

IMMANUEL CHURCH-ON-THE-HILL

Parish Notes

March 1, 2026

**IN THE NAME OF JESUS CHRIST we welcome you
to Immanuel Church-on-the-Hill!**

Immanuel is an Episcopal Church in the Diocese of Virginia, and is part of the world-wide Anglican Communion. Immanuel was founded by the Virginia Theological Seminary. We are one parish that worships in two locations: the Zabriskie Chapel (3606 Seminary Road), and Immanuel Chapel (3737 Seminary Road) on the seminary grounds. Immanuel Chapel offers a fully-staffed nursery for our infant and toddler parishioners.

Visitors are encouraged to fill out a visitor card — located in the pews or display stands at the entrances of the chapels. Please give your card to an usher or place in the collection plate. Thank you.

For the latest information on our online worship service and to view a video of our most recent service, please visit our website (www.icoh.net).

PRAY FOR PARISHIONERS: Ann MacNamara, Carolyn Ferguson, Catherine Sinclair, Chris von Schoening, Craig Jackson, Cynthia Morton, Debbie Hewson, Dick and Norma Taliaferro, Gary and MeiLung DeVight, Gordon Johnson, Hugh Campbell, Jane, Jim Hobson, Jim and Nancy Wise, Joseph, Kenny, Marcus, Marda Robillard, Mary Ann Rehnke, Mary Jane Ruhl, Natalie Doyle Hennin, Rollin Huntington, Thom Hussey, and Wendy Hoge.

PRAY FOR OUR FRIENDS AND FAMILY: Andrew Davis, Ann Langdon Days, Ann Woodward, Barbara Kellner, Barbara Sagan, Becky Smith, Betsy Fox Berry, Brian and Joyce, Brian Van Buskirk, Bridget Rice Rose, Caleb Lusk, Carol Ording, Charlotte Kellogg, Cy Murphy, Donna Becker, Frances, George Rustigian, Gerry, Gerry and Nan Hardison, the Howerton Family, Hudson Milligan, Jack Allen, Jean Couban, Jill Perkins, Jodi Wilson, Joseph and Elaine Kelly, Karen Landry, Leea Gorman, Lilly Pinner, Linda Taucher, Louise Jackson, Lysbeth, Madeline, Marcia Richardson, Margie Lidoff, Mary Horner, Mary Muniz, Matt, McQuade Milligan, Melvyn and Stacy, Michael, Paul, Peter Blackledge, Rosemary Wensing, Russ, Sofia, Soundary Dilan, Stacey, Stephen Miller, Stephen Spurlock, Thomas Henry, Tim Williams, Wesley Johnson, Will Boggs, and Winnie Kidd.

Pray for those who are celebrating birthdays this week: Len Lynch Jr., Jack Zoeller, Chip Coakley, Leota Johnson, Andi Jackson, Nicole Gill, Sampson Robinson, Stephanie Scharnweber, Carson Clark Arp, Hayden Arp, Kathy Conrad, Thomas Cuddy, Carole Phillips, Priscilla Allen, Sanjiv Augustine, Michelle Cook, and Matt Haskin.

Pray for those serving around the world: Noah Barker, Ian Phillips, Todd Bates, Jason Osborne, Michael Hussey, Scott, and Philip Pretzinger.

After Today's Forum Hour, and STAY FOR LUNCH AND BINGO!

Please plan to stay after today's forum hour in the Zabriskie Parish Hall **for fellowship and BINGO!** Bring your friends, bring the kids in your life, and bring your neighbors for a **pizza and salad lunch** + screen-free friendly game time.

The church will provide the pizza, salads, and water/lemonade (gluten free and vegetarian options will be available). If you'd like to bring snacks, desserts, or other non-alcoholic beverages to share, please do! No RSVP necessary to play.

And as a bonus - if you have any items you'd like to donate as prizes, please email Francine Wargo (wargofrancine@gmail.com) with a picture of the item. No need to purchase anything new -- small items, in good condition, max value of \$15, suitable for any selector please!

Announcements

WEEKDAY WORSHIP AND STUDY OPPORTUNITIES

All are welcome to participate

Monday Morning Prayer by Zoom, 6:30 a.m. Online
(Scan QR code at right, then enter ID and passcode below)
Meeting ID: 896 0702 6453, Passcode: JJpik8



Morning Prayer Tuesday, March 3rd @ 10:00 a.m., Zabriskie Chapel

Wednesday Holy Eucharist Rite II, March 4th @ 12 Noon, Zabriskie Chapel

***Quiet Prayer*, Wednesday, March 4th @ 5:15 p.m., Oratory Chapel at Immanuel Chapel**

**NEW Weekly Bible Study: “*The Book of Genesis*” Thursday, March 5th
@10:30 a.m. online via Zoom.
*Look for login details in your weekly eBlast email.***

Compline this Friday, March 6th @ 8:30 p.m., online via Zoom

During Coffee Hour, All Youth are invited to *Pray and Play*

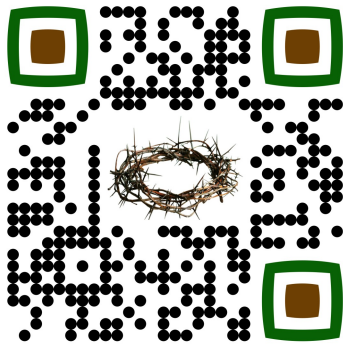
During the Forum Hour, kids age 6th grade and up are invited to join Rev. Sarah for an EYC hang out time in her office. Kids age 4-11 (through 5th grade) will have a separate activity time, meeting in the hallway by the nursery downstairs, with Kathryn. The nursery is staffed and available for kids 0-3 will meet in the Fairchild Room after church until 12:00 p.m.



***If you are seeking to deepen your spiritual life, come to our biweekly
Benedictine Community via Zoom***

If you want more contemplation in your life, you are invited to become part of the Benedictine Community at Immanuel. We regather in this new year 2026 for reflection – with a new spiritual resource – beginning **Tuesday, March 3rd** and meet (virtually) twice a month on the **1st and 3rd Tuesdays from 7 p.m-8p.m.** As a community, we reflect on how the tenets of St. Benedict, such as humility, silence, and prayer, can guide us in practical ways in our spiritual lives and our day-to-day endeavors. Individual reflection is guided by short readings from a Benedictine-inspired book. We began on February 3 to reflect on a new book: *Seeking God by Esther De Waal*.

We welcome those interested to join us anytime. Our focus each week is primarily on reflections sparked by having read a few pages from the book. Our Benedictine Community gather as companions on the journey with one another while drawing wisdom from selected reading material and the ancient traditions and wisdom of Benedictine practice and prayer. With half or more of our current members residing outside of the area, we are using Zoom for our meetings, but if you are not comfortable with the video aspects of Zoom, you can simply call on the telephone and be connected to the Community by voice-only via Zoom. If this opportunity appeals to you or for more information, please contact Dana Hengst (dana.hengst@gmail.com), Barbara Fornoff (cr8vweaver@gmail.com) or David Atwood (David_Atwood@hotmail.com).



ALTAR OF REPOSE Schedule *Now Online*

If you can help us keep watch by staying in the Oratory Chapel in Immanuel for one hour during the Overnight Prayer Vigil, **Maundy Thursday, April 2nd**, please scan the code at left.

Simply stop, pray and keep watch during the night until 12 noon Good Friday.

Thank you.



WEDNESDAYS IN THE WORLD with *The Rev. Sarah Spurlock Biggs: March 4th*

Join Mother Sarah *this Wednesday, March 4th* at 10 a.m. for coffee and fellowship at the Alexandria Pastry Shop. All are invited to attend.



