



Walk for ALIVE!

For over 50 years, ALIVE! has supported our neighbors in need. That assistance has become more vital than ever during this coronavirus pandemic. Please help us continue to fight poverty and hunger in Alexandria by walking with us in our 2020 virtual walkathon. Form a team, register as a walker or make a donation and join us for the 39th annual StepALIVE! VIRTUAL Walkathon to benefit ALIVE!



365 days a year, ALIVE! provides food, shelter, and emergency financial assistance for children, families, and individuals, serving thousands of Alexandrians monthly.

WHEN: Weekend of September 11-13, 2020

Choose the date and time of day that works for you and your team!

Drive-through T-Shirt Pick-Up* at 2723 King Street lot:

- Thursday, September 10 from 4:00 – 7:00 pm
- Friday, September 11 from 4:00 – 7:00 pm

* Pick-up T-shirts for your entire team/group/household

WHAT: 5 Mile or 5k Walk (or Whatever Distance You Choose)

A suggested 5 mile walk in a small group with your congregation, community, family & friends, or just by yourself. Take pictures and post to ALIVE! social media.

Facebook: @alive4alexandria Twitter: @ALIVE4AlexVA

WHERE: Your neighborhood, place of worship, Fort Ward, or other local park

We recommend any of these locations. Be creative! Please practice social distancing and wear a mask.

WHY: Help ALIVE! Do What We Do Every Day (and More!)

- Family Assistance Program helps low-income families pay rent and utility bills.
- ALIVE! House transitional shelter moves women and families out of homelessness to permanent housing.
- Housewares & Furniture Programs supply home essentials.
- Food Program distributes food and stocks local pantries.

HOW: Register online as a walker, form a team, or make a donation: www.stepalivewalk.org

REGISTRATION FEES:

- \$25 Individual Walker
- \$10 Children 6-13 and Seniors 70+
- Free Children under 6

ALIVE! 2723 King Street, Alexandria, VA 22302
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SOCIAL JUSTICE MINISTRY AREA LISTENING SESSIONS: *SIGN UP AND SHARE YOUR THOUGHTS*

The Rev. Randy Alexander and Kathryn Jackson Haskin will be facilitating two separate listening sessions with parishioners interested in Immanuel's newly-formed Social Justice ministry. These sessions are designed to help gain feedback from parishioners on their thoughts, ideas, and opinions on the ministry area as we begin to plan for the fall and beyond. The two sessions currently scheduled are:

WEDNESDAY, AUGUST 12TH: 2:00P.M. - 3:30P.M.

MONDAY, AUGUST 17TH: 5:30P.M. - 7P.M.

Each session will be conducted on Zoom, and we will have a maximum of 15 participants per session to ease the flow of conversation and to hear from all who participate. If you are interested in participating but know that neither date will work for you, please email Kathryn directly. If there's significant interest, we will happily schedule additional sessions in August and early September.

Please sign up for one slot using [Sign-Up Genius](https://www.signupgenius.com/go/409084BADAC29ABF49-social) : <https://www.signupgenius.com/go/409084BADAC29ABF49-social>. If you have any questions, contact Kathryn directly at kathryn.jackson41@gmail.com or contact [Father Randy](#).