



This is one persistent negative thought which I will seek,
with God's help, to overcome:



This is something new that I will do regularly with my
family or friends...just to have fun:



- with thanks to the Rev. Dr. Mark S. Anschutz



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Lenten Resolves





This is a relationship I will seek to heal in this season:



This is something I will sacrifice in order that those who live in extreme poverty will suffer a little less:



These are the books and articles I will read during these forty days:



Having examined anew the Commandments, this is the one that I will seek to observe better in this season and, as a result, beyond these forty days:



This is my plan for a spiritual retreat.



This is an additional service of worship that I will attend during these days: