminary grounds. Immanuel Chapel offers a fully-staffed nursery for our infant and toddler parishioners.

**Visitors are encouraged to fill out a visitor card — located in the pews or display stands at the entrances of the chapels.** Please give your card to an usher or place in the collection plate. Thank you.

For the latest information on our online worship service and to view a video of our most recent service, please visit our website ([www.icoh.net](http://www.icoh.net)).

**PRAY FOR PARISHIONERS:** Aggie Fortune, Ann MacNamara, Anne Ritchie, Baby Margaret, Catherine Sinclair, Cynthia Dolvin, Cynthia Morton, Cy Murphy, David Phillips, Gary and MeiLung DeVight, Gordon Johnson, James, Jim Wise, Joseph, Kenny, Kitty Montie, Lynn Gas, Natalie Doyle Hennin, Norma Taliaferro, Rollin Huntington, and Wendy Hoge.

**PRAY FOR OUR FRIENDS AND FAMILY:** Ann Langdon Days, Barbara Sagan, Betsy Fox Berry, Betty Hicks, Brian and Joyce, Bridget Rice Rose, Cadence Claypoole, Carol Ording, Charlotte Kellogg, Dana De Cecco, Dorothy Gerhart, Dwight and Mary Horner, Elizabeth, George Rustigian, Gerald, Jack Allen, Jackie Claypoole, Jean Couban, Jean Williams, Jennie Rae, Jessi Napolitano, Joanne Perla, Joe Micelli, Joseph Fabian, Joseph and Elaine Kelly, Joyce Di Misa, Kathy Porter, the Rev. Kelly Moughty, Lavinia Johnson, Lilly Pinner, Louise Jackson, Lucie Bauer, Lysbeth, Marcia Richardson, MariAnn Hollis, Marty Childs, Michael, McQuade Milligan, Mary Muniz, Pamela, Patricia, Paul, Peter Blackledge, Rebecca Smith, Richard Zitelli, Rosemary Wensing, Ryan Willis, Sarah Minor, Soundary Dilan, Stephen Miller, Stephen Spurlock, Susan Little, and Winnie Kidd.

**Pray for those who are celebrating birthdays this week:** Aggie Fortune, Scott Kubista-Hovis, Karen Besser, Jane Flinn, Sophia Johnson, Caroline Hicks, Connor Lease, Caroline Bergmark, Isabel Frye, and Guinness Yates.

**Pray for those serving around the world:** Noah Barker, Ian Phillips, Todd Bates, Jason Osborne, Michael Hussey, and Jonathan, Nicole, Alina and Nolan Anderson, Scott, and Philip Pretzinger.

**Pray for those who have died:** David Alfred Andrawis, son of a dear friend and neighbor of Agnes Soos and her husband Richard Rogers; and victims of the shooting at the Risbergska Educational Center, Orebro, Sweden. *Rest eternal grant to them, O Lord, and let light perpetual shine upon them.*

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## MOVIE AND LUNCHEON HOSTED BY IMMANUEL'S SOCIAL JUSTICE COMMITTEE TODAY @ 12 Noon, Zabriskie Parish Hall

Immanuel's Social Justice Committee invites you to lunch and the showing of the acclaimed movie, *Origin*, today in the Zabriskie Parish Hall right after the 10:30 AM Eucharist. We'll share lunch and fellowship together and then watch *Origin*, a film adaptation of Isabel Wilkerson's award-winning book, *Caste*, about her personal quest to understand the context of caste around the world and in her own lived experience here as an American born and raised in the United States.

No need to confirm, just show up!

# Announcements

## WEEKDAY WORSHIP AND STUDY OPPORTUNITIES

*All are welcome to participate*

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Morning Prayer, Tuesday, February 11<sup>th</sup> @ 10 a.m., Zabriskie Chapel

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Noonday Holy Eucharist Rite II, Wednesday, February 12<sup>th</sup>, Zabriskie Chapel

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Weekly Bible Study: “*The Book of Luke*”  
Thursday, February 13<sup>th</sup> @10:30 a.m. online via Zoom.  
*Look for login details in your weekly eBlast email.*

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Evening Compline, Friday, February 14<sup>th</sup> @ 8:30 p.m., Online via Zoom

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**Praying with Scripture: An Opportunity for Reflection After Eucharist:** Silent prayer or mediation draws us closer to God. When we focus on one of the Sunday scripture passages, we may discover more of God’s message to us. Beginning today — and continuing for the next three consecutive Sundays — we will have the opportunity to explore praying with scripture in the **Octagon Room** off the small Oratory Chapel following the 10:30 a.m. service. Pick up a treat at coffee hour, bring your bulletin, and join us to meditate on one of the scripture passages for the day. Our prayer time will conclude by 12:30 p.m.



**WEDNESDAYS IN THE WORLD** with *The Rev. Sarah Spurlock Biggs*  
*We will gather this Wednesday, February 12<sup>th</sup>*

Join her this Wednesday from **10:00a.m. - 11:30a.m.** at the Alexandria Pastry Shop, Bradlee Shopping Center on King Street. All are welcome!



**Monthly Saturday Breakfast Bible Study: “GOD’S PROMISES”**  
***THIS SATURDAY, FEBRUARY 15<sup>th</sup> @ 8:00 AM Held Online via Zoom***

Join Immanuel’s monthly Saturday morning Breakfast Bible Study **Saturday, November 16<sup>th</sup>** online via Zoom (find this bulletin on our website under the “Worship” tab, then click on the link below) beginning at 8 a.m. Our new theme for 2025 is *God’s Promises*. This month we will read **Psalm 18:20-30 “As for God, his ways are perfect; the words of the LORD are tried in the fire... he is a shield to all who trust in him”** using the African Model of Reflection. For more information, please visit [our webpage “Breakfast Bible Study”](#), or contact Chrissie Crosby at [cmcfaddencrosby@gmail.com](mailto:cmcfaddencrosby@gmail.com).

[Join Zoom Saturday Breakfast Bible Study Meeting](#) / Meeting ID: 959 5450 6553 / Passcode: 027913

# ALIVE! Food Drive: Final Week

Thanks to all who have donated to our food drive for ALIVE! the past four weeks. So far, we have donated **542 POUNDS of food!**

This last week, we will predict who will win the “Soup-er “ Bowl!! Will it be the Philadelphia Eagles or the Kansas City Chiefs? Place your cans of soup (or any other foods from the list below) on the side of the bin with your predicted winner.

See lists below for needed items. Please *no glass* and if you can, bring in reusable grocery bags.

MOST NEEDED	
Canned meat and fish (chili, chicken, tuna, salmon, beef, ravioli)	Child-friendly single-serve, microwavable entrees (soup, ravioli, mac & cheese)
Canned fruits, vegetables, soup, beans	Pasta (spaghetti, other noodles, mac & cheese)
Cereal — including oatmeal	Peanut butter, jam and jelly
Complete pancake mix (just add water) and syrup	Rice
Cooking oil	Canned tomatoes and pasta sauce

ACCEPTED AND APPRECIATED FOOD DONATIONS		
Brown or wild rice, couscous, quinoa	Fruit and vegetable juice	Canned beef stew, chili, and bean soup
Applesauce	Granola bars	
Fruit cups	Whole wheat or multi-grain crackers	
Liquid shelf-stable milk	Canned or dried beans and peas	



## A Liturgy in Thanksgiving for the Life of **BARBARA RAMSDELL**

A Funeral Service is planned for next **Sunday, February 16, 2025 at 2:30 p.m.**,  
Memorial Chapel, Goodwin House Alexandria  
4800 Fillmore Avenue, Alexandria, VA



***SIGN-UP TO SERVE: FEBRUARY - MARCH 2025*** IT'S EASY AND **ONLINE**

*We have a New SignUp Genius Service Plan*



Sign-up to Serve in our Sunday Services *through March 2025* ONLINE by visiting the landing page of our website [at ICOH.net](http://atICOH.net) and clicking our **Red SignUp Genius Button** or scanning the QR code at left.

**THANK YOU** for your participation!

## SENIOR ADULT MINISTRY AND FELLOWSHIP EVENTS – FEBRUARY 2025

### **February 19: THIRD WEDNESDAY GOODWIN HOUSE ALEXANDRIA LUNCHEON**

Please join us for lunch and conversation in the Fillmore Room at Goodwin House Alexandria. We gather at noon on the third Wednesday of the month, which will be **February 19**. Please RSVP to Rev. Susan if you are not a resident of Goodwin House and to Susan Kernan if you are a resident.

### **February 21: TOUR OF THE FOLGER SHAKESPEARE LIBRARY**

The Folger Shakespeare Library underwent a massive renovation during the pandemic and reopened last year. Come with Senior Ministry and Fellowship to tour the new facility and enjoy seeing their many treasures. Get up close with the incredible books, manuscripts, art, and objects that make up the world's largest Shakespeare collection. Learn about his life, the world in which he lived, his plays, and the many ways people have engaged with his language, characters, and stories over four centuries. There are interactive opportunities and self-guided tours.

We will leave from the Zabriskie Parish Hall parking lot at 10am on **Friday, February 21**, and will plan to return no later than 3:00pm. The van will stop at either Goodwin House location and/or at The View if any residents care to leave from there. The Library's new café, *Crumb and Quill*, will be open for lunch beginning at 11:00am.

Admission to the Folger is free, but there is a \$25 copay to ride in the van. Lunch is on your own. Please RSVP to Karen Besser if you are planning to join us for this event

### **February 25: BLACK HISTORY MONTH PRESENTATION DURING FOURTH TUESDAY BROWN BAG LUNCH**

The Folger Shakespeare Library celebrates the Rev. Dr. Martin Luther King Jr.'s birthday annually with poetry readings by contemporary poets and actors. In the spirit of the Folger's 2025 theme of *Whose Democracy?* this year's readings include "Declaration" by Tracy K. Smith (the US Poet Laureate from 2017-2019), the Gettysburg Address, "Lift Every Voice and Sing", and Dr. King's August 1967 speech "Where Do We Go From Here?"

In recognition of Black History Month, please join other seniors in viewing this presentation virtually during our brown bag lunch on Tuesday, **February 25**, at 12:15pm in the parish hall. Bring your own sandwich or salad, and we will provide dessert and drinks. There is no reservation requirement and no cost to this event and, as always, friends, neighbors, and family members are welcome.



### **Confirmation Workshop coming up Wednesday, February 26<sup>th</sup> 5-8:00 p.m, the Fairchild Room**

On March 16, our diocesan Assistant Bishop, The Rt. Rev'd Gayle E. Harris, will be with us at Immanuel to bless, confirm, reaffirm, and receive members into the Episcopal Church. Please let a member of the clergy know if you would like to join in preparing for this sacred rite!



### **FIRST-TIME READERS WELCOME TO SERVE AT LENTEN AND EASTER EUCHARISTS:**

Have you considered reading Scripture lessons or leading prayers at our Sunday Eucharists, but have yet to try? With *many* opportunities during the upcoming Lenten and Eastertide seasons, we're encouraging all parishioners aged 10 to 100 (yes, we have *two* centenarians!) to give the Reader/Intercessor Ministry a try. Simply contact Agnes, Immanuel's Lay Ministry Coordinator at [asoos@icoh.net](mailto:asoos@icoh.net) to express your interest. Training offered by request. Thank you!

## **SUSTAINABILITY TIP: *What to do with plastic bags?***

During the pandemic in 2021, Immanuel collected 500 pounds of plastic bags which TREX turned into a lovely bench for our garden. Subsequently, Virginia enacted a plastic bag tax to help reduce plastic pollution and single-use bags which has continued to keep **nearly 4 million bags** out of our waterways, parks, and bellies of local wildlife.