SENIOR ADULT MINISTRY AND FELLOWSHIP MARCH ACTIVITIES:

Senior Adult Ministry and Fellowship will start the month with a trip to **President Lincoln's Cottage on Thursday, March 12**. During the Civil War, the Lincolns lived in the cottage for three summers, and it's where he developed the Emancipation Proclamation. It offers an intimate view of Lincoln's presidency and private life and encourages visitors to think about the problems that face our country now and the brave ideas that are called forth from us in response.

We will leave from the Zabriskie parish hall at 10:00am for a guided tour at 11:00am. After the tour, we will have lunch at The Coupe, a neighborhood restaurant. We plan to return to the Parish Hall around 2:00pm. Tickets for the tour are \$10 per person, and the co-pay to ride in the van is \$20. I have 15 tickets for this event. Please RSVP to Karen Besser.

THIRD WEDNESDAY LUNCH AT GOODWIN HOUSE-ALEXANDRIA on March 18 at noon in the Fillmore room. Please join us for luncheon and conversation. RSVP to Rev. Susan if you are not a resident of Goodwin House and to Susan Kernan if you are a resident.

FOURTH TUESDAY BROWN BAG LUNCH: Please join us for another great talk by Immanuel's own **Tom Kerns**, who generously shares with us his architect adventures in calling physical worship spaces into being from the ideas, gifts and physical and financial limitations of the congregations with whom he has worked over his prolific career. Tom will be preparing us to visit St. Rose of Lima Catholic Church in Gaithersburg, Md. (Put our trip to St. Rose on your calendar now, for Wednesday, April 22.)

We will meet in the **Parish Hall at 12:15pm on Tuesday, March 24**. Bring your own sandwich or salad, and drinks and dessert will be provided. No RSVP is necessary.

AS ALWAYS, friends are welcome to join Senior Ministry and Fellowship activities.

Interested in being Confirmed or Received? Might you want to re-affirm your faith publicly?

Would you or your teenager like to learn more about our faith and deepen participation in the life of the Church? Have you been confirmed in another Christian tradition but never received formally into the Episcopal Church? Might it be time to make a new and deeper public affirmation of your faith?

The [Sacrament of Confirmation](#) offers us the opportunity to renew the promises made for us at Baptism and to seek God's strength as we continue to keep those baptismal promises in our lives. Confirmation and Reception take place as part of Bishop Stevenson's visit, which will occur at Immanuel on **March 15, 2026**. Please contact Father Randy (ralexander@icoh.net) Mother Sarah (sspurlockbiggs@icoh.net) with any questions as we begin to prepare.



SIGN-UP TO SERVE: IT'S EASY AND ONLINE:



Sign-up to Serve in our Sunday Services *through April 2026* ONLINE — including [the Altar of Repose](#) — by visiting the landing page of our website at ICOH.net and clicking our **Red SignUp Genius Button** or scanning the QR code at left.

If you're a student planning to spend occasional weekends home, feel free to **sign-up for only a Sunday or two**. Training for all lay ministries available upon request.

THANK YOU for your participation!



Help others find Immanuel!

Your review on Google can help people searching for a faith community.
It only takes a minute.

- ☆ Scan the QR code below
- ☆ Sign in to your Google account (*it's free to create one if you don't have one*)
- ☆ Click "Write a Review"
- ☆ Share a few sentences about your experience

Your words may be exactly what someone needs!



Monthly Saturday Breakfast Bible Study's New Theme for 2026:

“CONTENTMENT” (in accepting love and rejecting fear)

SATURDAY, MARCH 21st @ 8:00 AM, Held Online via Microsoft Teams

Join Immanuel's first monthly Saturday morning Breakfast Bible Study for 2026 on **Saturday, March 21st** online via *Microsoft Teams* (find this bulletin on our website under the “Worship” tab, then click on the link below) beginning at 8 a.m. Our new theme for 2026 is *Contentment*. This month we will read <https://www.signupgenius.com/go/10C0E48A4A728A0FAC61-62603386-altar> using the African Model of Reflection.

