

My
Confidential
Lenten
Resolves





This is a relationship
I will seek to heal in this season:



These are the books and articles
I will read during these forty days:



This is my plan for a spiritual retreat:





This is something I will
sacrifice in order that those who live in
extreme poverty will suffer a little less.



Having examined anew the
Commandments, this is the one
that I will seek to observe better
in this season and, as a result,
beyond these forty days.



This is an additional service of worship
that I will attend during these days.





This is one persistent negative
thought which I will seek, with
God's help, to overcome.



This is something new that I will do
regularly with my family or friends...
just to have fun.



(May we suggest that you take this
document with you to the Easter Vigil
and use it in igniting the Great Fire)

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-with thanks to the *Rev. Dr. Mark S.
Anschutz*