If those pesky plastic bags still show up at home, remember you can take **them to any location of Giant, Safeway, Wegmans, and Harris Teter**. The collection bins are usually near the entrance.

Then, take the next step and invest in a few **reusable bags** that you can leave in your car or other convenient location reminding you to use reusable bags and to refuse the single-use plastic bags.

— Courtesy of the *Creation Care Ministry Team*



**Immanuel's Creation Care  
Ministry Webpage**

**CLERGY AND STAFF**

The Rev. J. Randolph Alexander, Jr. (ralexander@icoh.net) ..... Rector  
 The Rev. Susan D. Parsons (sparsons@icoh.net) ..... Associate Rector  
 The Rev. Sarah Spurlock Biggs (sspurlockbiggs@icoh.net) ..... Assistant Rector  
 Beatrice Osumba (bosumba@vts.edu) ..... Seminarian  
 Dr. Jane Tavernier (jtavernier@icoh.net) ..... Director of Music  
 Aleta Y. Powell (apowell@icoh.net)..... Parish Administrator  
 Tim Lawhorn ..... Sexton  
 Tom Hewson (thewson@icoh.net) ..... Treasurer  
 Mollie Lambert (mlambert@icoh.net) ..... Assistant Treasurer  
 Mike Morgan (mmorgan@icoh.net) ..... Finance Manager  
 Tamika Martin (tmartin@icoh.net) ..... Audio Visual Technician  
 Gilma Balcarcel ..... Nursery Coordinator  
 Miguelina Guzmann ..... Nursery Assistant

**THE VESTRY**

Amy Thomas ..... Senior Warden  
 Caroline Bergmark ..... Junior Warden: Building and Grounds, Registrar  
 Peter Kent ..... Junior Warden: Administration  
 Taylor Houck ..... Adult Formation and Discipleship  
 Brian Rush ..... Senior Ministry, Pastoral Care  
 Doug Onley ..... Stewardship and Planned Giving  
 Rich Hobson ..... Outreach  
 Mary Ann Ring ..... Children, Youth, and Family Ministries  
 Mark Fearer ..... Social Justice  
 Bert Shelters ..... Evangelism and Newcomers, Communications  
 Matt Haskin ..... Worship  
 Dave John ..... Fellowship  
 Sophie Johnson, David Lloyd, Sydney Onley, and Isabelle Young-Smith ..... Youth Representatives

**SCHEDULE OF SUNDAY WORSHIP SERVICES**

8:00 a.m. Holy Eucharist Rite I, Zabriskie Chapel  
 3606 Seminary Road, Alexandria, VA

10:30 a.m. Holy Eucharist Rite II, Immanuel Chapel  
 3737 Seminary Road, Alexandria, VA

**Online**

[www.immanuel-on-the-hill.org](http://www.immanuel-on-the-hill.org)  
[Immanuel's YouTube channel](#)

**PRIESTS ASSOCIATE**

The Rev. Dr. Sarah Coakley  
 The Rev. Dr. Ruthanna Hooke  
 The Rev. Jan A. Maas  
 The Rev. John R. Smucker  
 The Rev. Dr. Francis H. Wade

**RECTOR EMERITA**

The Rev. Dr. Margaret Ann (Sam) Faeth

**MISSION STATEMENT:** Immanuel Church-on-the-Hill is a Christian community in the Episcopal tradition, striving to be in relationship with God and each other as Christ has taught us, actively attempting to sense and to serve God’s plan with great love. We are guided by Mark 16:15: “Go ye into all the world and preach the gospel,” to learn, discern, and proclaim the Good News by being active ministers in the various communities where we live and serve.



**PARISH OFFICE HOURS**

Weekdays 9:00a.m. - 5:00 p.m.  
 3606 Seminary Road, Alexandria, VA 22304  
 Telephone: 703•370•6555, Fax: 703•370•0837

[ICOH.net](http://ICOH.net)



**Ways to GIVE**