For more information, please visit [our webpage “Breakfast Bible Study”](#), or contact Chrissie Crosby at cmcfaddencrosby@gmail.com. [Join MSTeams Saturday Breakfast Bible Study Meeting](#) / Meeting ID: 959 5450 6553 / Passcode: 027913



Immanuel Spring 2026 Retreat: We welcome everyone to join us for Immanuel's first local contemplative retreat.

Retreating is a restorative practice of Sabbath keeping. Join us as we explore a practice of holy rest and renewal, and ways to intentionally open ourselves to God's ever-presence in day-to-day life.

This retreat is for everyone! If you...

- have an interest in retreats, but are unable to take a weekend away;
- are not sure about retreats, and would like to try it out;
- are looking to learn about different contemplative practices; or
- love retreats and would like to take any and every opportunity to be on one ...this retreat is for you.



The retreat will be on **Saturday, March 28, 2026, from 9am to 2pm**, at Bicentennial Hall, on the campus of Virginia Theological Seminary. A light lunch will be served.

If you are interested, please scan the QR code at right to register for the retreat. The registration deadline is Monday, March 23. Please reach out to Katherine Maas at katherinemaas@gmail.com with any questions.



Every Member Pledge Campaign Update



Thank you to all who have made a financial commitment to support our parish — vital to the life of this institution. If you have not yet made your pledge, please consider doing so promptly. You may return the pledge card that was mailed to you, pledge by scanning the QR code at right, or pledge through our website [our website](#), and click the green “Pledge Here” button.

As of February 26th, we have received 131 pledges so far, totaling \$688,450. This includes several new pledges and many who increased from last year. We hope for a total of \$725,000.

We thank everyone who has pledged thus far.



EASTER MUSIC AND FLOWER DEDICATIONS 2026

As Easter approaches, you are invited to make a donation to help offset the cost of our Easter brass musicians and/or altar flowers for our Easter Sunday Eucharists.

To make a memorial or thanksgiving donation for a loved one, or to make a thanksgiving dedication for some blessing, please complete and send this form along with your check to the Parish Office or place it in the alms box in the narthex. To make your dedications online, scan the QR code below or visit our website and click on “[Easter Flower and Music Dedications](#)” image on our landing page.

Names will be printed in our Easter bulletins for all donations received **by noon** on **WEDNESDAY, APRIL 1ST**. Please print all names very clearly, or email names to DEDICATIONS@ICOH.NET. Any amount is welcome and appreciated.



FLOWERS: \$ _____

Given by:

Phone Number: ()

In Thanksgiving for:

In Memory of:



SPECIAL MUSIC: \$ _____

Given by:

Phone Number: ()

In Thanksgiving for:

In Memory of:



IMMANUEL CHURCH-ON-THE-HILL
3606 Seminary Road/ Alexandria, VA 22304-520

ICOH.net
DEDICATIONS@ICOH.NET



UPCOMING FORUM HOURS: 2026 Lenten Series

Commending the Faith that is in Us: What might you say when someone asks what you believe?

In a world where Christian believers are surrounded by non-believers, skeptics, and truth seekers, believers will increasingly be asked what they believe, and why. Those inquiring will expect credible answers, yet many Christians fear they wouldn't know what to say, or even how to begin to engage these honest questions.

We will engage typical questions, as they might come from seekers/sceptics and from fundamentalist Christians, even role-playing some possible responses together. Join us at 11:15a.m. in the Zabriskie Parish Hall today to hear **Lisa Kimball, Ph.D.**, Vice President for Lifelong Learning and the James Maxwell Professor Chair of Lifelong Christian Formation, VTS, discuss *The Incarnation and Baptism*.

All are welcome and encouraged to participate.

March 1st

THE INCARNATION AND BAPTISM

Zabriskie Parish Hall

TODAY
@ 11:15a.m!



Lisa Kimball, Ph.D., Vice President for Lifelong Learning and the James Maxwell Professor Chair of Lifelong Christian Formation, Virginia Theological Seminary

Please note change of location to Zabriskie for this presentation.

March 8th

THE BIBLE

The Welcome Center
VTS Campus



The Rev. Kathy Grieb, Ph.D., Director Center for Anglican Communion Studies and Professor in New Testament, Virginia Theological Seminary

March 15th

THE CHURCH

The Welcome Center
VTS Campus



The Rt. Rev. Mark Stevenson, Bishop of Virginia
(who will be with us for his visitation and Confirmation)

March 22nd

THE RESURRECTION AND ATONEMENT

The Welcome Center
VTS Campus



The Rev. Sarah Coakley, Ph.D., Priest Associate Immanuel Church-on-the-Hill, former professor at Harvard Divinity School and Cambridge University

CLERGY AND STAFF

The Rev. J. Randolph Alexander, Jr. (ralexander@icoh.net) Rector
 The Rev. Susan D. Parsons (sparsons@icoh.net) Associate Rector
 The Rev. Sarah Spurlock Biggs (sspurlockbiggs@icoh.net) Associate Rector
 Signa Strom (sstrom@vts.edu) Seminarian
 Beatrice Osumba (bosumba@vts.edu) Seminarian
 Dr. Jane Tavernier (jtavernier@icoh.net) Director of Music
 Aleta Y. Powell (apowell@icoh.net)..... Parish Administrator
 Tim Lawhorn Sexton
 Tom Hewson (thewson@icoh.net) Treasurer
 Mollie Lambert (mlambert@icoh.net) Assistant Treasurer
 Mike Morgan (mmorgan@icoh.net) Finance Manager
 Tamika Martin (tmartin@icoh.net) Audio Visual Technician
 Mina Sultani Nursery Director
 Miguelina “Mimi” Guzmann Hospitality Assistant

THE VESTRY

Mark Fearer Senior Warden
 Brian Ply Junior Warden: Buildings and Grounds
 Doug Onley Junior Warden: Administration
 Brian Rush Social Justice
 Diana Walker Worship, Pastoral Care
 Rich Hobson Outreach
 Jennifer W. Greiner Adult Formation and Discipleship
 Dave John Fellowship
 Taylor Houck Stewardship and Planned Giving, Registrar
 Mary Ann Ring Children, Youth, and Family Ministries, Newcomers, and Evangelism
 Jim Kurz Senior Ministry
 Martin Horne Communications
 Sydney Onley Youth Representative

SCHEDULE OF SUNDAY WORSHIP SERVICES

8:00 a.m. Holy Eucharist Rite I, Zabriskie Chapel
 10:00 a.m. Holy Eucharist Rite II, *First Sunday of every month*
 3606 Seminary Road, Alexandria, VA

 10:00 a.m. Holy Eucharist Rite II, Immanuel Chapel
 3737 Seminary Road, Alexandria, VA

Online

www.immanuel-on-the-hill.org
[Immanuel's YouTube channel](#)

PRIESTS ASSOCIATE

The Rev. Dr. Sarah Coakley
 The Rev. Dr. Ruthanna Hooke
 The Rev. Jan A. Maas
 The Rev. John R. Smucker
 The Rev. Dr. Francis H. Wade

RECTOR EMERITA

The Rev. Dr. Margaret Ann (Sam) Faeth

MISSION STATEMENT: Immanuel Church-on-the-Hill is a Christian community in the Episcopal tradition, striving to be in relationship with God and each other as Christ has taught us, actively attempting to sense and to serve God’s plan with great love. We are guided by Mark 16:15: “Go ye into all the world and preach the gospel,” to learn, discern, and proclaim the Good News by being active ministers in the various communities where we live and serve.



PARISH OFFICE

3606 Seminary Road, Alexandria, VA 22304
 Telephone: 703•370•6555, Monday-Friday 9am-5pm
ICOH.net



Ways to GIVE